SATURDAY'S JACKPOT
LOTTARIO
$2,170,000

The world's largest global newspaper
metro®
TORONTO • THURSDAY SEPTEMBER 25 2008 metronews

Style pg 44

What's in, what's out in fall fashion

Viva drivers reject deal, go on strike

TRANSIT Commuters in York Region who use Viva buses will have to find another mode of transportation today. The Amalgamated Transit Union says a strike against Veolia Transportation, which operates Viva, began at 4 a.m. this morning. Bob Kinnear, president of the ATU that represents the 165 bus operators, says union members rejected a tentative settlement by 61 per cent in voting yesterday.

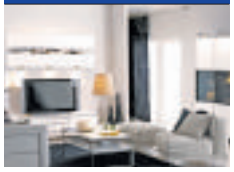
Kinnear says Veolia management has been informed of the results of the vote. He says no further talks are scheduled.

THE CANADIAN PRESS

Election 2008 pg 10-12

- Andrew Cohen on Harper's war on culture
- Artists strike back
- Green surging as No. 2
- Dion brushes off critics
- Duceppe slams tough talk on crime

Metro Homes pg 27



Dollar-free redesign

Sports pg 20

Sundin keeps eye on Leafs

ShareYourViews
torontoletters@metronews.ca

Crisis headed north?

Credit crunch may hit Canada soon, experts say

Financial experts are sounding new alarm bells about skyrocketing household debt, with some suggesting that over-extended Canadians could be on the brink of an American-style credit crisis after years of binging on cheap mortgages and other consumer loans.

Merrill Lynch economists David Wolf and Carolyn Kwan issued that startling assessment yesterday, arguing many Canadian households are actually more in hock than their counterparts in the United States or Britain. In doing so, the duo broke ranks with others in the financial community who insisted Canadian consumers continue to fare better than their American peers.

Wolf and Kwan, however, took direct aim at that prevailing view and accused their contemporaries of being "overly sanguine." The Canadian economy, they said, is nearing its own "tipping point" because of falling house prices and sharp spikes in unsold home inventories.

"Data imply that the Canadian household sector is now overextending itself as much as the U.S. or U.K. ever did."
Merrill Lynch report

With Canadian mortgage debt ballooning at a double-digit pace, Wolf and Kwan contend it is only "a matter of time" before housing and credit markets crack here.

"After 40 years of net saving, Canadian households moved into sustained deficit in 2002. In 2007, household net borrowing amounted to 6.3 per cent of disposable income, a wider deficit than in the U.K., and not far off the peak U.S. shortfall seen in 2005," says their report.

"These data imply that the Canadian household sector is now overextending itself as much as the U.S. or U.K. ever did, challenging the consensus view that Canadian lenders and borrowers have been far more conservative through the cycle."

Prime Minister Stephen Harper — who was campaigning in Vancouver — dismissed Merrill Lynch's report.

TORSTAR NEWS SERVICE

THE ASSOCIATED PRESS/APTN

In this video grab from APTN, U.S. President George W. Bush speaks in a prime-time address from the White House in Washington yesterday. Bush said that without the proposed financial rescue plan, the U.S. will be headed for a massive economic downturn.

Bush warns of 'painful recession'

U.S. President George W. Bush yesterday warned Americans and legislators reluctant to pass a $700-billion financial rescue plan that failing to act fast risks wiping out retirement savings, rising foreclosures, lost jobs, closed businesses and even "a long and painful recession."

His dire warning came not long after the president issued extraordinary invitations to presidential candidates Barack Obama and John McCain, one of whom will inherit the mess in four months, as well as key congressional leaders to a White House meeting today to work on a compromise.

"Without immediate action by Congress, America could slip into a financial panic and a distressing scenario would unfold," Bush said in a 12-minute prime-time address from the White House East Room that he hoped would help rescue his tough-sell bailout package.

Bush explicitly endorsed several of the changes that have been demanded in recent days from the right and left. But he warned that he would draw the line at regulations he determined would hamper economic growth.

The bailout is meeting with deep skepticism, especially from conservatives in Bush's own party who are revolting at the high price tag and unprecedented private-sector intervention.

THE ASSOCIATED PRESS

MORE COVERAGE, PG. 18

Rivals join forces

- In another move welcome at the White House, Obama and McCain issued a joint statement urging legislators — in dire terms — to act. The two candidates — bitterly fighting each other for the White House but coming together over this issue — said the situation offers a chance for politicians to prove Washington's worth.

INTRODUCING THE WORLD'S FASTEST BLACKBERRY®
rogers.com/bold or call 1.866.433.1920

EXCLUSIVELY ON CANADA'S FASTEST MOBILE NETWORK†
BlackBerry Bold
ROGERS

†Fastest wireless network measuring download speeds within HSPA coverage. ® (™)BlackBerry, RIM, Research In Motion, SureType and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Used under license from Research In Motion Limited. (™)Rogers, Mobius Design, Rogers Plus & Design, World Ready & Design are trademarks of Rogers Communications Inc. used under license or of Rogers Wireless. © 2008 Rogers Wireless.

Free Daily News Group Inc., operating as Metro Toronto 1 Concorde Gate, Suite 703, Toronto, Ontario M3C 3N6. Publisher: Bill McDonald

NEW!

The Princess Margaret

WELCOME HOME SWEEPSTAKES®

For Cancer Research

WHERE WOULD YOU CALL HOME?

OAKVILLE

SHOWHOME OPEN FOR VIEWING
SHOWHOME HOURS: Weekdays 1pm - 8pm, Weekends & Holidays 12 noon - 6pm
Visit HelpConquerCancer.ca for map

PRIZE VALUED AT $3,035,000††
399 Maple Grove Drive, Oakville

MUSKOKA

PRIZE VALUED AT $1,089,260††
Lot 1, 1086 Brackenrig Road, Port Carling

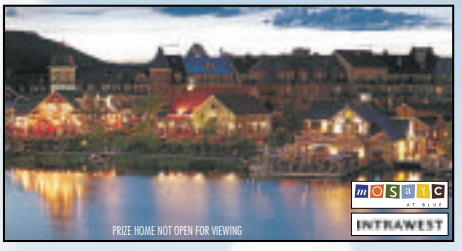
COTTAGE NOW OPEN!
SHOWHOME HOURS: Weekdays 5pm - 8pm,
Weekends 10am - 5pm

BAYVIEW & LAWRENCE

PRIZE VALUED AT $923,900††

BLUE MOUNTAIN

PRIZE VALUED AT $424,437††



HOME ON THE ROAD

PRIZE VALUED AT $285,819††

EARLY BIRD PRIZE
2008 FERRARI F430 SPIDER F1
PRIZE VALUED AT $358,339.95††

28,801 PRIZES WORTH OVER $9.9 MILLION
VEHICLES, VACATIONS & MORE!
1 IN 10 CHANCES TO WIN†

TICKETS $100 OR 3-PACK FOR $250

VISA MasterCard

CALL NOW
416-650-7888 or 1-866-631-1234

VIRTUAL TOURS, MAPS & MORE
HelpConquerCancer.ca

AMERICAN EXPRESS

CONQUER CANCER IN OUR LIFETIME

® Used by Amex Bank of Canada under license from American Express. For a complete list of rules, prizes and draw dates, visit us online at HelpConquerCancer.ca. ††Prize values stated are retail at the time of tender; they are approximate and include taxes and freight (where applicable). †All inquiries, if any, regarding the "Chances of Winning" are to be made to the licensee prior to the purchase of ticket/s. Only 287,000 tickets will be sold. Lottery licence #818

Man tries to flee police on bus
A 20-year-old man was arrested after trying to escape police by jumping aboard a passing TTC bus near Finch Avenue East and Morningside Avenue Tuesday. After retracing the man's steps, officers found a loaded handgun in a backyard. TORSTAR NEWS SERVICE

Local

Dead Sea Scrolls at the ROM

The Royal Ontario Museum will present the Dead Sea Scrolls exhibition, one of the most important exhibitions in the museum's history, from June 27, 2009 until January 3, 2010. The scrolls were discovered more than 60 years ago by Bedouin goat herders in 11 caves on the shore of the Dead Sea. Among them are the earliest known texts of the Hebrew Bible (Christian Old Testament). METRO NEWS SERVICES

INDEX

Canada Pg 6
Election Pg 10
World Pg 14
Business Pg 18
Sports Pg 20
Metro Homes Pg 27
Food Pg 43
Style Pg 44
Elle Pg 48
Entertainment Pg 50
TV Listings Pg 60
Take Five Pg 61
Celebrity Buzz Pg 62

Tomorrow's Metro

Music

Terry Lynn talks about her debut album, Kingstonlogic 2.0.

metronews.ca

What's online today.

Watch Justin Trudeau campaigning with his mother Margaret in Montreal at www.metronews.ca/canada Also, the principal of Luther College in Regina addresses the media after helping to end a standoff with a gun-wielding former student www.metronews.ca/canada
Check movie showtimes, trailers and reviews at metronews.ca/movies

Lotteries

Results not available at press time.

Metrolinx fails to satisfy all

Even a $50-billion plan that includes 100 transportation improvements hasn't been enough to satisfy all the demands for funding around the region.

"There isn't enough money in the world to make everybody perfectly happy," said Metrolinx chair Rob MacIsaac. He pointed out that the first cluster of projects was geared to fit within the province's commitment under MoveOntario 2020.

His comment follows complaints from Brampton Mayor Susan Fennell — and Durham Region chair Roger Anderson — that their priorities weren't assigned new funding.

There are at least three projects in the first 15 years of the Metrolinx plan that do involve Brampton, MacIsaac said. They include an express rail link from Union Station to downtown Brampton, additional transit rights-of-way to the Queen Street service, and Main Street service has been upgraded to continuous rapid transit from Port Credit, in southern Mississauga, to Mayfield Road in Caledon.

TORSTAR NEWS SERVICE

Decision on dead baby set for today

TRIAL A former Mississauga stripper will learn today whether she's heading to trial on a charge of concealing a dead baby.

Peel police charged Ivana Levkovic, now 26, with concealing the body of a child for eight months after the remains of a baby girl were found in a duffle bag on a balcony of a Mississauga apartment building in April 2006.

Levkovic has been on bail since October 2006. She turned herself in four days after the balcony remains were found.

TORSTAR NEWS SERVICE

News in brief

REWARD A $50,000 reward for information about the fatal shooting of Dylan Ellis and Oliver Martin as they sat in an SUV is being offered. Police are looking for one person who they say shot the two 25-year-olds. THE CANADIAN PRESS

To prepare for the Oct. 14 federal election, Metro will be highlighting ridings across the GTA. Today, we begin with Halton.

Riding: Halton

Election 2008

Some controversy surrounds incumbent MP Garth Turner who was kicked out of the Tory caucus by Prime Minister Stephen Harper in October 2006, just 10 months after being elected. Turner continued to serve Halton as an Independent until he joined the Liberal caucus in 2007.

ROBYN YOUNG/FOR METRO TORONTO

Garth Turner
AGE: 59
PARTY: Liberal
POSITION: Politician, former journalist
"Do the people in this riding hold a grudge against the prime minister or do they hold a grudge against Garth Turner? Did they just vote for a Conservative or did they vote for me?"

Lisa Raitt
AGE: 40
PARTY: Conservative
POSITION: President and CEO of Toronto Port Authority
"The economy has flushed itself out, in Halton, as being the No. 1 issue that everyone seems to be talking about ... Stephen Harper is the one to bring us through and not Stéphane Dion."

Robert Wagner
AGE: 29
PARTY: NDP
POSITION: City administrator
"The New Democrat plan is to invest in green collar and renewable energy jobs, taking sort of a green, proactive approach rather than waiting for things to get bad."

Amy Collard
AGE: 44
PARTY: Green
POSITION: Full-time volunteer
"We need to have a sustainable economy, we need sustainable health care, we need a sustainable environment. We need jobs, job stability, especially for all of those people working in the automotive industry."

Tony Rodrigues
AGE: 48
PARTY: Christian Heritage Party of Canada
POSITION: Bus driver
"(The most important issue in Halton) is definitely the 401. About five years ago, people would give you a chance on the country road, and now they cut you off."

13th Edition
THE NATIONAL JOB FAIR & Training Expo Toronto
Presented in collaboration with major sponsors
SUN 24

Over 9,000 multi-sector job, entrepreneurship, training and education offers; plus all career services. Attend the most established, comprehensive and largest recruitment event in Canada!

September 30 & October 1, 2008 • From 10am to 7pm
Metro Toronto Convention Centre, North building
www.thenationaljobfair.com
Admission $3.75
170+ Exhibitors

Mall shooting prompts school lockdown

Toronto police were searching yesterday for a gunman after a shooting in Dufferin Mall led to a lockdown at three schools. At about 2 p.m., mall security tried to detain a suspected shoplifter who revealed a gun. Police were told at least one shot was fired. TORSTAR NEWS SERVICE

100% PERMANENT HAIR REMOVAL
VISIT A DRAMATICALLY DIFFERENT WEBSITE AT WWW.OMIHAIR.COM
A LUCKY YOU!! OMI, the world's leading hair removal expert is right here in the GTA and have proved they are best since 1979.
(most OMI clients are male)
B These days it seems that everyone wants to offer laser hair removal. Sadly most overcharge and deliver poor results or undercharge for no results. We know because the dissatisfied customers come to OMI.
Most
... of OMI consultations were treated by doctors and others without success. Don't waste your money like they did. Come to OMI first!
Factual Details visit website
C Don't pay twice, come to OMI first!
OMI on 98.1 Radio & OMI on Rogers TV Channel 5
EXCLUSIVELY
OMI MEDICAL INC.
416•223•5500
OPEN 7 DAYS A WEEK

You can achieve more
Dental Hygiene CAREER for YOU
8th intake starting January 2009
18-month highly competitive and intensive program
ACCREDITED, 93% success rate on the National Board Exam
Dedicated faculty with strong academic and clinical expertise
Accommodating & supportive learning environment
State-of-the-art equipped clinic
Underground access to the subway (Yonge & Sheppard)
Book your Pre-Admission Aptitude Test for Early Admission
Foreign-trained dentists are exempt from the admission testing
Attend our PREP SESSION: September 29, 7:00 PM
For more details or your private tour call Registrar 416.222.0500
APLUS Institute • 4950 Yonge Street, Concourse Level • Suite 55

Activist sentenced

Calling her a "pillar of the community," Justice Brent Knazan sentenced prominent activist Valarie Steele to a six-month conditional sentence for giving false evidence at her son Richard's bail hearing.

"Trying to keep Richard out of jail, she brought herself to the threshold of the jail door," Knazan said yesterday, reading his ruling to an Old City Hall courtroom filled with Steele's supporters.

> **"Trying to keep (son) Richard out of jail, (Steele) brought herself to the threshold of the jail door."**
> Justice Brent Kazan

He ordered Steele, 59, who was convicted in July, to spend three months under house arrest and the remaining three months abiding by a curfew.

Crown attorney Robin Flumerfelt had recommended Steele be jailed for a period of six to nine months so Torontonians would know "the price of perjury."

TORSTAR NEWS SERVICE

Man guilty of animal cruelty

AGREEMENT A man accused of leaving his dog in a sweltering car in Toronto last summer has pleaded guilty in an out-of-court agreement. Paul Soderholm pleaded guilty to one charge of animal cruelty for leaving his 50-kilogram Rottweiler in a car on July 31, 2007. Toronto Humane Society officer Tre Smith smashed a car window to rescue the dog. Smith was suspended by the Ontario Society for the Prevention of Cruelty to Animals after he handcuffed the dog's owner to the vehicle.

METRO NEWS SERVICES

METRO Toronto

1 Concorde Gate, Suite 703
Toronto, ON M3C 3N6
Tel: 416-486-4900
Fax: 416-482-8097

Advertising: 416-486-4900 ext. 321
adinfotoronto@metronews.ca
Editorial: newsdesk@metronews.ca
Distribution inquiries:
toronto_distribution@metronews.ca
metro_inquiries@metronews.ca
torontoletters@metronews.ca

Toronto's #1 read FREE DAILY newspaper.
Source: NADbank 2007/08; base: Toronto CMA

Local:
Associate Publisher, Irene Patterson
Managing Editor, Glen Miller
glen.miller@metronews.ca
Associate Managing Editor, Tarin Elbert
Marketing Manager, Robyn Payne
Retail Sales Director, Tracy Day
Production and Distribution Director, Gerry Moher
National:
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive Director, Jodi Brown

Metro is the world's largest newspaper, with more than 23.1 million daily readers in 100 major cities in 23 countries.
metronews.ca

PLANS AS LOW AS $15 A MONTH.

ALSO KNOWN AS CHUMP CHANGE.

Head back to school with per-second billing[1] and plans as low as $15 a month[2].

Canada's most affordable rates[3]

solomobile.ca 1 877 999-SOLO

Solo™ mobile

Available at the following Solo Mobile kiosks:

BARRIE
Georgian Mall

BRAMPTON
Bramalea City Centre

BURLINGTON
Burlington Mall

ETOBICOKE
Woodbine Centre

HAMILTON
Lime Ridge Mall

KITCHENER
Fairview Park Mall

LONDON
Masonville Place

MISSISSAUGA
Square One Shopping Centre
Dixie Outlet Mall

NEWMARKET
Upper Canada Mall

ORLEANS
Place d'Orleans

OSHAWA
Oshawa Centre

OTTAWA
Carlingwood Shopping Centre
Rideau Centre
St. Laurent Centre

SCARBOROUGH
Scarborough Town Centre
Scarborough Town Centre II

ST. CATHARINES
Pen Centre

TORONTO
Centrepoint Mall
Dufferin Mall
Toronto Life Square
Yorkdale

VAUGHAN
Vaughan Mills

WINDSOR
Devonshire Mall

Available at the following Bell stores:

AJAX
Durham Centre

ALLISTON
36 Young St.

ANCASTER
Meadowlands Plaza

AURORA
14751 Yonge St. Unit 2
SmartCentres Aurora

BARRIE
44 Cedar Point Dr.
632 Yonge St.
Barrie Power Centre
Georgian Mall (kiosk)

BELLEVILLE
Quinte Mall

BOLTON
SmartCentres Bolton

BOWMANVILLE
Clarington Place

BRACEBRIDGE
Bracebridge Shopping Centre

BRAMPTON
59 First Gulf Blvd. #8
100 Great Lakes Dr. #118
10086 Hurontario St.
Airport & Hwy 7
Bramalea City Centre
Shoppers World

BRANTFORD
Brantford Harmony Square
Lynden Park Mall
Sobeys Plaza

BROCKVILLE
1000 Islands Mall

BURLINGTON
1100 Walker's Line
Appleby Crossing
Burlington Mall
Mapleview Mall

CAMBRIDGE
499 Hespeler Rd.
Cambridge Centre

CHATHAM
853 St. Clair St.
Downtown Chatham Centre

COBOURG
Northumberland Mall

COLLINGWOOD
Blue Mountain Mall

COOKSTOWN
Cookstown Outlet Mall

CORNWALL
Cornwall Square

DUNDAS
101 Osler Dr.

ETOBICOKE
Cloverdale Mall
Sherway Gardens
Sherway Gardens Kiosk
Woodbine Centre

FERGUS
890 Tower St. South

FORT ERIE
International Gateway Centre

GEORGETOWN
330 Guelph St.

GODERICH
Suncoast Mall

HAMILTON
1289 Upper James St.
Centre Mall
Eastgate Square
Lime Ridge Mall
Lloyd D. Jackson Square

HANOVER
425 10th St.

HUNTSVILLE
Huntsville Square

KANATA
510 Earl Grey Dr.

KESWICK
Glenwoods Centre

KINGSTON
Cataraqui Town Centre
Kingston Centre
Taylor Kidd Marketplace

KITCHENER
3012 King St. East
Fairview Park Mall
Highland Hills Mall
Sunrise Shopping Centre

LEAMINGTON
County Fair Mall

LINCOLN
4961 King St. East

LINDSAY
229 Kent St. West
Whitney Town Centre

LONDON
125 York St.
1920 Dundas St. East
Masonville Place
Westmount Shopping Centre
White Oaks Mall

MAPLE
2810 Major Mackenzie Dr.

MARKHAM
7357 Woodbine Ave.
Market Village
Markville Shopping Centre
Pacific Mall
RioCan Marketplace

MIDLAND
Mountainview Mall

MILTON
377 Main St. East

MISSISSAUGA
980 Eglinton Ave. East
2800 Skymark Ave. #6
6965 Davand Dr. #12
Dixie Value Mall
Erin Mills Town Centre
Heartland Power Centre
Sheridan Centre
Square One Shopping Centre
Square One Shopping Centre (kiosk)
SmartCentres Westgate

NEPEAN
50 Market Place Ave.
1541 Merivale Rd.
Bayshore Shopping Centre

NEWMARKET
Upper Canada Mall

NIAGARA FALLS
3714 Portage Rd.
Niagara Square

NORTH BAY
975 McKeown Ave.
Century Centre Plaza
Northgate Square

NORTH YORK
170 Rimrock
2081 Steeles Ave.
Centrepoint Mall
Crossroads Plaza
Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall

OAKVILLE
Hopedale Mall (kiosk)
Oakville Place
Winston Power Centre

ORANGEVILLE
114 Broadway Ave.

ORILLIA
Orillia Square Mall

ORLEANS
Place d'Orleans
SmartCentres Orleans

OSHAWA
Five Points Mall
Oshawa Centre

OTTAWA
247 Bank St.
2184 Thurston Dr.
Billings Bridge Plaza
Carlingwood Shopping Centre
Rideau Centre
SmartCentres Orleans
St. Laurent Shopping Centre

OWEN SOUND
Heritage Place
Shoppers Drug Mart Plaza

PARRY SOUND
Parry Sound Mall

PEMBROKE
1018 Pembroke St. East

PETAWAWA
3471B Petawawa Blvd.

PETERBOROUGH
746 Lansdowne St. West
Lansdowne Place

PICKERING
Pickering Town Centre
Steeple Hill Shopping Centre

RICHMOND HILL
Elgin Mills Crossing
Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre

SARNIA
531 Murphy Rd.
Lambton Mall

SAULT STE. MARIE
270 Bruce St.
Station Mall

SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (kiosk)
Cedarbrae Mall (kiosk)
Eglinton Square
Kennedy Commons
Malvern Town Centre
Scarborough Town Centre

SIMCOE
Simcoe Town Centre

SMITHS FALLS
16 Beckwith St. South

ST. CATHARINES
420 Vansickle Rd.
Fairview Mall
Pen Centre

ST. THOMAS
1063 Talbot St.

STITTSVILLE
1250 Main St. Unit 2

STRATFORD
400 Huron St.
Festival Marketplace

SUDBURY
Brady Square
New Sudbury Centre
Southridge Mall

THORNHILL
Promenade Mall

TILLSONBURG
Tillsonburg Town Centre

TORONTO
85 Hanna Ave.
320 Queen St. West
209 Danforth Ave.
2171 Queen St. East
2256 Bloor St. West
2323 Yonge St. Unit 101
Brookfield Place
Centerpoint Mall
Chinatown Centre
College Park
Commerce Court
Cumberland Terrace
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Exchange Tower
Gerrard Square
Scotia Plaza
Toronto Life Square
Yorkdale (kiosk)

TRENTON
260 Dundas St. East

UXBRIDGE
307 Toronto St. South

VAUGHAN
Vaughan Mills

WATERLOO
Conestoga Mall

WELLAND
589 South Pelham St.
Seaway Mall

WHITBY
Whitby Mall
SmartCentres Whitby

WILLOWDALE
Bayview Village
Fairview Mall

WINDSOR
Devonshire Mall
Ferrari Plaza
St. Clair Shores
Tecumseh Mall

WOODBRIDGE
4080 Hwy 7, Suite 3

Also available at:

WAL★MART
WE SELL FOR LESS, EVERY DAY™

booth
the telephone booth

((WIRELESSWAVE))

Available with compatible devices within Solo Mobile network coverage areas. Subject to change without notice; not combinable with other offers. Taxes extra. Not available at all Wal-Mart stores. Other monthly fees, e.g., e9-1-1 (50¢) and system access (not a government fee; $6.95) apply. Other conditions apply. [1] With new activation on monthly voice plans. Applies to local calls. [2] With a new activation of a plan with a minimum 30-day term agreement. [3] Based on certain monthly plan rates, per-second billing on local calls, and access to a coast-to-coast network, with a min. 2-yr contract term on a Solo Mobile monthly plan; excluding promotional and long distance rates, details at solomobile.ca. Solo and Solo Mobile are trademarks of Bell Mobility Inc.

Second listeria case in New Brunswick

A second case of listeriosis has been confirmed in New Brunswick. Public health officials said yesterday an elderly man in his 90s is recovering. The first victim, an elderly woman, died. THE CANADIAN PRESS

Canada

Premier rejects calls for inquiry

Premier Dalton McGuinty rejected Opposition demands for an independent investigation into C. difficile deaths in Ontario hospitals yesterday, insisting there is nothing more to be learned about how to prevent the spread of the infectious disease. The Conservatives say C. difficile has killed more than 500 people in only 22 of Ontario's 157 hospitals, and they want a 30- to 90-day investigation to find the true extent of the problem across the province. THE CANADIAN PRESS

Poverty fix urged

No timeline yet on plan of action for Ontario

Premier Dalton McGuinty says he's absolutely committed to creating a plan to help the 1.3 million Ontarians who live in poverty, he's just not saying when his government will act on it.

"The issue is not whether we go ahead with the strategy, it's how quickly we can move on this particular strategy given our financial challenges," McGuinty said yesterday, referring to his pre-election promise to release, by the end of the year, a comprehensive plan to reduce poverty in Ontario.

Josephine Grey isn't impressed by the distinction.

"Talking about putting a plan in place without implementing it is basically talking about a lot of hot air," said Grey, a Toronto grandmother struggling to escape poverty and co-chair of the Ontario Coalition for Social Justice.

"Obviously, when we're looking at an economic downturn, we're losing jobs across the province, people are struggling in rural areas, child poverty has got to the point where it's one in four in Toronto, it's reaching crisis portions.

"And here he is talking about pulling back and abandoning the people who are most in need at a time when help is most needed," said Grey, who was at Queen's Park where the NDP released its report on poverty meetings held across the province this past summer.

Children and Youth Services Minister Deb Matthews, who chairs the committee coming up with the poverty-reduction strategy, said she's sorry the poor feel abandoned because it's not true. "We're as committed as ever," Matthews said yesterday.

"Talking about putting a plan in place without implementing it is basically talking about a lot of hot air."
Josephine Grey of Ontario Coalition of Social Justice

Noting that the Liberals were elected on a platform that included not running a deficit, she said some improvements will be immediate.

"Not everything we need to do costs money," Matthews said, referring to the myriad rules governing social services that can end up penalizing the poor.

TORSTAR NEWS SERVICE

Edmonton **March for better education**

BEN LEMPEREUR/FOR METRO CANADA

Hundreds of people from aboriginal communities across Alberta march through Edmonton yesterday to protest a lack of government education funding. Rose Laboucan, a chief of the Driftpile First Nation, said organizers hope the protest will make aboriginal education an election issue.

Regina teen faces 5 charges

The parents of a young man accused of brandishing a weapon at a Regina Christian high school say he's a "good kid."

The 16-year-old, who made a brief court appearance yesterday, allegedly brought a pellet pistol to Luther College. He faces five charges including possession of a weapon for a dangerous purpose, forcible confinement and uttering threats.

The teen's parents have refused to comment, but outside the courthouse lawyer Brad Tilling said they're "terribly concerned about him."

"They've told me that they would like people to know that he is a good kid and obviously there was some difficulty the other day. There's apparently quite a story behind that, which may come out later, but basically they want people to know ... this is an aberration," said Tilling.

"There's apparently quite a story behind (the gun incident) which may come out later, but basically they (the parents) want people to know ... this is an aberration."
Lawyer Brad Tilling

The teen was quiet, talking only briefly with his lawyer, during yesterday's court appearance. The case was adjourned without a plea until Tuesday, so lawyers can get more information from the investigation.

Tilling said the young man understands the seriousness of the charges against him.

THE CANADIAN PRESS

Watch more on the school gun incident in Regina at www.metronews.ca/canada

Inquest for homeless man's death

Manitoba's chief medical examiner called an inquest yesterday into why a homeless man who died of a bladder infection sat unnoticed by staff for 34 hours in the emergency waiting room of a Winnipeg hospital.

Dr. Thambirajah Balachandra said Brian Sinclair, 45, hadn't been able to urinate for 24 hours because of a blocked catheter and his bladder was full. He had been dead for hours and rigor mortis had set in when finally attended to.

Sinclair was in a wheelchair because he had lost both his legs to frostbite but he was still mobile, he said.

His death was preventable and requires in-depth investigation to ensure it never happens again, Balachandra said.

"I'm sure you would agree that no person in the world should wait 34 hours for treatment in an emergency department," said Balachandra.

THE CANADIAN PRESS

News in brief

SOLDIERS Saskatchewan Premier Brad Wall is calling on Ottawa to change its policy on when to award a new medal created to honour soldiers who die or are wounded as a direct result of hostile action in dangerous places such as Afghanistan. Since the Sacrifice Medal was introduced last month, the families of some soldiers who have died in accidents in the conflict zone have complained that the military has told them that their loved ones don't qualify.

THE CANADIAN PRESS

See your world in Blu-ray

Open up your entertainment and on-line world with the VAIO® FW notebook featuring an extra-wide 16.4" XBRITE™ LCD display. Great for watching widescreen Blu-ray Disc™ movies or viewing two web sites side-by-side, this entertainment powerhouse is inspired by theatre screens, born from Sony HD expertise and powered by Intel® Centrino® 2 processor technology.

For more information, visit www.sonystyle.ca/life.

FW series VAIO notebooks are available at Sony Style retail locations, Future Shop, Best Buy, London Drugs, Dumoulin and on-line at www.sonystyle.ca.

intel Centrino 2 inside™
Performance to go

Sony, Blu-ray Disc, Sony Style, like.no.other, XBrite and VAIO are trademarks of Sony Corp. Windows Vista is a trademark of Microsoft Corporation. Intel, the Intel logo and Centrino are registered trademarks of Intel Corporation.

SONY®

Flawed breast cancer tests corrected
Health officials in Fredericton. N.B., say they have corrected problems that led to several false readings in tests used to determine treatment options for breast cancer patients. THE CANADIAN PRESS

Thibault to explain 'excessive' spending

Former Quebec lieutenant-governor Lise Thibault will have to explain her extravagant spending habits to the provincial legislature this fall.

Thibault is being called to testify before the province's public administration committee.

Both the federal and Quebec auditors general issued reports in 2007 saying Thibault spent more than $700,000 over her 10 years at the post on events not linked to her official activities.

Thibault, who uses a wheelchair, has denied any wrongdoing and has attributed some of the transport and security costs to her physical condition.

"In my 10 years on the job, I always acted in good faith," Thibault said last year when the allegations of misappropriation first surfaced.

"Those who know me know I am an honest person."

Committee president Gilles Taillon says Thibault could testify on Oct. 29 and 30 if the Liberal house leader agrees with the timetable.

The Quebec provincial police opened an investigation into her spending practices after the reports came out, delaying initial plans to have Thibault testify.

Taillon was a member of the legislature for the Action democratique du Quebec.

> **"Those who know me know I am an honest person."**
> Lise Thibault

He said yesterday that provincial police have assured him their investigation will be completed in early October and will not delay Thibault's testimony.

"There are many facts alleged in the auditor general's report on Thibault, notably concerning double billing and excessive spending," Taillon said.

Thibault was replaced by Pierre Duchesne, another key player the committee plans to call, in 2007 in an appointment made by Prime Minister Stephen Harper.

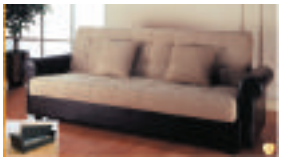
THE CANADIAN PRESS

News in brief

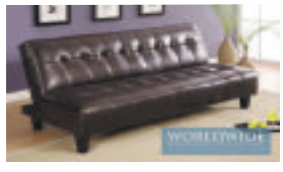
DRUG BUST Provincial police have charged a Peterborough, Ont., man after seizing nearly 1,000 marijuana plants and several weapons Tuesday. Police say they found the man living in and guarding a house in Apsley, Ont., in possession of five long guns and a large amount of ammunition.

GUN SCARE Five Lethbridge, Alta., schools were locked down yesterday after a student said he was confronted by a man who may have had a handgun. THE CANADIAN PRESS

UNBEATABLE OFFERS
Sealy
SPECIAL PRICING ENDS SEPT. 28TH
Now Open at the Beaches
DOWN UNDER
THE LOWEST PRICES ON CANADA'S #1 SELLING BRAND


Moon Sofa Bed with Storage $499.99* Regular $699.99

Caraway Sofa Bed $299.99* Regular $599.99


Oliver Sofa Bed $279.99* Regular $499.99

Posturepedic
EXCEPTIONAL EURO-PILLOWTOP LATEX & MEMORY FOAM
• Lowest Prices in town on Sealy Posturepedic
• 805 Posturepedic Innerspring
• Unicased Construction
• Silk & Wool Fibres
$799.99* Regular $1679.99 QUEEN MATTRESS
REG. SALE*
Twin $1419.99 $729.99
Double $1589.99 $779.99
King $2179.99 $1079.99
50% off 4 Days Only

Tranquility Memory Foam Mattress

$499.99 Regular $999.99 Queen Mattress
2 FREE MEMORY FOAM PILLOWS WITH PURCHASE OF THIS MATTRESS
REGULAR SALE
Twin $699.99 $349.99
Double $899.99 $449.99
King $1349.99 $649.99

HASTINGS 13" PLUSH EURO PILLOWTOP

$449.99 Regular $749.99 Queen Mattress
Sealy
Regular SALE*
Twin $629.99 $379.99
Double $699.99 $419.99
King $1139.99 $679.99

Debonaire II Tight Top Firm Mattress
SAVE up to $340

$199.99* Regular $329.99 TWIN MATTRESS
Sealy
2 FREE PILLOWS with purchase of Debonaire Mattress
REG. SALE*
Double $479.99 $279.99
Queen $499.99 $299.99
King $839.99 $499.99

DUVET MADNESS
Our Lowest Duvet Prices of the Season
ANY SIZE 1 PRICE

Compare SALE
WHITE GOOSE FEATHER $99.99 $39.99*
AUSTRALIAN WOOL $149.99 $79.99*
DOWN BLANKETS $149.99 $79.99*
HUNGARIAN DOWN FILL $189.99 $89.99*
EUROPEAN DOWN FILL $299.99 $149.99*

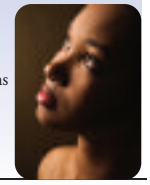
DOWN UNDER DOWNTOWN
444 YONGE STREET
COLLEGE PARK - SOUTH END
416-598-2184

DOWN UNDER MISSISSAUGA
5170 DIXIE ROAD
BETWEEN 401 & EGLINTON
905-624-5854

DOWN UNDER BEACHES
2116 QUEEN STREET EAST
WEST OF VICTORIA PARK
416-693-6128

DOWN UNDER MARKHAM
5221 HWY 7
SW CORNER OF 7 & MCCOWAN
905-305-9496

*This ad must be presented or mentioned to receive offer. Sale Ends September 28th
DOWN UNDER OFFERS A 60 DAY MATTRESS COMFORT GUARANTEE

Do you or someone you know suffer from Menopausal
HOT FLASHES?
• Are you at least 45 years of age?
• Has it been at least 6 months since your last menstrual period?
If so, you may qualify for a research study examining an investigational medication.
Qualified participants receive:
• A thorough physical examination by a female physician
• A complete review of treatment options
• Blood tests
• Financial reimbursement of study-related expenses

PrimeHealth
1849 Yonge Street, Suite 516 (@ Davisville Subway)
(416) 486-8444 ext. 2, Ask for Christabel
Call or Drop In! (All messages returned within 1 business day)

NURSES4ONTARIO
NURSING CAREER FAIR

Date: Saturday, Oct. 4, 2008
Time: 11 a.m. to 2 p.m.
Place: Ryerson University
Jorgenson Hall
380 Victoria Street
Toronto
Health care leaders,
exclusively from Ontario, will be here,
make sure that you are too!
Hospital News
THE GLOBE AND MAIL
metro
origin
TORONTO STAR
thestar.com
Explore the possibilities of a Nursing Career.
Visit our website for more information.
www.nurses4ontario.com

GET UNLIMITED TALK AND TEXT WITH 10 FRIENDS[1]

PLUS FREE UNLIMITED INCOMING TEXTS FROM ANYONE

BlackBerry 8100 | Sony Ericsson W350a | LG Shine

MY10™ STUDENT PLAN[2]
NOW FROM **$25/MO.[2]**
plus $6.95/mo system access fee and other fees.

$0[4] $0[4] $0[4]

NO ACTIVATION FEE[3]

LIMITED TIME OFFER | rogers.com/my10

JOIN CANADA'S MOST RELIABLE WIRELESS NETWORK[5]

ROGERS

OFFERS AVAILABLE ONLY AT THESE LOCATIONS

ROGERS authorized dealer

1 Offer ends November 3, 2008. Offer available exclusively for high school or post-secondary school students; valid student identification required. Unlimited local calls, text, picture and video messages applicable to the W phone numbers designated on the MY10 list; long distance, text to landline and roaming charges are extra where applicable. MY10 Terms of service. Only 10-digit Canadian-based phone numbers are eligible for the MY10 service. Customers' own Rogers Wireless phone number, voice mail retrieval number and special numbers such as 1-900-911-900 are not accepted. One MY10 update per calendar month is allowed via rogers.com or Rogers Customer Care or on select phones. No credit applied for number-related inquiries. By-includes premium messages (roaming, international, MMS sent/received). 2 $16.95 monthly System Access Fee (non-guaranteed fee), a monthly 911 Emergency Access Fee and a one-time $35 Activation Fee apply in addition to the monthly service fee. Local airtime over the allotted monthly minutes, in the plan, long distance and roaming charges and any additional service options selected and applicable taxes are extra and are also billed monthly. Pricing is based on subscription to a 3-year term service agreement. Early cancellation fees apply. 3 100% refund on activation fee. Activation fee will be refunded as a bill credit on customer's first invoice. Offer ends September 30th. 4 Available only on 3-year term per phone and on select handsets. 5 Most reliable network claim refers to call clarity and dropped calls less results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless GSM footprint, comparing voice services of major wireless providers. TM/Trademarks of Rogers Communications Inc., used under license, or of Rogers Wireless. All other brand names and logos are trademarks of their respective owners. © 2008 Rogers Wireless.

Bigfoot vs. politicians' promises — Canadians pick Bigfoot

Fifty-eight per cent of Canadians believe that Bigfoot exists while only 27 per cent believe politicians' promises at election time, according to a survey of 1,000 Canadians conducted by Praxicus Public Strategies Inc. for the Canadian Taxpayers Federation. TORSTAR NEWS SERVICE

Election 2008

Beating up the cultural elite

Stephen Harper's broadside on the arts creates differences between us

On the**Hustings**

Andrew Cohen

Election insight and analysis

So Stephen Harper is now training his artillery on artists, actors, writers and poets. He sees votes in beating up the country's cultural elite.

"I think when ordinary working people come home, turn on the TV and see a bunch of people, you know, at a rich gala all subsidized by taxpayers, claiming their subsidies are not high enough … I'm not sure that's something that resonates with ordinary people," he said the other day.

A rich gala. Subsidies. Ordinary people. Here is a populist's lament. Harper didn't use the word "elite." He didn't have to.

He wants the people to know that he doesn't like this pretentious crowd, which is why you won't find him at those fancy fundraisers at the National Arts Centre in Ottawa. He sends his wife instead.

Here's the spirit of George Wallace, the scrappy, segregationist governor of Alabama, who painted his enemies as "pointy-headed intellectuals." When Wallace poured out his invective, you could see the dirt under his fingernails and the sweat on his brow.

Harper is no George Wallace, but his broadside shouldn't surprise anyone in a targeted campaign pitched to specific voters. The point is to create differences between us (the people) and them (the snobs), playing off one against each other, appealing to that deep well of resentment in the land of the Tall Poppy.

This is a strategy. It is the same reason that Harper proposes cracking down on juvenile crime, even as criminologists tell him crime isn't rising and his punishments won't work. No matter; tough talk sells among rock-hard conservatives.

Ironically, the prime minister has spent the campaign trying to show his soft side — wearing a sweater, kissing babies, playing the piano. Now he's showing off his folksiness. Soon, Harper, who has an MA in economics, will start droppin' his "g's."

But culture matters. While Harper's $45 million in cuts to the arts may have little "resonance" in English-speaking Canada, they are an issue in Quebec, where both Stéphane Dion and Jack Layton are making political hay. Dion even announced his promise to increase spending on the arts last weekend in Place des Arts in Montreal.

Harper knows this, which is why he isn't pushing the anti-cultural line in Quebec, where he sees his majority. When he was asked to repeat his "gala" comment in French, he shrewdly refused.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.

Liberal

Dion dismisses Grit dissidents

CRITICS Stéphane Dion has stuck a finger in the dike in an effort to hold back the dissent swelling among some Liberals frustrated by stagnant polls and positively dismal leadership numbers.

Stéphane Dion

Former party president Stephen LeDrew dealt the struggling Liberal campaign a blow yesterday in an opinion piece that predicted Liberals would face a "drubbing" at the hands of voters come Oct. 14.

The party needs to have a "near-death" experience in order to renew itself and avoid fading into history, he said.

Dion dismissed the criticism.

THE CANADIAN PRESS

Artists paint a different picture

Some of Canada's most recognizable film and TV stars took aim yesterday at Prime Minister Stephen Harper's assertion that working-class Canadians cannot relate to artists who go to "rich galas" and whine about their government subsidies.

"I like to think I'm an ordinary working person in an extraordinary industry called show business — and I stress, business," said Art Hindle, who has acted in some 60 films.

Hindle and more than 20 performers — including Colm Feore, Gordon Pinsent and Wendy Crewson — attended a news conference to highlight the importance of homegrown culture and condemn the Conservative government for cutting $45 million from arts programs.

Feore, who won a Gemini Award for his portrayal of former prime minister Pierre Trudeau in the 2002 TV mini-series Trudeau, said his role as an artist is to "hold the mirror up to nature."

NATHAN DENETTE/THE CANADIAN PRESS

Canadian actor Colm Feore speaks to the media yesterday condemning the Conservative party over possible cuts within the arts and culture sector.

"We have to, by our moral obligation, show Mr. Harper who he really is. God forbid I should get to play him."
Colm Feore

"We have to, by our moral obligation, show Mr. Harper who he really is," said Feore. "God forbid I should get to play him."

ACTRA's national president Richard Hardacre noted that the arts provide 1.1 million jobs within cultural industries and contribute $86 billion to the GDP.

"Culture is a mainstream interest to the economy of our country," he said.

"I think Canadians understand (culture) is a catalyst for prosperity, that it attracts knowledge-based workers," added Crewson, whose TV credits include ReGenesis and 24.

THE CANADIAN PRESS

Conservative

PM vows to clean up polluters

PENALTIES A Conservative government would crack down on polluters and stiffen penalties for companies and individuals, says Prime Minister Stephen Harper.

Harper used a campaign visit to British Columbia to showcase a five-year, $113-million plan to protect the environment — and to beat up on both the Liberals and the NDP, which has been making a strong showing in the province.

He said under the previous Liberal government, environmental enforcement was woefully underresourced, while penalties on industrial polluters were commonly as low as $4,000 and never exceeded $50,000.

Harper said a Tory government would increase penalties for the most serious environmental crimes to $6 million for companies and $1 million for individuals.

THE CANADIAN PRESS

Poll

DARRYL DYCK/THE CANADIAN PRESS

Elizabeth May

Green party rising as No. 2 choice

POPULARITY The New Democrats are facing tough competition from the Green party as a second choice for voters in the Oct. 14 federal election campaign, a new poll suggests.

A Canadian Press Harris-Decima poll taken over the last four nights found one in four respondents, or 25 per cent, would take the NDP or the Green party as their No. 2 choice if they opted to change their vote. The Liberals were the leading second choice at 28 per cent.

At the start of the campaign, 26 per cent of respondents made the NDP their second choice and 22 per cent opted for the Greens.

The survey also identified the Greens as the second choice for 28 per cent of Conservative respondents, 27 per cent of Liberals, 34 per cent of New Democrats and 19 per cent of Bloc supporters polled.

The poll surveys 300 people a night in a rolling national sampling and the figures are based on interviews with 1,248 people Saturday through Tuesday. The results are considered accurate to within plus or minus 2.8 percentage points, 19 times in 20.

THE CANADIAN PRESS

Watch Justin Trudeau campaigning with his mother at metronews.ca/canada

19 days remain until the 2008 Canadian federal election

TOUR EAST HOLIDAYS

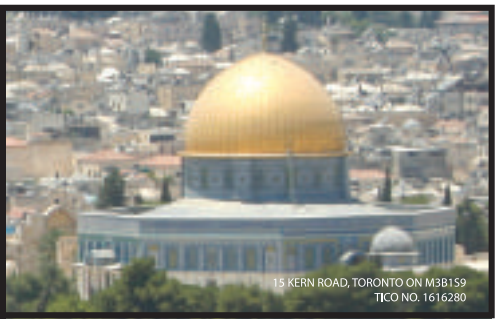
Ancient Wonders in a Modern Land
Enjoy the BEST OF ISRAEL

departs Nov 8
9 Days for $3,450
(Air Taxes & Fuel Surchange $450)

- Walk in the footsteps of Biblical icons
- Visit ancient temples and tombs
- Explore historic cities and towns
- See where Jesus was born and buried
- Enjoy the beaches of Tel Aviv

This tour of a lifetime includes airfare on Air Canada, superior hotels, all meals, comprehensive sightseeing with English-speaking guides, and much, much more! Space is limited, so book now.

Call 416.929.8017 or your travel agent www.toureastholidays.com



15 KERN ROAD, TORONTO ON M3B1S9
TICO NO. 1616280

Canadian Cancer Society

Lottery
ONTARIO DIVISION

1 in 5† Odds of WINNING!

the dream starts here

10 Incredible Grand Prizes

3 Mega Grand Prizes of $1 Million Cash

7 Grand Prize Cash and Car Packages

*Choose the prize, or take **cash** instead!*

*Over 47,000 Prizes to be **Won!***

Thank you! *Your ongoing support funds life-saving cancer research.*

Call today
1 888 990-9093
(416) 667-3259 Toronto Area
Visit us at lottery.cancer.ca

†Odds are approximately 1 in 5. All inquiries, if any, on the "odds of winning" are to be made to the licensee prior to the purchase of ticket(s). Only 260,000 tickets will be sold. Tickets are $100 each or 3 for $250. The total value of all prizes is $10,204,785.65 inclusive of all taxes and freight. Tickets must be purchased in Ontario. Participants must be at least 18 years of age. For a complete listing of the prize pool, the rules and regulations and the draw details, see our full brochure or visit our website at lottery.cancer.ca. Lottery Licence Number 920.

Take the
14-day Challenge

Activia®
is delicious and
exceptionally
creamy.
Taste some
today!

SATISFACTION
OR MONEY BACK

Election 2008

Policy would lead to 'university of crime'

The Tories' get-tough approach to youth crime runs the risk of serving up "young flesh" to imprisoned sex offenders, Bloc Québécois Leader Gilles Duceppe said yesterday.

Wide-ranging crime legislation promised this week by Conservative Leader Stephen Harper would make it easier to condemn 14-year-olds to life in prison.

The Tories would seek to introduce maximum life sentences for first- and second-degree murder and 14-year sentences for youths who commit other violent crimes.

That could be a boon for jailed sex offenders, Duceppe said as he campaigned in Montreal.

"Sending children to prison is sending them to the university of crime," Duceppe said. "If we want to be sure of making them criminals, let's do that.

Gilles Duceppe

"And it's young flesh as well. Let's not hide it. We know there is that kind of problem in prison and sending kids there is terrible."

Harper again defended the Tory proposals and dismissed Duceppe's "extreme" comments as those of a politician who is looking for a raison d'etre for his party.

"We're talking here about tougher sentences, but also sentences for crimes that are very serious such as murder and serious sexual crimes," Harper said in Vancouver.

"It's obvious that people in Canada, and even in Quebec, think the real sentence for such crimes is not child care but rather sentences that are appropriate, even for young offenders."

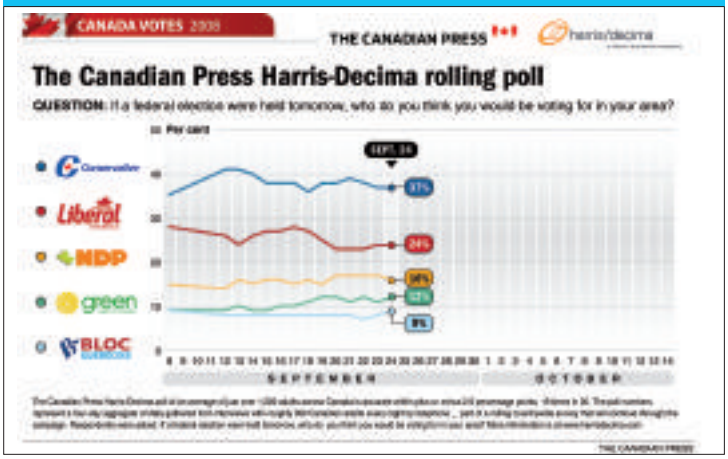
But Duceppe got some support yesterday from the John Howard Society's executive director, who described the Tory approach as "stupid."

"It (sexual assaults) is what happens in prisons," Craig Jones said in an interview.

Jones said there would be very little chance of rehabilitating young offenders under the Conservatives' approach.

THE CANADIAN PRESS

Numbers



NDP

Chop softwood deal: Layton

WORKERS The New Democrats would scrap the Canada-U.S. softwood lumber agreement that "sold out" struggling forestry workers and replace it with a deal that would ensure fair trade, Jack Layton said yesterday in Kenora.

Jack Layton

The softwood deal would be renegotiated within six months under the framework of the North American Free Trade Agreement, the NDP leader said.

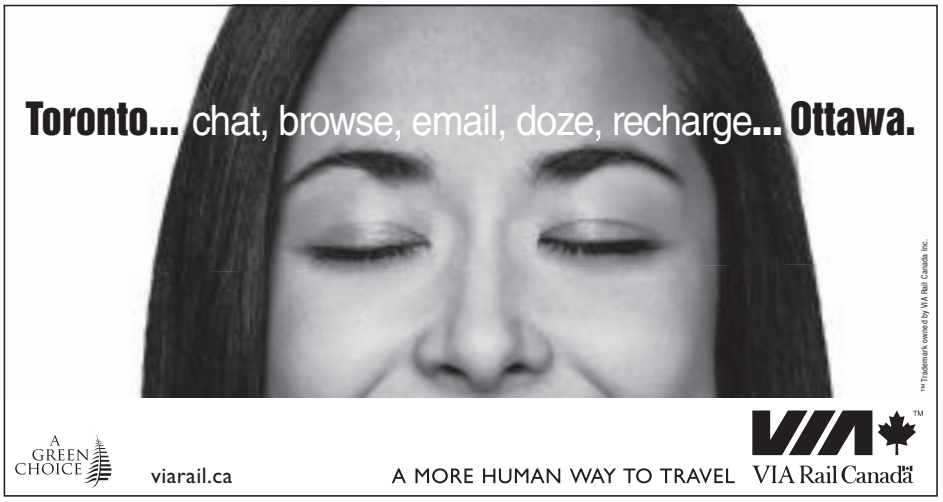
THE CANADIAN PRESS

News in brief

HOLIDAY Stephen Harper's decision to call the federal election on a Jewish religious holiday will leave many Jews unable to exercise their democratic rights, Liberal Leader Stéphane Dion says. Dion used a visit to a Jewish community centre in Winnipeg to condemn the prime minister's choice of Oct. 14 — the first day of the festival of Sukkot — for the national vote. The Conservatives have defended their choice of election day, saying Jewish voters can respect the holiday by casting their ballots at advance polls.

ENVIRONMENT A new website encourages visitors to cast their ballots for the so-called environmental candidate with the best chance of winning their riding. Voteforenvironment.ca says it's aimed at preventing vote-splitting on the political left, which could send Conservative candidates to Ottawa as MPs.

METRO NEWS SERVICES



Call for a Cent

Works from your home phone right now

1¢ min — Canada, U.S.A.

2.9 ¢/min — Australia, Belguim, France, Germany, Greece, Ireland, Italy, Netherlands, Norway, Poland, Portugal, Spain, Switzerland, U.K.

India 5.9¢ | **Philippines 11.9¢** | **Russia from 2.9¢**

Algeria	14.9¢	China	1¢	Hungary	4.9¢	Serbia	6.9¢
Armenia	6.9¢	Colombia	4.9¢	Jordan	4.9¢	Syria	19.9¢
Belarus	22.9¢	Croatia	4.9¢	Lebanon	11.9¢	Turkey	3.9¢
Bosnia & Her.	15.9¢	Egypt	14.9¢	Mexico	from 3.9¢	Ukraine	9.9¢
Brazil	4.9¢	El Salvador	11.9¢	Morocco	17.9¢	U.S.A.	1¢
Canada	1¢	Haiti	13.9¢	Romania	5.9¢	Vietnam	7.9¢

- No switching phone companies
- No monthly fees or contracts
- No minimum talk times
- Charges will appear on your local company bill
- Excellent quality
- Same low rates 24/7

101-2428
long distance

Just dial 101-2428 before every call

For International Calls:

Dial 101-2428 + 011 + country code + city code + phone number

For Calls to Canada & U.S.A.:

Dial 101-2428 + 1 + area code + phone number

1-800-657-3149 www.101-2428.ca

Service available with Bell Canada or Telus as local telephone exchange carrier and in 101-2428 serving areas in Canada. All calls are billed in one-minute increments. International calls to cellular numbers may be billed at different rates. US Rate excludes Alaska and Hawaii. Low connection fee of 39¢ per call applies for all destinations except Vietnam. A 59¢ connection fee applies to calls to Vietnam. 101-2428 rates are subject to change without notice. Charges will appear on your local company phone bill.

France says EU observers, support personnel going to Georgia

France says an EU mission to Georgia that deploys Oct. 1 will involve up to 300 observers as well as support workers. The bloc has agreed to send observers as Russian forces withdraw from buffer zones along the breakaway regions of Abkhazia and South Ossetia. THE ASSOCIATED PRESS

World

Aso elected Japanese PM

Legislators elected Taro Aso, a 68-year-old conservative popular with the young and known for his straight talk, as Japan's third prime minister in two years yesterday after quelling an attempt by the upper house to install a rival in the position. THE ASSOCIATED PRESS

News in brief

POLITICS Connecticut Democrats are considering a bid to force U.S. Senator Joe Lieberman out of the party for speaking at the Republican convention and backing Republican presidential nominee John McCain. The party scheduled a debate yesterday on a resolution that would censure Lieberman and ask him to resign from the Democrats.

WEATHER Southern China has been hit by Typhoon Hagupit, which has caused injuries to scores of people and the evacuation of more than 28,000. Hagupit swept into Guangdong province yesterday, uprooting trees and knocking down billboards before weakening into a tropical storm.

CHINA Landslides triggered by heavy rain have killed two people and left 30 others missing in one of the areas hardest hit by the May 12 earthquake in China's Sichuan province. THE ASSOCIATED PRESS

Rivals differ on debate timing

Republican presidential nominee John McCain challenged rival Barack Obama yesterday to postpone Friday's debate and work together to deal with the country's financial troubles, but Obama countered by saying it's important to go ahead with the debate.

The duelling statements came after the two senators spoke privately, each trying to portray himself as the bipartisan leader at a time of crisis.

But McCain beat Obama to the punch with the first public statement, saying the Bush administration's Wall Street bailout plan seemed headed for defeat, and a bipartisan solution was urgently needed. If not, McCain said, credit will dry up, people will no longer be able to buy homes, life savings will be at stake and businesses will not have enough money to pay workers.

Obama, in defence of his pro-debate stance, said he believes that "this is exactly the time when the American people need to hear from the person who, in approximately 40 days, will be responsible for dealing with this mess." THE ASSOCIATED PRESS

Obama effigy

• Officials at a Portland university say a cardboard, life-sized effigy of Barack Obama was hung from a campus tree with a message opposing a program that is geared toward increasing the number of minority and low-income students at several Christian colleges.

1.1 million
readers do it daily!
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

35% OFF 1ST LOAN WITH AD
BORROW UP TO $1000.00 UNTIL PAYDAY
INSTANT APPROVAL By Phone/Fax/Email
LOWEST COST PAYDAY LOANS IN THE GTA
416-636-6333 or www.paydayanyday.com
PAYDAY LENDERS
NOW ANY DAY CAN BE YOUR PAY DAY!
3121 Dufferin Street

Do You Suffer from Seasonal allergies caused by ragweed pollen?

Allied Research International is seeking people with allergies to ragweed pollen to test an investigational allergy medication.
You may qualify to participate if you are between 18-65 years old and can attend up to 14 visits to our facility.
Qualifying participants will be compensated up to $3,100 upon study completion.
Call: 905-629-5777 or Toll Free: 1-888-ARI-5544
Regular hours of operation: Monday to Friday 9 am to 8 pm & Saturday 9 am to 5 pm
AlliedResearch INTERNATIONAL
A Company of Cetero Research
4520 Dixie Rd in Mississauga
www.allied-research.com
ARI is a contract research organization dedicated to the advancement of clinical research. We conduct research for both healthy volunteers and those with medical conditions in a safe and friendly environment.

JASON DECROW/THE ASSOCIATED PRESS

Singer Bono, left, and former U.S. vice-president Al Gore participate in the opening plenary of the Clinton Global Initiative annual meeting yesterday in New York.

Bill Clinton refuses to dump on McCain

ELECTION Former U.S. president Bill Clinton says if Democrats want someone to dump on John McCain, he's not the guy.

Some members of his party have been complaining that Clinton has not been enthusiastic enough in his support for Democratic presidential nominee Barack Obama, who defeated Clinton's wife in the primary campaign. And some say he's been heaping too much praise on McCain.

But Clinton told CNN's Larry King that he doesn't think "dumping" on McCain or his running mate Sarah Palin is a winning strategy. He said undecided voters aren't interested in attacks but solutions for the problems they face.

Clinton says he admires McCain even though he disagrees with several of his positions.

"I just don't believe that getting up here and hyperventilating ... is a productive use of a former president's time," he said. THE ASSOCIATED PRESS

Ontario Health Coalition
PRESENTS
Listen Up McGuinty!
Rally & March to Support Public Health Care
SATURDAY Sept 27
11 AM
Meet at Metro Hall Square (Wellington & John), Toronto
March to Queen's Park
Hospital cuts, privatization, destructive home care policies, nursing home scandals, two tier health policies -- it's time to do better!

Always by your side

A KILLER OFFER FROM FIDO

$17.50 per month
Plus other fees

Unlimited
weekends and evenings from 5 p.m.

Unlimited
incoming text messages

200
weekday minutes

Per-second billing

With 3-year Fido® Agreement

More killer offers starting at $20 in-store.

$15 ~~$50~~
MOTOKRZR K1

$25 ~~$50~~
Samsung SGH-e747

$25 ~~$40~~
Sony Ericsson W380a

With 3-year Fido Agreement until September 30, 2008.

FIDO STORES

TORONTO
Dufferin Mall
First Canadian Place
Scarborough Town Centre
Sherway Gardens
Toronto Eaton Centre
Woodbine Centre
Yorkdale Shopping Centre
290 Queen Street West

WEST
Bramalea City Centre
Cambridge Centre
Conestoga Mall
Devonshire Mall
Erin Mills Shopping Centre
Fairview Park Mall
Lime Ridge Mall
Mapleview Shopping Centre
Masonville Place
Pen Centre Mall
Shoppers World
Square One Shopping Centre
Stone Road Mall
White Oaks Mall

NORTH
Centerpoint Mall
Fairview Mall
Georgian Mall
Hillcrest Mall
Markville Shopping Centre
The Promenade Shopping Centre
Upper Canada Mall
Vaughan Mills

EAST
Oshawa Centre

RETAIL PARTNERS

TORONTO

BUSINESS PLUS WIRELESS INC.
437 Parliament, Toronto
509 Church Street, Toronto

CHANNEL WIRELESS
4675 Steeles Avenue East, Scarborough

DIGICELL.CA
222 Spadina Avenue, Unit 3A, Toronto

FINET WIRELESS
1855 Eglinton Street West, Toronto
1214 King Street West, Toronto

ICOREA COMMUNICATION LTD.
1300 Bay Street, Unit LL2, Toronto

PEPPER WIRELESS
4438 Sheppard Avenue East, Unit 127, Scarborough

Q-TELECOM
958 College Street, Toronto

SMART CELL SOLUTIONS
2456 Lakeshore Boulevard West, Toronto

STAR LITE WIRELESS
672 Gerrard Street East, Toronto

STUDENT PHONES
20 Duncan Street, Suite 201, Toronto
University of Toronto Computer Shop
York University Federation of Students

TOTAL COMMUNICATION CENTRE
1648 Jane Street, Toronto
1659 Weston Road, Toronto

UNI-CELL TELECOM INC.
2300 Yonge Street, Unit S22, Toronto
652 Bloor Street West, Toronto
5150 Yonge Street, Unit G3, North York

UNIPAGE
Splendid China Tower, Unit 74 and 105, Toronto
Chinatown Centre, Toronto

WIRELESS DNA
363 Yonge Street, Toronto
220 Yonge Street, Level 1, Toronto Eaton Centre
1448 Queen Street West, Toronto
6064 Yonge Street, Toronto
1911 Finch Avenue West, Unit K11, Toronto

WEST

CHANNEL WIRELESS
Dixie Outlet Mall, Mississauga

FINET WIRELESS
45 Main Street North, Brampton
186 King Street East, Hamilton

Q-TELECOM
888 Dundas Street East, Unit B2-3, Mississauga

NORTH

CHANNEL WIRELESS
3255 Highway 7 East, Unit 126, Markham

DIGICELL.CA
First Markham Place, Unit 167
Pacific Mall, Unit E28, C3
77 James Street North, Hamilton

UNI-CELL TELECOM
Denison Centre, Markham

UNIPAGE
Pacific Place Mall, Markham
First Markham Place, Unit 136, Markham
Promenade Shopping Centre, Thornhill

EAST

UNIPAGE
Oriental Centre Mall, Scarborough

FUTURE SHOP
BEST BUY
WIRELESSWAVE
booth the telephone booth
WAL★MART

Join Fido now to find out why we're #1 in customer satisfaction. **1-866-301-3436**

A $6.95 monthly System Access Fee (non-government fee) and a 50¢ monthly 911 Emergency Access Fee (non-government fee) apply in addition to the monthly service fee. Local airtime over the allotted monthly minutes in the monthly plan, long-distance and roaming charges and any additional services selected and applicable taxes are extra and are also billed monthly. The $17.50 plan is available until October 31, 2008 only in the provinces of British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec and Nova Scotia with a three-year Fido Agreement. Plan applies to local airtime minutes only, excluding calls made and received on the expanded network, through Video Calling and calls made through Call Forwarding. There is a charge per text message received via E-mail to your Fido and for premium text messages (alerts, messages related to content, contests and promotions). Subject to Fido's Acceptable Use Policy. Some conditions apply. An Early Cancellation Fee (ECF) applies to all subscribers with a Fido Agreement. ®™Fido and design and *Always by your side* are trademarks of Fido Solutions Inc. © 2008 Fido Solutions Inc.

11 civilians killed, 40 wounded in renewed fighting in Somali capital

At least 11 civilians are reported dead and 40 wounded in renewed fighting in the Somali capital of Mogadishu. Witnesses and doctors say the civilians were hit when Islamic militants directed mortar fire at African Union peacekeepers Tuesday night. THE ASSOCIATED PRESS

Parallels noted in shootings

The gunman in Finland's latest school shooting likely bought his gun in the town where a teenager went on another rampage less than a year ago, police said yesterday, adding to the growing list of eerie similarities between the massacres.

VESA MOILANEN/THE ASSOCIATED PRESS

People light candles near the Kauhajoki vocational high school in Kauhajoki, western Finland.

Matti Saari, 22, bought a .22-calibre gun at a store in Jokela, about 250 kilometres from his home, and on Tuesday killed 10 people and himself at the Kauhajoki School of Hospitality, police said. Last November, Pekka-Eric Auvinen, 18, likely got his gun at the same store and went on to kill eight people and himself, they said.

The lead investigator said the shootings were so similar that the gunmen might have been in contact with each other, but authorities did not know whether Saari went on his rampage to copy Auvinen.

Earlier, police detailed the similarities between the two rampages: both gunmen posted violent clips on YouTube before the shootings, both were fascinated by the 1999 Columbine school shootings in Colorado, both attacked their own schools and both died after shooting themselves in the head. THE ASSOCIATED PRESS

Iraqi parliament approves provincial elections law

POLITICS Iraq's parliament has overwhelmingly approved a provincial elections law after weeks of deadlock.

Legislators voted in favour of the measure after overcoming an impasse due to objections over power-sharing issues in a province that includes the oil-rich city of Kirkuk.

Kurdish, Shiite, Sunni and Turkomen legislators agreed to form a parliamentary committee to review disputes regarding Kirkuk and present a report by March 2009.

Legislators also acknowledged that delays in passing the measure could make it difficult for the electoral commission to organize the elections this year. THE ASSOCIATED PRESS

Deadly ambush

- At least 18 people have been killed in an ambush northeast of Baghdad after insurgents opened fire on a group of Iraqi policemen and members of a U.S.-allied Sunni militia, says the head of the Diyala provincial council.

Judge in Simpson trial bars evidence from Goldman lawyer

COURT The judge in O.J. Simpson's armed robbery trial has rejected an attempt by the prosecution to present evidence related to his acquittal in the slayings of his ex-wife and her friend Ronald Goldman.

Clark County District Court Judge Jackie Glass decided not to allow testimony by David Cook, a California lawyer for the Goldman estate.

Prosecutors wanted him to testify about answers Simpson gave in February 2007 in response to a legal questionnaire about his assets. THE ASSOCIATED PRESS

News in brief

IRAN The European Union claims in a report being submitted to the International Atomic Energy Agency that Iran is close to developing the ability to arm a nuclear warhead. Iran describes the EU report as "fabricated and baseless."

JAPAN Hundreds of protesters have gathered outside a naval base near Tokyo to oppose the arrival of an American nuclear-powered aircraft carrier. The demonstrators say the ship poses a threat to the city because of the possibility of an accident in its nuclear reactor.

BAN At least 12 countries have banned Chinese dairy products or foods that contain Chinese milk amid fears over the widening tainted milk scandal. THE ASSOCIATED PRESS

TIME IS MONEY

Spend just 90 minutes with Teach Me To Trade®
and we'll show you our proven system for trading
Smarter - Safer - Better!

Bull Market, Bear Market or Flat Market...
You **CAN PROFIT** in any stock market condition
when you learn our **4 Key** Principles and
trade using our **4 Step** Methodology.

ATTEND A FREE TRAINING IN

TORONTO
SEPTEMBER 30, OCTOBER 1OR 2

Call Now to Register
1-800-590-3015
Or visit **www.TMTT.ca**

Additional products and services will be offered for sale. © 2000-2008 EduTrades, Inc. All rights reserved.
TMTT1193 A 8-08

TEACH ME TO TRADE

torontosleepinstitute
PROFESSIONAL EXPERTISE · COMPREHENSIVE EVALUATION · INTEGRATIVE TREATMENT

Waking up unrefreshed day after day?

Sleep is vital for us to function effectively. Yet there are many people who, day after day, wake up feeling unrefreshed or unrestored.
This non-restorative sleep condition, or NRS, leaves you tired - impairing your thinking and your ability to perform at your best.

- *Are you male or female aged 18-64?*
- *Have you been waking up unrefreshed and unrestored at least three times a week for the past three months despite getting to sleep and staying asleep normally?*
- *Do you feel your lack of restorative sleep impairs your daily performance and activities?*

If you answered 'yes' to the above questions, you may be eligible to participate in a ten-week research study of an investigational medicine for non-restorative sleep.
If you qualify, you will receive study-related evaluations and investigational medicine at no cost, plus compensation for time and travel.

For more information or to find out if you are eligible for the study, please contact:
416-488-6980 ext. 6

BLACK'S®
www.blackphoto.com

CANADA'S PREMIER DESTINATION FOR
IMAGING AND DIGITAL PRODUCTS AND SERVICES

4 DAYS ONLY

September 25 – 28, 2008

BUY 200 PRINTS
GET 100 FREE*

For absolutely the ***best*** prints anywhere, choose Black's today!

ONLY $58 | **19¢ per print**

Black's Processing Included Film
Buy 3 Rolls, GET 3 FREE*

*Offer applies only to 35mm C-41 24 exposures 200 and 400 ISO only.

Kingston 1GB SD Card
3 For $24.99*

Reg. $14.99ea.

*All Offers expire September 28, 2008.

For a location near you, visit www.blackphoto.com

Former IMF chief calls for global market regulator

Michel Camdessus, who was head of the International Monetary Fund for 13 years, says financial markets need international regulation to safeguard against further abuses in unregulated markets and avoid another crisis. THE ASSOCIATED PRESS

Business

DOLLAR 0.04¢ C$ 96.46¢ US US$ $1.0367

OIL $105.73 US 88¢

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

PAYDAY LOAN$ ★ CASH ADVANCE$
Cash Outlet
Borrow up to $1000
30% off with this ad*
Lowest Cost Rates in GTA
310- BUCK (2825)
416-759-8585
Apply online at:
www.cashoutlet.ca
1633 Eglinton Ave. W.
890 Bloor St. W.

In brief

PANIC Hundreds of customers descended on branches of Hong Kong-based Bank of East Asia yesterday to demand their deposits back after the bank was hit by doubts about its stability. It was one of the first bank runs in Asia since the current international financial crisis began. THE ASSOCIATED PRESS

White House yields

Paulson to limit executives' pay packages

The White House bowed on a major sticking point in the $700-billion US financial bailout plan yesterday as the administration scrambled to pull loudly resistant lawmakers onboard and stave off a deepening crisis.

Treasury Secretary Henry Paulson said he was agreeing to demands from critics in both parties to limit the pay packages of Wall Street executives whose companies would benefit from the bailout.

"The American people are angry about executive compensation and rightfully so." Henry Paulson

"The American people are angry about executive compensation and rightfully so," Paulson told the House Financial Services Committee. He heard hours of withering criticism at a hearing on Tuesday .

Lawmakers have strenuously objected to the plan over the past two days, Republicans complaining about federal intervention in private business and Democrats pressing for help for beleaguered homeowners. THE ASSOCIATED PRESS

www.wlu.ca/mba
UPCOMING INFORMATION SESSIONS
Thursday, September 25 | 12 p.m. and 5:30 p.m.
Laurier Toronto MBA Campus
St. Andrew's Club & Conference Centre
Sun Life Financial Tower | 150 King St. W., 27th floor
Saturday, September 27 | 11 a.m.
Delta Toronto East
2035 Kennedy Rd. | Canadiana Room | Scarborough
LAURIER Business & Economics
For more information, contact:
mferraro@wlu.ca | 519.884.0710 ext. 6220
Association to Advance Collegiate Schools of Business
CMA Certified Management Accountants
SBEC-04-0519-08.09f

Hockey gear makers form behemoth

RIVALS Bauer, hockey's iconic equipment maker, has bought up rival Mission-Itech Hockey in a deal that brings together the leaders in skates, facemasks, goal equipment and other protective gear.

The buyout will lead to job cuts at Mission-Itech, said Bauer Hockey chief executive Kevin Davis, with up to 140 people losing their jobs by next May.

The deal strengthens Bauer's grip on the $450 million-a-year global market for hockey equipment and provides opportunities in Eastern Europe and Russia where the sport is growing. TORSTAR NEWS SERVICE

Sold

Nike bought Bauer, a Canadian icon, in 1995 for $430 million. But the footwear giant sold it last February to a U.S.-based private equity firm and Quebec-born businessman W. Graeme Roustan for $200 million.

Diamonds Gem of a deal

SAUL PORTO/TOP NEWS

Nchidzi Mmolawa, chief mining engineer at Botswana's Ministry of Mines, shows off a 13-carat diamond worth $948,000 at a preview of some of the gems at Birks & Mayors office in Toronto Tuesday. The retailer recently signed an agreement to be the exclusive distributor of Botswana diamonds in North America.

Phone can unlock car, start engine

KEYLESS A Japanese cellphone, built by Sharp Corp. using technology previously developed by Nissan Motor Co. called Intelligent Key, will automatically unlock car doors and let drivers start their engines without removing their keys from their pockets. THE ASSOCIATED PRESS

ECB offers $40B to keep cash flowing

BANKS The European Central Bank offered $40 billion US to banks yesterday to keep cash flowing between banks reluctant to lend to one another. Polls indicate business confidence is the weakest in three years in Germany and at a five-year low in France. THE ASSOCIATED PRESS

Career Finder
To advertise, call Josie McKenzie 416-443-4364

$1,040/Week + BONUSES
$1.3 Billion publicly traded industry leader seeks
Customer Relations Reps.
For consideration please call:
416-236-0678

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products or Computer Work.
www.TopJobMetro.com
Or Write to:
CHR Jobs, 372 Rideau St. #916-M20
Ottawa ON, K1N 1G7

GREAT JOB OPPORTUNITIES!
Please visit our website at
www.enterphase.com/postings.php
ENTERPHASE
Child & Family Services

ECO CONSULTANTS NEEDED
Average $18/hr
Full Training Provided
Call 416 774-2472

1.1 million
readers do it daily!
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday, BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

smarter offer

There is no better time to get your hands on smartphones that do it all.

Visit a Bell store • 1 888 4-MOBILE • bell.ca

3G Samsung Instinct™

$129.95

with a $100 Fun bundle discount on a 3-yr. term[1] ($479.95 no term)

3G Double-flip™ Samsung u740

$49.95

3-yr. term[2] ($299.95 no term)

3G BlackBerry® Pearl™ 8130 smartphone

$0

with a minimum $45 voice and data plan on a 3-yr. term[3] ($449.95 no term)

LG Rumour™

$0

3-yr. term[2] ($249.95 no term)

Bell smartphones just got better

Available at the following Bell stores:

AJAX
Durham Centre

ALLISTON
36 Young St.

AURORA
14751 Yonge St.
SmartCenters Aurora

BARRIE
44 Cedar Point Dr.
632 Yonge St.
Barrie Power Centre
Georgian Mall

BOLTON
SmartCentres Bolton

BOWMANVILLE
Clarington Place

BRAMPTON
59 First Gulf Blvd.
100 Great Lakes Dr.
10086 Hurontario St.
Airport & Hwy 7
Bramalea City Centre
Shopper's World

BURLINGTON
1100 Walker's Line
Appleby Crossing
Burlington Mall
Mapleview Mall

CAMBRIDGE
499 Hespeler Rd.
Cambridge Centre

COBOURG
Northumberland Mall

COOKSTOWN
Cookstown Outlet Mall (kiosk)

DON MILLS
Two Park Centre

ETOBICOKE
Cloverdale Mall
Sherway Gardens
Woodbine Centre

GEORGETOWN
330 Guelph St.

LINDSAY
229 Kent St.
Whitney Town Centre

MAPLE
2810 Major Mackenzie Dr.

MARKHAM
7357 Woodbine Ave.
Market Village
Markville Shopping Centre
Pacific Mall

MILTON
377 Main St. E.

MISSISSAUGA
980 Eglinton Ave. E.
2800 Skymark Ave.
6965 Davand Dr.
Dixie Value Mall
Erin Mills Town Centre
Sheridan Centre
Heartland Power Centre
Square One Shopping Centre
Westgate SmartCentres

NEWMARKET
Upper Canada Mall

NORTH YORK
170 Rimrock Rd.
2081 Steeles Ave. W.
Bayview Village
Crossroads Plaza
Empress Walk
Lawrence Square
North York Sheridan Mall
Sheppard Centre
Yorkgate Mall

OAKVILLE
Hopedale Mall (kiosk)
Oakville Place
Winston Power Centre

ORANGEVILLE
114 Broadway Ave.

OSHAWA
Five Points Mall
Oshawa Centre

PICKERING
Pickering Town Centre
Steeple Hill Shopping Centre

RICHMOND HILL
Elgin Mills Crossing
Hillcrest Mall
Richmond Heights Plaza
Time Square Shopping Centre
Building A

SCARBOROUGH
259 Morningside Ave.
Bridlewood Mall (kiosk)
Cedarbrae Mall (kiosk)
Eglinton Square
Kennedy Commons
Malvern Town Centre
Scarborough Town Centre

SUDBURY
Brady Square
New Sudbury Centre
Southridge Mall

THORNHILL
The Promenade

TORONTO
85 Hanna Ave.
320 Queen St. W.
209 Danforth Ave.
2171 Queen St. E.
2256 Bloor St. W.
2323 Yonge St.
Brookfield Place
Centerpoint Mall
Chinatown Centre
College Park
Commerce Court
Cumberland Terrace
Dufferin Mall
East York Town Centre
Eaton Centre
Eaton Centre II
Exchange Tower
Gerrard Square
Scotia Plaza
Toronto Life Square
Yorkdale (kiosk)

UXBRIDGE
307 Toronto St. S.

VAUGHAN
Vaughan Mills

WHITBY
Whitby Mall
Whitby Smart Centres

WILLOWDALE
Fairview Mall

WOODBRIDGE
4080 Highway 7

Also available at these participating retailers: WIRELESSWAVE, booth the telephone booth, hmv

Offer ends September 30, 2008. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee) ($8.95), and one-time device activation ($35) apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a monthly voice plan with a min. Fun 15 bundle. Rebate applies on device before taxes in-store or on the account otherwise; allow 4 to 6 weeks. You must keep the Fun bundle for 12 months after activation, otherwise a one-time data service price adjustment of $99 will be charged on your account. (2) With new activation on a monthly voice plan. (3) With new activation on a monthly voice plan and a data feature with a total min. value of $45/mo. Samsung Instinct is a trademark of Samsung Electronics Co., Ltd., and its related entities. Double-flip is a trade-mark of Bell Canada. BlackBerry®, RIM®, Research In Motion®, SureType® and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Rumour is a trademark of LG Electronics Inc. Windows Live is a trademark of Microsoft Corporation in the United States and/or other countries.

Thrashers sign Enstrom to a contract extension

The Atlanta Thrashers are rewarding defenceman Tobias Enstrom for a solid rookie season. The NHL team announced yesterday that Enstrom has signed a $15-million US, four-year contract extension that begins at the start of the 2009-10 season. THE CANADIAN PRESS

Sports

Calvillo wins weekly award

Montreal Alouettes quarterback Anthony Calvillo, left, was named CFL offensive player of the week yesterday. Teammate Jermaine McElveen was a unanimous choice for the defensive honour. B.C. Lions kicker Paul McCallum took the nod for top special teams player while Saskatchewan running back Stu Foord was named Canadian player of the week. THE CANADIAN PRESS

EDITOR: SPORTS@METRONEWS.CA

Schenn stays with Leafs for now

NHL The Toronto Maple Leafs have sent a handful of teenagers back to their junior clubs and held onto one.

The Leafs announced yesterday that forwards Joel Champagne (Chicoutimi), Dale Mitchell (Windsor) and Mikhail Stefanovich (Quebec) were all headed back to the Canadian Hockey League.

Defenceman Luke Schenn remains with the Leafs and was expected to participate in last night's pre-season game at Pittsburgh.

Interim GM Cliff Fletcher has said that Schenn would have to blow management away to earn a spot in the NHL this season.

If that doesn't happen, the fifth overall selection in the June draft will be returned to the Western Hockey League's Kelowna Rockets.

THE CANADIAN PRESS

Sundin ponders his future

Leafs star remains undecided if he will play in the NHL this season

JONATHAN HAYWARD/THE CANADIAN PRESS

Mats Sundin said he is keeping an eye on the Toronto Maple Leafs and thinks the team will have a good season.

Even as he continues his hockey hiatus in Sweden, Mats Sundin is keeping an eye on the Toronto Maple Leafs.

The longtime Leafs captain remains undecided about his own future but has been following his former team from afar. He thinks everything will be just fine for the blue and white this season.

"I saw they won their first exhibition game so that was great," Sundin told The Canadian Press yesterday. "I think Leaf fans are going to be surprised about some of the younger players that are coming through the Leafs system. I saw some of them at the end of last year.

"I think the Leafs are going to have a good year. They should be fun to watch with a lot of new faces and some excitement around the team. I'm going to follow them here as the pre-season goes on."

Training camps are now open around the NHL and the regular season will get underway in less than two weeks. Even still, Sundin feels no added pressure to decide whether he wants to play again or not.

He's still struggling with the same internal question he's been trying to answer all summer — am I up for it?

"There's always going to be a hockey itch with me," said Sundin. "I love the game of hockey. It's been the biggest part of my life my whole life.

"The question that I don't really have the answer for anyone at this point is whether or not I'm ready to play at the highest level and compete at the National Hockey League level. … It hasn't changed with training camps starting and all that."

"There's always going to be a hockey itch with me."
Mats Sundin

In many ways, the rebuilding Maple Leafs seem to have embraced life without Mats, although interim GM Cliff Fletcher has said several times that he'd love to have No. 13 back. There has been a noticeably relaxed feel around the team during its first training camp without Sundin in 15 years.

No matter what Sundin decides about his playing career — and perhaps even if he doesn't make a firm decision — the 37-year-old won't remain in Sweden indefinitely.

"I am going to go back to Toronto at some point," he said. "I have my house there. I obviously consider Toronto as my home still."

Sundin was in the city earlier this month for a charity hockey game. He looked fit and tanned during that visit while indicating that he spent far less time worrying about his future over the summer than many others around the hockey world.

The veteran centre is still attractive to NHL teams because he's coming off a solid season — with 32 goals and 78 points — and is often thought of as one of the game's better leaders. The Montreal Canadiens, one of Sundin's primary suitors, dropped out of the running by acquiring Robert Lang earlier this month but other options remain if he wants to play.

One thing Sundin didn't mind missing out on at training camp was the fitness testing NHL players are put through, although he quickly added that those exercises are nowhere near as stressful as they once were.

With the added free time, he's enjoyed spending more time with his fiancee Josephine and relaxing.

THE CANADIAN PRESS

GRAND OPENING SUPER SALE!

LABELS
look good, pay less

Here we GROW again!
COME CELEBRATE THE CANADA WIDE GRAND OPENING SALE OF LABELS New GIGANTIC Superstores in 1st Markham Place, Cambridge Power Centre and Pickering Power Centre...This seasons most wanted Men's & Ladies Fashions from New York, London and Los Angeles. At Labels you'll always save 25% to 60% off department store prices! Now save even more during our GIGANTIC
BUY ONE • GET ONE 50% OFF*
Grand Opening Celebration!
Don't miss out!

sale!
4 DAYS ONLY!
SALE ENDS MONDAY!

always 25% to 60% less*
BUY ONE • GET ONE
50%* OFF
THE LOWEST TICKET PRICE
fall & winter fashions for him & her!

super special! ladies jeans $10 each compare at $30 each	mix&match hoodies ladies 2 for $30 compare at $30 each	mix&match sweater dresses prints & plains 2 for $45 compare at $60 each	mix&match dress shirts men's 2 for $20 compare at $30 each	super special! men's jeans $10 compare at $40 each
mix&match leggings prints & plains 2 for $20 compare at $30 each	mix&match athletic fleece zip front jackets& pants 2 for $30 compare at $30 each	mix&match thermal tops men's 2 for $30 compare at $30 each	mix&match hoodies men's 2 for $30 compare at $30 each	mix&match hoodies & jeans boys 2 for $30 compare at $30 each
mix&match baby dolls 2 for $20	mix&match knit sweaters 2 for $30 compare at $00 each	mix&match purses & handbags BUY ONE • GET ONE 50% OFF*	mix&match fleece pants men's athletic 2 for $30 compare at $30 each	mix&match polar fleece men's 2 for $30 compare at $30 each

CLEARANCE!
Hurry in for best selection!
ALL men's and ladies summer fashionspriced to clear at incredible savings!
mix&match & save!
selection will vary by store, shop early for best selection.

Hurry in for best selection!
men's shorts, t-shirts, socks! ladies t-shirts, skirts, shorts! and more!
ALL! 3 for $10 mix& match

Hurry in for best selection!
ladies skirts, woven shirts, camis, t-necks, men's printed shirts & more!
ALL! 3 for $20 mix& match

All Buy One Get One deals & 3 for deals require 2nd or 3rd item to be of equal or lesser value. mix and match! Selected Styles. Some restrictions may apply, see store for details.
*Always 25%-60% less is based on the price other retailers in Canada charge or may charge for the same or comparable value item. Product selection varies by store. Some items may not be exactly as illustrated.

MALVERN TOWN CENTRE
31 Tapscott Road, Scarborough
Nielson Road
North of the 401
Between Sheppard & Finch

Markham
1ST MARKHAM PLACE
HWY 7 EAST OF WOODBINE

Cambridge
CAMBRIDGE POWER CENTRE
401 & HESPELER RD.

Pickering
PICKERING POWER CENTRE
401 & BROCK RD.

Woodbridge
COLOSSUS POWER CENTRE
7575 WESTON RD. #131

Orangeville
RIOCAN FAIRGROUND
HWY 9 & HWY 10

22 sports

France to bid on 2018 Winter Olympics
France will bid for the 2018 Winter Olympics. South Korea, Germany, Geneva and Norway will also table bids. THE ASSOCIATED PRESS

AMY SANCETTA/THE ASSOCIATED PRESS FILE PHOTO

Members of China's gymnastics team, Yang Yilin, left, Li Shanshan, He Kexin, Jiang Yuyuan and Deng Linlin listen to their national anthem after winning the gold medal in the women's team final competition at the Beijing 2008 Olympics.

Age probe deepens

The investigation into the ages of China's gold-medal women's gymnastics team has been expanded to include members of the 2000 team that won a bronze in Sydney, the Associated Press has learned.

International gymnastics officials are examining whether Yang Yun and Dong Fangxiao, in particular, were old enough to compete at the Sydney Olympics. Gymnasts must turn 16 during the Olympic year.

Yang's birthdate is listed as Dec. 2, 1984, which would have made her eligible for Sydney because she would turn 16 during 2000. But Yang, who also won a bronze medal on uneven bars, said in a June 2007 interview that aired on state broadcaster China Central Television that she was 14 at the Olympics. Dong's birthdate is listed as Jan. 20, 1983, making her 17 at the time of the Sydney Games. Her blog, however, includes a reference to being born in 1985.

THE ASSOCIATED PRESS

Chinese denial

- Chinese officials insist all gymnasts on the Olympic team that won gold were of age to compete.

Coming to Toronto
4 DAYS ONLY!
Thursday, September 25th through Sunday, September 28th
EYEWEAR EXPO

TRAVELING FRAME SHOW
• Huge Collection • Designer Brands
50% off Frames
Plus
25% off Lenses
Complete pair purchase required. Selected designer brands. See optician for details.
the Bay OPTICAL
Only at
Bloor & Yonge
(416) 972-3352
MKT CODE: NP

Bills' Parrish out four to six weeks

Receiver Roscoe Parrish will miss four to six weeks after having surgery to repair ligament damage in his right thumb, leaving the Buffalo Bills without one of their most elusive threats. THE ASSOCIATED PRESS

Sports in brief

NBA The Charlotte Bobcats moved to bolster their thin frontcourt yesterday, signing Houston Rockets restricted free-agent forward Carl Landry to a $9-million US, three-year offer sheet.

MLB Tigers reliever Todd Jones is retiring, he announced in his own column in the Sporting News. Jones has 319 career saves, putting him 14th on the all-time list.

THE ASSOCIATED PRESS

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
y-Tampa Bay	95	62	.605	—
y-Boston	92	65	.586	3
New York	86	71	.548	9
TORONTO	**83**	**74**	**.529**	**12**
Baltimore	67	90	.427	28

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	86	70	.551	—
Minnesota	85	72	.541	1½
Cleveland	79	78	.503	7½
Kansas City	72	86	.456	15
Detroit	71	85	.455	15

WEST DIVISION

	W	L	PCT	GB
x-L.A. Angels	97	60	.618	—
TTexas	77	82	.484	21
Oakland	75	83	.475	22½
Seattle	58	99	.369	39

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
Philadelphia	89	69	.563	—
w-N.Y. Mets	87	70	.554	1½
Florida	81	76	.516	7½
Atlanta	70	88	.443	19
Washington	59	98	.376	29½

CENTRAL DIVISION

	W	L	PCT	GB
x-Chicago Cubs	95	61	.609	—
Milwaukee	86	71	.548	9½
Houston	82	74	.526	13
St. Louis	81	76	.516	14½
Cincinnati	74	83	.471	21½
Pittsburgh	65	92	.414	30½

WEST DIVISION

	W	L	PCT	GB
L.A. Dodgers	82	75	.522	—
Arizona	79	78	.503	3
Colorado	72	85	.459	10
San Francisco	70	87	.446	12
San Diego	61	96	.389	21

(w — teams currently holding wild-card spots; x — clinched division title; y — clinched playoff spot)

YESTERDAY'S RESULTS

AMERICAN LEAGUE

Texas 14 Oakland 4
Cleveland at Boston
Kansas City at Detroit
Tampa Bay at Baltimore
N.Y. Yankees at **TORONTO**
Chicago W. Sox at Minnesota
L.A. Angels at Seattle

NATIONAL LEAGUE

Atlanta at Philadelphia
Chicago Cubs at N.Y. Mets
Florida at Washington
Cincinnati at Houston
Pittsburgh at Milwaukee
Arizona at St. Louis
San Diego at L.A. Dodgers
Colorado at San Francisco

TODAY'S GAMES

AMERICAN LEAGUE

Tampa Bay at Detroit, 1:05
Cleveland at Boston, 7:05
N.Y. Yankees at **TORONTO**, 7:07
Chicago W. Sox at Minnesota, 8:10
L.A. Angels at Seattle, 10:10

NATIONAL LEAGUE

AArizona at St. Louis, 2:15
Chicago Cubs at N.Y. Mets, 7:10
Florida at Washington, 7:10
Cincinnati at Houston, 8:05
Pittsburgh at Milwaukee, 8:05
San Diego at L.A. Dodgers, 10:10
Colorado at San Francisco, 10:15

CFL

EAST DIVISION

	W	L	T	PTS
Montreal	8	4	0	16
Winnipeg	4	8	0	8
TORONTO	**4**	**8**	**0**	**8**
Hamilton	2	10	0	4

WEST DIVISION

	W	L	T	PTS
Calgary	8	4	0	16
Saskatchewan	8	4	0	16
Edmonton	7	5	0	14
B.C.	7	5	0	14

WEEK 14

TOMORROW'S GAME

Edmonton at Winnipeg, 8

SATURDAY'S GAMES

Calgary at **TORONTO**, 7
Hamilton at B.C., 10

SUNDAY'S GAME

Saskatchewan at Montreal, 1

NFL

WEEK 4

SUNDAY'S GAMES

Arizona at N.Y. Jets, 1
Minnesota at Tennessee, 1
Denver at Kansas City, 1
San Francisco at New Orleans, 1
Atlanta at Carolina, 1
Cleveland at Cincinnati, 1
Green Bay at Tampa Bay, 1
Houston at Jacksonville, 1
Buffalo at St. Louis, 4:05
San Diego at Oakland, 4:05
Washington at Dallas, 4:15
Philadelphia at Chicago, 8:15

MONDAY'S GAME

Baltimore at Pittsburgh, 8:30

SOCCER

GAMES FEATURING TORONTO FC:

SATURDAY'S GAME

Houston at **TORONTO**, 3:30

Hill looking towards 2009

Aaron Hill rejoined the Toronto Blue Jays yesterday with his head as clear as it's been in months after three weeks of total inactivity.

The second baseman has battled post-concussion symptoms since colliding with David Eckstein during a May 29 game at Oakland. He's been trying to get back to normal ever since, with no steady improvement until he completely shut down earlier this month.

Hill

"I've been doing nothing, it's great," said Hill. "I better feel good not doing anything right. The best off-season workout of my life is ahead of me. …

"I just can't wait to do something, it's going to be fun."

Hill's recovery has included numerous stops and starts, as he'd exercise and feel good one day but suffer headaches and nausea the next. The 26-year-old didn't help matters by routinely exercising "to stay sane."

He never really got past hitting the bike, running and very light baseball exercises, but once it became clear last month that he wouldn't recover in time to play this season, he shifted his focus toward being ready for 2009.

A meeting with a neurologist today should confirm his progress, and perhaps give him the green light to resume physical activity.

THE CANADIAN PRESS

FAST TRACK YOUR CAREER

triOS COLLEGE
BUSINESS ◆ TECHNOLOGY ◆ HEALTHCARE

POLICE FOUNDATIONS
1-866-482-3162

Toronto Campus: 425 Bloor St. East
Mississauga Campus: 55 City Centre Dr.
Oshawa Campus: 360 King St. West

No Matter Where You Call, No Matter What You Pay, Comwave Will Beat It... Guaranteed!
Even if you are paying less, call us and we'll beat it... GUARANTEED!

Middle East
JORDAN 4¢ LEBANON 9¢
SaudiArabia 3.9¢
Syria 18.9¢
U.A.E. 19.9¢
Egypt 14.9¢
Iran 3.9¢
Israel 2.9¢

Latin America
COLOMBIA 3¢ URUGUAY 7¢
Argentina 2.9¢
Brazil 2.9¢
Cuba 85¢
Ecuador 12.9¢
Haiti 16.9¢

Africa
KENYA 6¢ SOMALIA 49¢
Algeria 7.9¢
Libya 24.9¢
Morocco 18.9¢
Nigeria 6.9¢
Niger 13.9¢

South Asia
INDIA 6¢ PAKISTAN 5¢
Afghanistan 24.9¢
Bangladesh 3.9¢
Nepal 7.9¢
Sri Lanka 11.9¢

Fully Featured Home Phone Lines

2 Great Plans

iPhone Enhanced $14.95 Unlimited Local Calling

iPhone One Rate $29.95 Unlimited Long Distance to Canada and USA

- Caller ID
- Voicemail
- Call Forwarding
- Call Waiting
- Keep Your Existing Phone Number
- Free iPhone to iPhone calls WORLDWIDE!

And Much More!

Call Now And Get One Month Of Phone Service FREE

$5 /month Unlimited Calling To Anywhere In Canada
You can even call from your cell phone!

Limited Time Offer
Call Now And Get Free Long Distance To Anywhere In The World $25

Call Long Distance Even From Your Cell Phone
- No need to cancel your service provider.
- $10 Free Long Distance for every friend you refer.
- No Contracts.

comwave
1-866-410-3055
www.comwave.ca

La Cache
by
April Cornell

Is liquidating all inventory:

apparel, linens, accessories, jewelry, gift ware, furniture and all store equipment.

The following locations will close their doors by the end of September:

White Oaks Mall, London
Upper Canada Mall, New Market
Maple View Mall, Burlington

The Bloor and Yonge street stores are offering the same savings.

Everything must go!

From

30-70% Off

Giants suspend Burress

Super Bowl star Plaxico Burress was suspended for one game by the New York Giants yesterday for missing a workout. THE ASSOCIATED PRESS

The comeback trail

Lance Armstrong won his first seven Tour de France titles with Johan Bruyneel as his team director. No way would he try for No. 8 without him.

Armstrong said yesterday he will ride for Bruyneel's Astana team as he seeks to win the 2009 Tour and will compete in the Tour Down Under in Adelaide, Australia, in January.

"While we looked at other teams and talked to other teams, as a friend and as a longtime partner and as somebody that really trusts Johan on every little decision in the program, I could not ever imagine racing against him or racing without him," Armstrong said.

Kazakh Cycling Federation deputy chief Nikolai Proskurin said that Armstrong agreed to ride for the Kazakhstan-based team for free the first year and has signed up to take part in five races, including the Tour de France. The 37-year-old Armstrong said he has committed only for next year, but he wouldn't rule out competing beyond 2009.

ROBERT LABERGE/GETTY IMAGES

Lance Armstrong has confirmed his return to the world of cycling.

Armstrong is also adding a new member to his team: Anti-doping expert Don Catlin, who will run a program to regularly test Armstrong.

"I think it's the first time an athlete can actually be totally validated on the chance he's successful," he said. "In my opinion, Don Catlin is beyond reproach."

What Armstrong's Astana team will look like is unclear. Alberto Contador, the 2007 Tour de France champ, might already be looking for a new team. In a statement released by Astana yesterday, Contador was conciliatory, but didn't commit to remaining on the team. He won the Spanish Vuelta on Sunday. THE ASSOCIATED PRESS

BIO-FEN® PLUS

BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia *(AGA)* in adults ***(male or female pattern baldness.)*** It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

What causes hereditary hair loss?

Each hair grows from a pocket in the skin called the hair follicle. During its growing phase, the follicle has a bulb-shaped bottom, the center of which is called the dermal papilla. The papilla is fed by very small blood vessels, which bring it food & oxygen and remove wastes. The papilla is highly sensitive to hormones and chemicals secreted by the body *(or ingested as a medicine)* which impacts hair growth.

It is believed that some individuals have a genetic predisposition to a receding hairline *(most common in men)* or hair/follicle thinning over larger areas of scalp *(more common in women)*. These conditions result from hormonal changes caused by an enzyme in the dermal papilla called 5-alpha-reductase. This enzyme breaks down the hormone testosterone into dihydrotestosterone *(DHT)*.

Over a period of time, an over abundance of DHT causes the hair follicle to degrade and shortens the active phase of the hair, eventually leading to thinner hair and eventual hair loss.

How does BIO-FEN PLUS™ *work?*

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase *(and therefore reduce DHT)* to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as Propecia *(finasteride)* work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste. **Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants.** As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.

How safe is BIO-FEN PLUS™ *?*

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ *?*

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices *(GMP)*. This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health Food Store or Pharmacy that offers BIO-FEN PLUS™ and other quality products from Hair Grow Technology. If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

Each BIO-FEN PLUS™ *capsule contains (mg/capsule):*

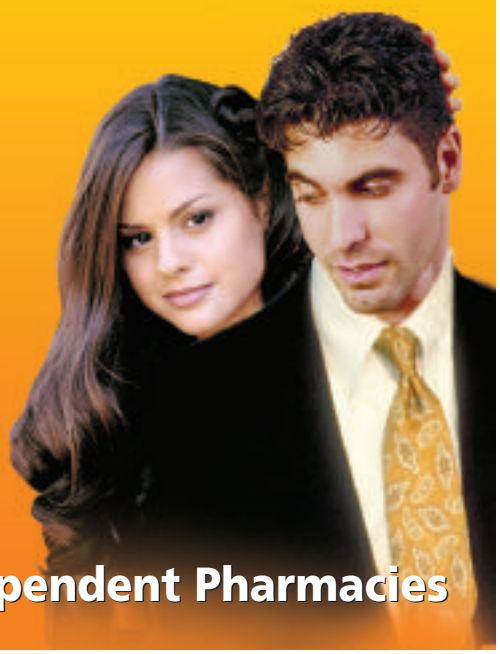
Fenugreek *(Trigonella feonum graecum)* seed extract 4:1	260 mg
Saw palmetto berry extract contains 45% powder, esters & sterols	160 mg
Flax lignans, standardized to 20% secoisolariciresinol diglucoside *(SDG)*	100 mg
D-calcium pantothenate *(Vitamin B5)*	10.40 mg
Niacinamide *(Vitamin B3)*	10.25 mg
Pyridoxine HCl *(Vitamin B6)*	2.00 mg
Riboflavin *(Vitamin B2)*	1.58 mg
Folic acid	0.095 mg
Biotin	400 mcg

Non-medicinal ingredients: inert microcrystalline cellulose and vegetable-based magnesium stearate in a veggie-based capsule.

Recommended adult dose:
. . . . . .one capsule per day

Hair Grow Technology Inc.

1-866-424-7745 • www.biofen.com



Available at Health Food stores and Independent Pharmacies

Sharks give Murray a four-year contract extension

Defenceman Doug Murray agreed to a four-year contract extension with the San Jose Sharks yesterday, a few hours before the club's exhibition opener. The physical defenceman had one goal and nine assists in 66 games, with a plus-20 rating and 98 penalty minutes. THE ASSOCIATED PRESS

Lions finally fire Millen

Matt Millen insisted he would stick with the tough job of turning the Detroit Lions into a winner instead of returning to the broadcast booth to make easy money.

So the Lions got rid of him.

Finally.

The Lions fired Millen seven-plus years after the acclaimed TV analyst and Super Bowl-winning linebacker took over as team president for one of the NFL's mediocre franchises and made it the worst.

"I have relieved Matt Millen of his duties effective immediately," Lions owner William Clay Ford said in a statement yesterday afternoon.

Messages seeking comment were left on Millen's cellphone. Millen's teams won a league-low 31 games since he took over in 2001, but his boss refused to get rid of him until now.

Bill Ford, son of the team owner, said Monday he would fire Millen if he had the authority.

Detroit was routed in each of its first three games this season, falling behind 21-0 twice and 21-3 once en route to lopsided losses.

"I am very disappointed with where we are as a team after our start this season," Ford added in his statement. "Our sole focus now is preparing for our next game against Chicago."

The 0-3 record dropped Millen to 31-84 overall, giving the Lions at least 10 more losses than any other NFL team since 2001, one of the worst stretches in league history. They gave up a league-high 25.3 points and ranked 30th with 18.3 points a game under Millen, according to STATS.

THE ASSOCIATED PRESS

TOM PIDGEON/GETTY IMAGES

Detroit Lions fans finally got what they wanted as the club fired general manager Matt Millen, right, yesterday. Since Millen took over the club in 2001 the Lions have won a league-low 31 games.

Man City shocked in Carling Cup

SOCCER Manchester City was dumped out of the Carling Cup by third-tier club Brighton yesterday, a day after the newly enriched English Premier League outfit was bought by a member of Abu Dhabi's royal family.

Chelsea had no such trouble at Portsmouth, cruising into the fourth round with a 4-0 win, while Tottenham began its title defence with a 2-1 victory at Newcastle. Championship side Queens Park Rangers ousted five-time champion Aston Villa 1-0.

THE ASSOCIATED PRESS

Make her wish come true.
For less than you ever imagined.

One Child Flies FREE!
when booking a Disney Vacation with Nolitours
Offer is available for bookings made by October 7, 2008 for travel January 1 to February 8, 2009.*

DISNEY VALUE RESORT HOTEL ★★★
Disney's Pop Century Resort
Disney's All-Star Resort
7 nights
Thu/Fri, Jan 8, 9, 22, 23, 29, 30
Saturday departures add: $50
Add taxes $157

ADULT $599 CDN
1ST CHILD PAYS TAXES ONLY!
1ST CHILD 3-9 $157 CDN
2ND CHILD 3-9 $319 CDN

PACKAGE INCLUDES:
Roundtrip airfare from Toronto to Orlando, 7-nights accommodation in a Disney Value Resort Hotel, complimentary transfers & more.

Magic Your Way
Buy your *Walt Disney World* Theme Park tickets and your *Disney Dining Plan* before you leave home!
Magic Your Way Tickets Adult $37 Child (3-9) $32 per day based on 7-Day *Magic Your Way* Ticket
Must be booked in conjunction with a Nolitours Vacation Package
Disney Quick-Service Dining Plan Adult $30 Child (3-9) $10 per person, per night
Must be booked in conjunction with a Nolitours Vacation Package

What will you celebrate? Walt Disney World
NOLITOURS

CONTACT YOUR TRAVEL AGENT.
marlin travel 1-877-888-1717 | Carlson Wagonlit Travel 1 800 CARLSON | travelplus | Sears travel | tripcentral.ca 1.800.665.4981
OR
WWW.NOLITOURS.COM

*Nolitours Offer: One child flies free ages 3-9 yrs with each two paying adults when staying at a Disney Resort Hotel. First child pays taxes only. As to Disney Photos, logos and properties: ©Disney. Flights are from Toronto via Air Transat. Prices shown are per person in Canadian dollars, based on double occupancy. Taxes and travel related fees are additional as noted above. For full terms and conditions and insurance refer to the Nolitours Florida brochure. Nolitours is a division of Transat Tours Canada Inc., a member of Transat A.T. Inc., and is registered as a travel wholesaler in Ontario (Reg no. 50009488)

PROVEN HAIR REMOVAL
Call for your FREE CONSULTATION today!
416-480-1700
181 EGLINTON EAST, SUITE 207, TORONTO

MEN'S HAIR REMOVAL
BEFORE
AFTER
MEDI SPA SERVICES FOR MEN AND WOMEN:
Laser Hair Removal - Elos, Electrolysis and Wax
Anti-aging – Wrinkles, Scars, Sunspots, Age Spots and Vein Therapy
Photo Facial RF | Chemical Peel | Microderm | Permanent Make-up
PROVEN SKIN RENEWAL & VEIN REMOVAL
We use the latest technologies which works wonders on all hair and skin colors.
SPECIAL OFFER
Hair removal for women
Face $125 • Legs $285 and up • Bikini line $154
Hair removal for men
Back $285 • Chest & Abd. $215 and up
Above prices as a package. Expires Sep 30/08
Bring a friend...
IMD LASER HAIR and SKIN CLINIC
Member of American Society for Laser Medicine. | California Board Certified 1981 www.imdlaser.com

MEN & WOMEN NEEDED
We are looking for healthy volunteers to participate in clinical studies

You may be financially compensated up to $2500 upon completion of the study
If you are 18 to 55 years old and want to see if you qualify please contact us
416.759.5554
1.866.759.5554
PHARMA MEDICA RESEARCH INC.
www.pharmamedica.com

Metro Homes

A METRO JOINT VENTURE WITH: dreamhomes & CONDOMINIUMS

Get it in writing

LegalMatters

Jeffrey D. Cowan
jeff@cowanandtaylor.com

Q I purchased a condo from a developer and the sales person at the presentation centre made some promises of upgrades to prompt my purchase. I have just completed my Pre-Delivery Inspection and the upgrades are not there. When I questioned the representative who was walking me through, they stated they had no record of any of these promises. What should I do?

A You raise a couple of very important points when you are buying new real estate. The first is that purchasers should realize that the sales representatives that walk you through the purchase process do not work for you. They are often commissioned sales people for the developer. Also, the opening of a new development is usually charged and busy and potential purchasers are pressured into acting immediately if the properties are selling quickly.

I have had several clients who have been promised certain items in order to entice them into signing an agreement of purchase and sale. Sometimes, when they return to the sales centre a few days later, the salesperson is no longer 'with' the developer and the promises turn out to be empty. This is why I stress with all my clients that if they want anything out of the ordinary for their new home that it be put in writing and incorporated into the agreement of purchase and sale and signed off by the appropriate signing officer for the developer.

It is often a good idea to have your real estate agent accompany you to the sales centre to help you avoid some of the pitfalls and perhaps more importantly, act as a sounding board. In fact, contained in virtually every agreement of purchase and sale, whether it is for a new home or a resale, is a clause that explicitly states that the written document contains the entire agreement and there are no representations either verbal or otherwise on which any party relied other than expressed in writing in the agreement.

The developer will point directly to this when you come back to him and state that you had been promised something by his sales representative that is now not available.

Contracts for the purchase and sale of real estate are binding agreements and must be read very carefully. If it's not in writing, you can't rely upon it.

Rearranging: The poor man's reno

ArrestingDesign

Jeffrey Fisher & Tammy Schnurr
busted@arrestingdesign.com

Does your home need a boost, but you're not keen on spending cash to do it? The design team knows a great way to do this — consider rearranging your furniture. Don't laugh — it's true! Moving your furniture around can dramatically improve a room, especially if the original layout did not make the most of the space.

Other advantages are (need we say it?), it's inexpensive and requires only elbow grease. And you can afford to make mistakes. If you don't like the results, you can always move things around again.

What could be easier? It's the perfect laboratory for your furniture placement experiments!

Here are some hints.

Before you start, think very clearly about the purpose(s) of the room. For example, if your television room also serves as a yoga studio, you must define precisely what these two purposes require — no more and no less. Just include those items and move out those things that don't fit.

After you've decided what must fit into this room, get out a pad, pencil, ruler and eraser and let your imagination take over. Of course, you must not forget to measure the dimensions of furniture and of the room to make sure your fantastic designs will work. (You can do this with the help of graph paper — choose a scale that works for the space. For example, one square on the grid may equal one square foot.) Also consider electrical outlets on the wall and other architectural details that may limit the layout possibilities.

As you are sketching, consider other useful design guidelines. One is that furniture should not block traffic flow. Another is that pathways through the house, from one room to another, should be at least three feet wide. In addition, the space between sofa and coffee table should not squish knees — around 18 inches is the right distance. Place large items first and try to balance "weight." For example, if you place a large object such as a china cabinet on one side, balance it off by placing another large object or a series of smaller ones on the opposite side of the room. When you place chairs and sofa, keep them in a setting that is comfortable for conversation. Usually this is a semi-circular or circular grouping in which the chairs and sofa face each other or are directed toward each other. Don't be afraid to set chairs and sofas at angles — it adds visual interest. If the grouping includes a coffee table, the seats should be no more than eight feet apart at the most. Anything more than that, and you and your guests will start to shout at each other across the room. If your room is large, consider several separate groupings. Don't put all your furniture along one wall or your space will feel like a bowling alley. Also avoid lining the walls with furniture, particularly in a large room —it will feel as if you're back at your high school dance in the gymnasium.

A room should have one major focus, such as a fireplace, window, a bed or some other large dominant feature. You may have other minor focuses in the room, but they should not complete with the main one.

And remember you can change the focus of the room depending on the season — the fireplace in winter and a large window with a great view of the green backyard in the summer, for example.

A room needs a focal point, whatever it is.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.

UPPER DANFORTH Village

Experience Centre
8 Pilkington Drive, Scarborough

Mon.–Thurs.: 1p.m.–8p.m.
Fri.: 12p.m.–5p.m.
Weekends & Holidays:
11a.m.–6p.m.

Phone: 416.686.3165

SCARBOROUGH
SEMIS & TOWNHOMES AVAILABLE!

SEMIS FEATURE:
- Hardwood flooring on Main Level in lieu of carpeted areas
- 2 Oak finished staircases - See Sales Representative for details
- Finished basement as per plan
- Finished bathroom in basement as per plan

TOWNHOMES FEATURE:
- Tandem garage (parks 2 cars)
- Sundecks included in all designs
- All four-bedroom designs
- 2½ & 3½ bathroom designs
- Minutes to shopping, restaurants and amenities
- Steps from the **TTC & Subway**

THOUSANDS IN FREE EXTRAS** – ON SELECT LOTS!

Townhomes from
$315,990
Semis from
$421,690
Singles from
$507,290

monarchgroup.net

Monarch

**Extras noted above are as per plan and as specified by vendor. Some restrictions may apply. Extras to be chosen at Monarch's Home Design Studio. Please see Sales Representative for details. Prices, specifications and promos are subject to change without notice. E.&O.E. September 25, 2008.

Decor

Read more in the October issue of STYLE AT HOME magazine.
ON SALE NOW! styleathome.com | CANADA'S styleathome

Bath book

Modern style for a traditionalist

HOME LIBRARY Bathrooms: Just Add Water by Terence Conran, $40, Conran, hardcover, 224 pages. "I'm always pleasantly surprised when contemporary design catches my eye, as I'm usually drawn to more traditional styles. Conran consistently provides aspirational design ideas for contemporary spaces, including the bathroom. Here, that means dynamic colour and tile applications. Plus, there's design and layout advice, as well as tips to help with all those finishing details."

— CHRISTINE HANLON, DESIGN EDITOR

Soap story

Daub & Bauble dishes out style

HOME & STYLE We believe in inner beauty, but we're also suckers for pretty packaging. Daub & Bauble's strikingly scented hand washes, lotions and dish soaps have both covered. Daub & Bauble's Arriba Cacao and Spice hand lotion with shea butter, left, $12, and hand wash with aloe, $11, in ceramic kitchen and bath caddy, $16, Candym Enterprises, 800-263-3551 for retailers.

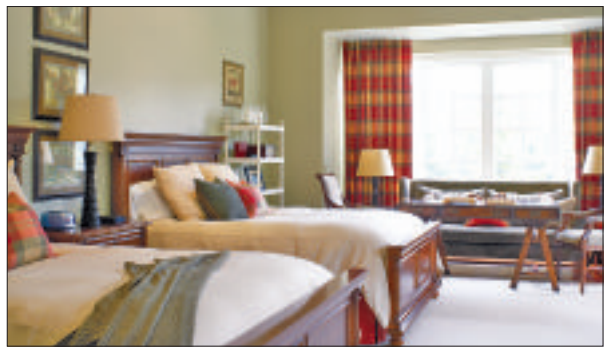
— BRETT WALTHER

Creating room to grow

Kimberley Seldon designs a boys' bedroom that will work for years to come

Where space allows, a child's bedroom can be so much more than a place to sleep. When my clients, a young couple with four boys, set out to decorate this bedroom, they dreamed of a cosy environment for their two preteen sons.

Ideally, they wanted a room the boys could grow into, rather than out of, thus avoiding the expense of more redecorating a few years down the line. Owing to its generous size, the redesigned bedroom will comfortably provide space to play, rest and work for years to come. — WRITTEN BY KIMBERLEY SELDON



TED YARWOOD

Above, this "before" image shows the room when it was done in a faux blue-denim finish. Kimberley advises that while it's tempting to start with a paint finish, that's usually a mistake; paint colour is typically one of the last decisions she makes on a design project. Left, the room after being transformed into a cosy but classical space.

Get the look **Bringing home the spare beauty of an inspiring bathroom**

IAN BALDWIN

If pared-down simplicity is your thing, check out this spare and beautiful bathroom in Harmonious Home by Judith Wilson (Ryland Peters & Small, 2008). Neutral walls of creamy tumbled-marble mosaic tile are an ideal backdrop for the increasingly popular unadorned floating vanity cabinet, shown here in a gorgeous walnut with a concrete top. Fill glass vases with seashells for an additional hit of natural texture.

— WRITTEN AND PRODUCED BY CHRISTINE HANLON

Crema Marfil tumbled-marble tiles (10 x 20 mm), $35 per square foot, Saltillo Imports.

Molger bath caddy, $10, IKEA.

Assorted natural beach shells, $24, square bud vase, $18, square long vase, $54, Pottery Barn, *pottery barn.ca* for stores.

Malm mirror, $139, IKEA.

Borma polished-chrome wall-mounted faucet, $676, Ginger's.

PRODUCT PHOTOGRAPHY BY DANIEL HARRISON

Allegra Hicks adds her beachy boho-chic style to a new homewares collection

HOME & STYLE Known for making the eclectic electric, British designer Allegra Hicks applies her organic-inspired, beachy boho-chic style to a new homewares collection. Shown at right, Allegra Hicks Homewares Collection brown-stained oak trays with red enamel handles, from $275 each, solid bronze candlesticks, $295 each, journal, $60, photo album, $145, wool throw, $350, cushion, from $220, Allegra Hicks, *allegrahicks.com* to order; At Design Group, Toronto, 416-323-0323, online at *atdesign home.com*. — BRETT WALTHER

Evergreen™
IT'S OUR NATURE.

Model Home – Grand Opening This Weekend!

Freehold Townhomes & Singles!

- Extra Deep Lots up to 149' deep
- Main Level Engineered Hardwood Flooring
- Oak Stairs in Natural Finish
- Central Air Conditioning
- 5 Appliances
- Easy Access to GO Transit

PLUS

Limited Time Only – Model Opening Bonus

- Granite & Bedroom Level Engineered Hardwood flooring or $12,500 cash back (excluding end/corner unit townhomes)*

Experience Centre
1 Jeanette St., Scarborough
Mon.–Thurs.: 1p.m.–8p.m.
Fri.: 12p.m.–5p.m.
Weekends & Holidays:
11a.m.–6p.m.
Phone: 416.261.0707

Townhomes from $360,990
Singles from $487,990
monarchgroup.net

Monarch

*Terms and restrictions apply, please see sales representative for details. TBonus offer for granite counter tops is for ground level only. Prices and specifications are subject to change without notice. Renderings are artist concept and images are for mood and impression only. The ENERGY STAR Trade Symbol does not imply certification of this organization or its products. The ENERGY STAR® registered marks are administered and promoted in Canada by Natural Resources Canada. Project "registered under LEED® for Homes" E.& O.E. September 25, 2008.

BE SEEN ON QUEEN

OPENING OCTOBER 4TH AT 12:00 NOON SHARP!

BE part of Toronto's most eclectic neighbourhood. Queen Street West is the best place to stroll, shop, dine, amuse and entertain – and Bohemian Embassy is at the heart of it all.

NEW RELEASE

LOFTS, PENTHOUSES AND TOWNHOMES

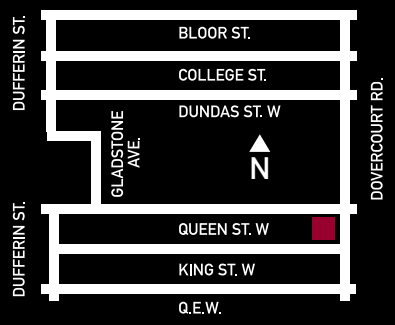
FROM THE MID $230'S

TO CELEBRATE THIS EXCITING PHASE 2 RELEASE – YOU COULD WIN A FREE PARKING SPACE VALUED AT $25,000*

COME SEE OUR NEWLY DECORATED MODEL SUITE

NOW UNDER CONSTRUCTION

416-516-1212
Bohemianembassy.ca



Presentation Gallery:
NEW RELEASE OPENING
OCTOBER 4th at 12:00 NOON

Hours:
Mon – Thurs Noon - 6pm
Sat & Sun Noon - 5pm

Baywood HOMES

BOHEMIAN EMBASSY
flats & lofts

New dreamhomes & condominiums Magazine
To learn more about new homes real estate, pick-up your FREE copy of New dreamhomes & condominiums Magazine at your nearest DreamBox.

Furniture store corners the market

The recent closing of Elan, a furniture store on the Danforth, had a silver lining for its neighbour, Corner Lot Home Decor.

Owner Chris Collins was able to offer a job to an employee with over 10 years of experience selling furniture and make her his manager.

Collins would have preferred that Elan, and at least two other neighbourhood furniture stores — victims of skyrocketing rent — hadn't closed because he likes people to be able to shop around.

"I think competition is good," Collins, 38, says.

Formerly called Design by Asia, the store is undergoing a metamorphosis. Design by Asia has now become his wholesale business, focusing on lacquerware and spa products, which he will phase out of the store.

The name change reflects the store's shift to small-scale furniture, supplied by Decor-Rest, a Canadian furniture manufacturer based in Woodbridge and in business since 1972.

Corner Lot's new manager, Teresa Hains, spent 35 years teaching, so it's no surprise she loves "educating" customers. It builds trust.

She still supply teaches part-time and works in the store a few days a week — though if Collins gets too busy with the wholesale business, he says he'd love to have her work full-time, as his wife Wendy works full-time as a business analyst at Royal & SunAlliance Canada.

"I was immediately captivated by their product."
Chris Collins on the Spun Bamboo line

He says he admires Hains' professionalism. She wanted to see how the furniture is made, so together they visited the manufacturing plant.

"I was hugely impressed," she says.

The factory has "cutters" who specialize in fabric and ones who specialize in leather. Fabric on the frame under the cushions goes all the way back, rather than being just a strip along the edge. That extends the life of the sofa, she explains.

Collins says Hains' experience has been invaluable; she knows the area's customers and the houses they live in. She also queries customers as to their living conditions to help them make the right choice. If they have children or pets, she recommends durable fabrics. Older folks? They need a sofa with support.

Collins says his customers had been asking for Canadian-made furniture and he was happy to supply it.

"It's not 'crapmanship,'" Hains offers, alluding to the cheaply made offshore products that have been devastating the Canadian furniture market.

As well, delivery times are shorter since the factory is nearby; turnaround time is four to six weeks. Even furniture manufactured in the United States involves cross-border shipping and its attendant costs and delays. If there's a problem with an order from Corner Lot, it can be solved locally and quickly.

This Decor-Rest sofa and loveseat, suitable for small-space living, are available at Corner Lot Home Decor.

Corner Lot carries no sofas longer than 84 inches — considered normal size — except for sectionals. Condo-sized sofas start at $1,099. Fabric upgrades go up by $50, leather goes up by $200 per grade.

Sectionals can be expanded with matching pieces over time.

Customers can, by appointment, go to the showroom at Decor-Rest (511 Chrislea Rd., Woodbridge) to peruse the full line of furniture and fabrics. The manufacturer has teamed up with the Designer Guys Steven Sabados and Chris Hyndman. About nine of the 12 Decor-Rest pieces that Collins carries are from the Steven and Chris line.

All Decor-Rest sofas, which have frames made from air-dried Canadian maple and birch, come with lifetime warranties on the frames and springs.

The store also carries sofabeds with four-inch mini-coil mattresses on a trampoline base to make them more comfortable. Prices start at $1,199 for a double, $1,399 for a queen. Corner Lot also has a Chair Gallery Program. Twelve different styles of living-room-style chairs are available for $599 per chair.

They're made of Canadian hardwood and come in a choice of about 50 fabrics.

Dining tables have extra leaves, so that a six-person table can expand to seat eight or 10.

Corner Lot's ottomans do double and triple duty with hidden storage; some have top cushions whose flip-side is a tray.

A striking addition to the store is a line from Spun Bamboo, which ranges from art pieces to unique vases to tables and stools. Collins says his is the only Canadian store carrying the handmade, sustainable pieces from northern Thailand.

"I was immediately captivated by their product," he says. So, apparently, are some local restaurateurs and TV series, which rent individual pieces.

They range in price from $50 to $2,000 and come in hues of natural, red, spring green and black.

TORSTAR NEWS SERVICE

• Charming enclave of executive townhomes
• Gourmet kitchens with granite counters • Spa ensuite
• 9 - foot main floor ceilings • Hardwood floors
• Oak stairs • Lakeside walking trails nearby
• Short walk to the GO and minutes from the QEW
• Thornridge is committed to the environment - our homes are Energy Star-approved!

www.thornridgehomes.com
Call (905) 855-9393

Hours: 11am - 6pm daily
Closed Friday

ENERGY STAR PARTICIPANT

Up to 2,400 sq. ft.
$419,900 - $569,900

Thornridge HOMES

*Prices and specifications subject to change without notice. Illustrations are artist's concept. E.&O.E.

Fabulous architecture.
An ideal location.
A Context Development.

THE UncommonMarket

series no.7 / September 2008

MARKET WHARF

OWN THE LAKE

at the St. Lawrence Market!
Condominiums from $300,000's
from the 9th floor up!

Look! Imagine a bird's eye view of BREATHTAKING VISTAS OF BOTH THE LAKE AND CITY from every tower unit. To the south a playground based in nature and the tranquility of Lake Ontario. Turn a corner and watch the city come alive with a vibe of exciting urban architectural horizons.

NOW OPEN! marketwharf.com 416.861.8181

1 Market Street Toronto M5E 0A2 • Mon–Thurs 12–6pm • Sat & Sun 12–5pm • Closed Friday

Exclusive Listing Brokerage Baker Real Estate Incorporated. Brokers protected. Prices and specifications subject to change. E. & O. E. Illustration is artist's impression.

DIFFERENT BY DESIGN.

CONTEXT.CA

New dreamhomes & condominiums Magazine
To learn more about new homes real estate, pick-up your FREE copy of New dreamhomes & condominiums Magazine at your nearest DreamBox.

Like it or not, winter's coming

Take steps now to protect your house from cold weather

Winter brings cleansing rains, billowing snow, crystal clear star-filled evening skies and energy bills that can choke a horse. So, as beautiful as the season might be, it's a good idea to spend the rest of the fall getting ready for it.

AP PHOTO/LOWE'S

Weatherstripping being applied to a door frame. Preparing your home for winter now can protect your home and pocketbook once winter arrives.

Heating

Changing your furnace filter isn't difficult or expensive and it makes good sense. However, there are furnace service and maintenance issues that, if left unchecked, can prove far more costly. Yes, change the filter, but be aware that the biggest single energy culprit in a central heating system could be something as simple as a duct leak. Leaky ducts can spew hundreds of dollars worth of heat (or air conditioning) into your attic or crawl space. Is your basement overheating? It could be a leaking duct. You can hire a heating contractor to test your system, but first search out leaks yourself. If ducting is insulated and it should be, then pull back the insulation at locations that appear to be junctions, or where ducting is bent or dented. Once you have done all you can to ensure you have no leaks, have a heating contractor come in and perform a pressure test.

Insulating heat ducts

Duct insulation is actually a pretty recent code requirement. You may well have ducting that is well sealed, but if it isn't properly insulated you will pay more for your heating than your neighbour who has taken the time to insulate. Duct insulation that's 2.5 centimetres thick is sold in 30-centimetre-wide rolls and is easy to install.

All you need to do is wrap and overlap: While wrapping the insulation around your ducting, just make sure it overlaps a few centimetres. When you get to the end, lace a nail through the last overlap to hold the insulation in place.

Any medium-size nail will work. While insulating duct work in itself is easy, a lack of working space — say, a crowded attic or crawl space — can make the chore difficult. Still, it beats struggling to pay your utility bill.

Leaks of all kinds

Home maintenance websites abound with tips on sealing and caulking, the use of expandable foam and how to check and replace weather stripping at doors and windows. Unfortunately, the list of items is so long that most of us don't take the time to get half of it done.

Also, some people think caulking and sealing lasts for years ("Hey, the caulking is guaranteed for 50 years").

Not! The caulking may be guaranteed, but your home isn't. Homes shift as the ground expands and contracts from changes in moisture season to season. So, here's the list one more time and just for this season:

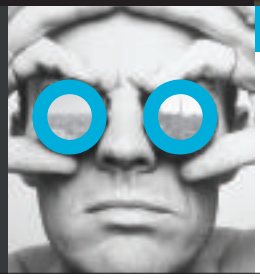
- Caulk all exterior doors and windows where the exterior siding meets the trim and where the trim meets the window frame.
- Caulk all joints and gaps in exterior siding and trim and where the siding meets the foundation.
- Weather strip all windows and doors. For windows, be sure to remove the moving section first, so that the weather stripping is fully accessible.

For doors, be sure to check the bottom. Hold a flashlight at the bottom of the door at night. If you can see the light from the inside the weather stripping needs adjustment or replacement.

- Seal plug and switch covers at all walls, both exterior and interior. For 25 cents a piece, you can radically reduce air infiltration.
- If you have an older home, remove interior door and window trim and fill the gap between the window or door frame and the house frame with expanding foam sealant. Caulking alone on the outside will not do the trick.

THE ASSOCIATED PRESS

The 500
CONDOS + LOFTS
NOW UNDER CONSTRUCTION
ON SHERBOURNE ST SOUTH OF BLOOR
LOVE LOFT LIVING

Lake View Suites
CONDOS from low $200's | LOFTS from low $300's

THE 500
ADELAIDE STREET EAST
SALES CENTRE
FREDERICK STREET
SHERBOURNE STREET
KING STREET EAST
Presentation Gallery and Model
located at: 317 Adelaide St. East
Hours: Mon - Thurs 12 - 6pm
Saturday & Sunday 12 - 5pm
Milborne Real Estate Inc. Exclusive Broker
Prices and specifications subject to change. E. & O.E.
TG TIMES GROUP CORPORATION
COOL...
COSMOPOLITAN...
CONNECTED...
the500condos.com
416-960-0606

King·West

Register to Preview
TOWER 2
NOW!

Photographed in our 1,323 sq ft, 2 Bedroom + Den Model Suite

BIGGER SUITES!
Full-sized kitchens, full-sized bathrooms, full-sized suites, up to 1400 sq. ft.

BETTER FEATURES!
Engineered hardwood floors, granite & marble counters, undermount sinks, premium cabinetry, stainless steel appliances, fireplaces, designer fittings & fixtures, all included.

EXCEPTIONALLY WELL PRICED!
1 Bedroom + Den
INCLUDING parking & locker
from $276,900.

2 Bedroom/2 Bathroom SOHO suites
INCLUDING parking & locker
from $289,900.

2 Bedroom + Den
INCLUDING parking & locker
from $389,900.

CONDOMINIUMS
in Liberty Village

BROKERS PROTECTED

Prices & specifications subject to change without notice. E. & O.E.

Winick Realty Corp., Brokerage

Artist's Concept

A PLAZACORP DEVELOPMENT
plazacorp.com

kingwestlife.com

New dreamhomes & condominiums Magazine
To learn more about new homes real estate, pick-up your FREE copy of New dreamhomes & condominiums Magazine at your nearest DreamBox.

ADVERTISING FEATURE

Models open at Upper Thornhill Estates

Purchasers now have a chance to view all four unique home designs offered in this beautiful community by walking through the model homes currently on display amongst the rolling hills of the City of Vaughan.

Be the first to experience the Townwood difference as you step through the doors of the 2,570-square-foot Hill House model, with its nine-foot main floor ceilings and elegant main floor oak staircases. Or why not stroll through the 2,760-square-foot Kirkstone Manor and be amazed by its sweeping circular staircase running from the finished basement foyer through the double volume entranceway?

Homebuyers seeking a larger home will love the Ashwood Hall model. This beautifully designed two-storey home boasts 3,030

square feet of Townwood quality, including a beautiful bright kitchen and breakfast area featuring a soaring cathedral ceiling. For those with even bigger eyes, the Fern Cottage is the largest of the model home grouping, sizing up at 3,170 square feet and offering an extra large gourmet kitchen, main floor private library and an option for a fifth bedroom.

At Upper Thornhill Estates, you will discover homes set on large 42-foot lots – with designs that radiate traditional elegance. Priced from the upper $500,000s, these stunning homes have been specifically designed to grace this exquisite natural setting in one of the GTA's fastest-growing communities.

Offering two distinctive home series, you can chose between a selection of fine appointments to personalize your home with finishings that will make you the envy of your friends and family.

The Signet Series showcases silestone kitchen counters, first upgrade kitchen cabinetry, nine-foot main floor ceilings, cornice moulding for the living and dining rooms, 5¼-inch colonial baseboard, oak main floor staircases with 1¾-inch pickets, hardwood flooring in the living room, dining room, family room, master bedroom and upper hallway, plus $7,500 in free upgrades to be used at the Home Finished Centre.

The Estate Series offers the trademarked Eco-Eclipse energy-saving package as well as nine-foot ceilings on the second floors, extra height basement ceiling heights, plus an exclusive kitchen package that features built-in cabinets and stainless steel appliances by Wolf, Sub-Zero and Asko.

The sales office for Upper Thornhill Estates is located on Lady Nadia Drive, off Bathurst Street and south of Teston Road. Hours of operation are Monday to Friday from noon to 8 p.m.; Saturday, Sunday and holidays from 11 a.m. to 6 p.m.

Call 905-832-5202 or visit online at townwoodhomes.com for more information.

ULTRA

NORTH YORK
NOW OPEN!

UltrΛ. Life at the top.
A breathtaking sleek and new glass tower soaring 38 storeys over Highways 401, DVP and Fairview mall. Offering exhilarating panoramic views of the city and beyond.

UltrΛ

Mike Niven designed model suite open for viewing!
Stainless steel kitchen appliances*

from the
$170,000's

Sales Centre
265 Yorkland Rd.
(Sheppard & Yorkland), North York
Monday – Thursday:
12:00 noon – 6:00p.m.
Closed Fridays.
Weekends & Holidays:
12:00 noon – 5:00p.m.
Phone: 416.494.7679

red
at Eglinton

SCARBOROUGH CITY CENTRE

Your red hot connection to cool condominium living at Scarborough Town Centre with more than 1,300,000 square feet of fabulous shopping, dining and entertainment venues. This Soaring 40-storey condominium tower will offer spectacular views and is only steps to the Scarborough SRT. Great value in a great location.

$3000 in upgrades* on 1 bed and 1 bed + den suites
$5000 in upgrades* on 2 bed and 2 bed & den suites

Red

from the
$170,000's
Own for $888/month**(P&I)

Sales Centre
60 Brian Harrison Way,
Turn onto Omni Drive
Scarborough
Monday – Thursday:
12:00 Noon – 6p.m.
Closed Fridays.
Weekends & Holidays:
12:00 Noon – 5p.m.
Phone: 416.495.3582

monarchgroup.net

*Limited time offer. The upgrades promotion is a credit applicable solely towards upgrades purchased at Monarch's Home Design Studio for the suite. There is no cash value for this credit. Please see a sales representative for details. Prices, specifications and promotions are subject to change without notice. Renderings are artist concept and images are for mood and impression only. E.&O.E. **Brokers warmly welcomed with a personal introduction.** ** P&I only. Based on Current rate at 5.25%. September 25, 2008.

Monarch

IT'S ALL ABOUT

COMING SOON TO BAY. U deserve the best because you've earned it. Very soon U will have a residence that fulfills your fantasies about living with elegance and élan in the stylish, sophisticated heart of Toronto. With its striking silhouette in the mid-town skyline and nestled in a unique setting next to the historic grounds of U of T, U CONDOMINIUMS is designed to reflect your dreams and showcase your success. All this – mere moments from the best of everything. Come home to U. It's all about U.

ULTIMATE LIVING ON BAY FROM THE MID $300,000's

Register at **ucondominiums.ca** or **905.326.4100**

CONDOMINIUMS

Exclusive Listing Brokerage. Brokers Protected. Prices and specifications are subject to change without notice. Illustrations are artist concept. E.&O.E.

PembertonGroup.com

New dreamhomes & condominiums Magazine
To learn more about new homes real estate, pick-up your FREE copy of New dreamhomes & condominiums Magazine at your nearest DreamBox.

ADVERTISING FEATURE

Making a splash on the central waterfront

Monarch Corporation's phenomenally successful Quay West at Tip Top offers the ideal opportunity for unique living close to the lake. The company launched townhomes at this popular community, adding a low-rise component to the Tip Top address. Construction is well underway at Quay West, which is separated from the lake only by the Martin Goodman Tail. This scenic section of the Waterfront Trail runs along Toronto's waterfront, and the portion in front of Quay West connects two adjacent waterfront parks. Trail users cycle, inline skate, jog and stroll amid panoramic water views. Views from Quay West include the Alexandria and National Yacht Club, and some of Toronto's most loved attractions are close by, including the CN Tower, Rogers Centre, Ontario Place, and Queen's Quay Terminal with its eclectic shops and waterfront restaurants and cafés.

The townhomes at Quay West provide sizable living spaces in this idyllic locale, for prices from the mid $200,000's! Anyone looking to enter the new home market will recognize this as one of the best buys in the Greater Toronto Area. Move-up buyers seeking more space and empty-nesters looking for a downtown "nest" close to the lake will also find these designs irresistible. Like the suites in the tower, the townhomes will offer a high level of standard features such as 9-foot ceilings in the principal rooms, granite countertops and brand-name stainless steel kitchen appliances.

Townhome owners will have the use of the facilities at the tower's Quay West Club, which has its own private landscaped courtyard, a 'zen spa' with sauna and whirlpool, sports lounge with billiards, theatre for private screenings, cyber café overlooking courtyard, fitness centre, special occasion party room with caterer's kitchen, car wash bay, and two guest suites.

Choose from 683 sq. ft. one-bedroom + den, 1,246 sq. ft. two-bedroom + den and 1,145 sq. ft. two-bedroom + den townhome designs. Prices begin from $265,000. In the tower, suites from 499 to 1,000 sq. ft. start from $210,990. Residents will enjoy a full complement of club-like amenities, as well as luxurious appointments including green features.

Quay West is showcased in the Presentation Gallery at 68 Marine Parade Drive in Etobicoke. Hours are Monday to Thursday from 12 p.m. to 6 p.m.; Friday closed; Saturday, Sunday and holidays from 12 p.m. to 5 p.m. For information, call 416-495-3544 or visit www.monarchgroup.net.

NY TOWERS

AT DANIELS' LANDMARK NY TOWERS COMMUNITY AT BAYVIEW AND SHEPPARD, **LUXURY COMES WITH CHOICE** . . . AND FOR A LIMITED TIME ONLY A

Free trip to France!

CHAMPAGNE FOR TWO

WHEN YOU BUY A CONDOMINIUM AT EITHER MERCI OR THE BAYVIEW AT DANIELS' NY TOWERS COMMUNITY, YOU WILL RECEIVE A **FREE** TRIP FOR 2 TO THE HEART OF CHAMPAGNE COUNTRY IN FRANCE.*

OR **$10,000 CASH BACK**

A PRIME BAYVIEW AND SHEPPARD LOCATION

- Directly across from the prestigious Bayview Village Shopping Centre
- Immediate access to the Sheppard Subway and TTC
- Close to HWYs. 401, 404 and the Don Valley Parkway

SALES CENTRE LOCATED AT: 24 REAN DRIVE • TORONTO ON SHEPPARD AVE. DIRECTLY ACROSS FROM BAYVIEW VILLAGE SHOPPING CENTRE

HOURS
MON. - THURS. 12-6pm
FRI. CLOSED
WEEKENDS & HOLIDAYS 12-5pm

TERRACED CONDOMINIUM RESIDENCES

THE BAYVIEW

Inspired by the timeless spirit of French-provincial architecture, The Bayview offers a limited collection of one and two bedroom suite designs. Highlighted by a host of 5-star inspired, Brian Gluckstein designed amenities at The Bayview Club and breathtaking views of the neighbouring Rean Park - The Bayview is a Classic Toronto Address.

UNDER CONSTRUCTION - SUITES FROM THE MID $400,000s

SAY "OUI" TO MERCI

MERCI

MERCI Le Condominium is an elegant Parisian-inspired, boutique-style condominium with studio, one bedroom (+den), and two bedroom (+den) suite designs. Le Club features avant-garde amenities, including a fabulous outdoor Terrace.

UNDER CONSTRUCTION - SUITES FROM THE $280,000s

CALL 416-221-3939

or visit www.danielsnytowers.com

The Bayview is a joint venture community with Amica Mature Lifestyles™ Inc.

Exclusive Listing Brokerage, Baker Real Estate Incorporated. Brokers Protected. Prices and specifications are subject to change without notice. Illustration is artist concept. E. & O.E. *See Sales Representative for details. Promotion includes airfare + one week accommodations.

Daniels
love where you **live**™

New dreamhomes & condominiums Magazine
To learn more about new homes real estate, pick-up your FREE copy of New dreamhomes & condominiums Magazine at your nearest DreamBox.

WHAT'S YOUR SIGN?
Take Five daily, to find out what your horoscope says.
metronews.ca
metro Do it daily.

stephanie cluett
sales representative STYLE4LIVING.COM
Helping you find your Style 4 Living
Thinking about selling?
Ask me how to best showcase your home to appeal to a larger market.
416.690.2181
ROYAL LEPAGE Estate Realty BROKERAGE INDEPENDENTLY OWNED AND OPERATED

LIQUIDATION SALE!!!

6" thick Spring Mattress
Single $69 Double $89 Queen $109
Solid Wood Bed
Single $79 Double $99 Queen $119
NO GST PST!!!
More Items On Sale
Tel. 416 293 0988
4271 Sheppard Ave E.
www.newcomerfurniture.ca

The Heist continues ...

Question: What do a Hong Kong family who lived in Scotland for the last decade — but are now based in Canada — have in common with a single mom who lives by a lake?

And what do a Trinidadian couple in a suburban townhome have in common with a city dwelling kooky PR guru?

Confused?

OK, try these. What does a Harley Davidson riding biker (with a penchant for antique lace) have in common with an ex-stripper turned deep sea water welder? And what do a Hallmark greeting card-esque fairy tale princess and her Hulk-sized muscle man boyfriend have in common with a 23-year-old dude with more than 1,000 teddy bears?

Answer: They're ALL (along with a legion of other seriously wacky Canadians) part of our latest Golden Twenty Six.

Yup, hold onto your knickers, lock away your chachkas and dispatch your

InteriorDivine

shag carpeting — Home Heist is back! Yay!

And this time, darlings, more than ever before, your favourite Metro columnists mean business!

We reckon our 26 upcoming episodes feature homes — and occupants — so fantastically bizarre that those from last season look positively tame!

Indeed, this time around we've unearthed a terrifying array of townhomes, condominiums and semis that will take your breath away. Cue pretty much every design crime, every torturous colour scheme and every heinous home sin imaginable … to the power of 10! Aye, putting right Canada's decorating wrongs is a scary job but you know us; we're doing it all with a stiff upper lip and lashings of, ahem, designer charm!

Fancy some detail? OK then, here goes. How about the loft apartment where one little boy was sleeping in a space that was little more than a cardboard box! Or the minister whose home never fully recovered from its previous owner who had decorated it to resemble an enchanted forest. Sorry, make that DIS-enchanted forest. Only a Hobbit would have felt properly at ease. Or how about the lovely wee man who had become so traumatized by his lack of domestic style prowess he'd taken to living in the garage?

Blimey — all seriously bizarre stories but all part and parcel of our latest round of TV magic.

But there's more! We've just written a brand new book, cunningly entitled Colin and Justin's Home Heist Style Guide — How To Create The Perfect Home. Think of it as essential reading to help unravel the mystery of good taste. If our show is the 60-minute bullet train that takes you from hellish house to heavenly home, then our design bible is the careful train that stops at every station in between to ensure you're completely — and very stylishly — clued up. Expect detailed sections on EVERY aspect of home styling, which we hope you'll enjoy reading as much as we did writing.

The book is on sale now.

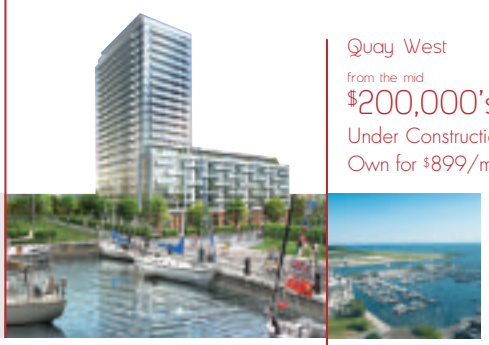
In the meantime, prepare yourself for some seriously glamorous transformations as we continue making ordinary homes that little bit extra ordinary. Home Heist Season 2 is nearly here.

Brace yourselves!

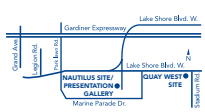
Colin McAllister and Justin Ryan are the hosts of HGTV's Colin & Justin's Home Heist and authors of Colin & Justin's Home Heist Style Guide.

WATERFRONT MID-SUMMER SALE 2%
The Ultimate Waterfront Mid-Summer Sale! Two cool condominiums. One hot deal. But only for a limited time. Purchase a condominium suite at Nautilus or Quay West and receive 2% off the purchase price*

QUAY WEST AT TIP TOP
TORONTO HARBOURFRONT
Nestled at the water's edge and soaring 23 storeys over Toronto's West Harbour is Quay West at Tip Top, Toronto's newest marina neighbourhood. This urban oasis offers you the vibrancy and energy of the city plus the tranquility and privacy of your waterfront home. Whatever your lifestyle, one thing is for certain: Quay West is the ultimate in waterfront living.


Quay West
from the mid
$200,000's
Under Construction
Own for $899/month**(P&I)

Presentation Gallery:
68 Marine Parade Drive,
Etobicoke
Monday – Thursday:
12:00 Noon – 6:00p.m.
Closed Fridays.
Weekends & Holidays:
12:00 Noon – 5:00p.m.
Phone: 416.495.3544



nautilus
ETOBICOKE WATERFRONT
You will be awe-inspired by the spectacular views of both the lake and the city. Award-winning Tanner Hill's interior design and decor has truly ensured that Nautilus is warm and inviting in so many ways. You'll see it in the exquisite finishes and everything that surrounds you. Escape to Nautilus.

Nautilus
from the low
$200,000's
Under Construction

monarchgroup.net

Monarch

*This offer is two percent off the Vendor's standard base retail price for all residential suites in the Nautilus and Quay West projects. Parking and locker units, if sold separately from the residential suite, are excluded from this offer. This offer is for a limited time only and may be withdrawn by the Vendor at any time until an Agreement of Purchase and Sale is signed by both Purchaser and Vendor. For further information, please consult the sales representative at Monarch's Presentation Gallery today. Prices, specifications and promotions are subject to change without notice. E.&O.E. **Brokers warmly welcomed with a personal introduction.** ** P&I only. Based on Current rate at 4.75%. September 25, 2008.

M E N K E S L I F E S T O R E Y S

The Storey of

Pam

Pam recently severed the proverbial cord, got her own pad and started her first job. Meet Pam, aka career woman. Like the rest of her friends who've entered the work force, she pretends to work and they pretend to pay her. But at least now her time is hers. Or at least what's left of it once she's gone through the voicemails her mom leaves daily. The rest of the time she's out with the girls sampling the eclectic bounty the local eateries, bars and pubs have to offer. That is unless she's entertaining in the condo's ultra modern party room or fully decked out lounge. Complete with fireplace, bar and flatscreen TV. And should she feel culturally inclined, the Sheppard Subway is right there to take her the short pirouette away to the Theatre for Performing Arts.

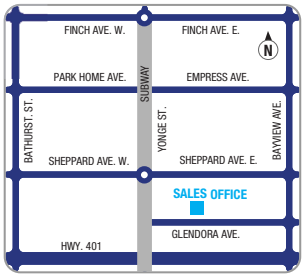
Visit menkes.com/lifestoreys to see how the storey of Pam plays out.

New Penthouse Release This Weekend.

SAVVY
CONDOMINIUMS AT COSMO

menkes.com

Savvy Condominiums at Cosmo
34 Glendora Ave.
Yonge St. and Sheppard Ave., North York
Starting From $262,990
menkes.com (416) 730-1600



menkes
Life Storeys

Prices & specifications subject to change without notice. E.& O.E. Illustrations are artist concepts only.

Join us Sat. Sept 27th, 12-3 pm
for an
International Food Sampling

gramercy PARK
CONDOMINIUM RESIDENCES

NORTH YORK CONDOMINIUMS
AT WILSON SUBWAY
WITH A PRIVATE PARK

FALL SPECIAL**
5% DEPOSIT PROGRAM
OR UP TO $10,000 CASH BACK*

• 10,000 SQ.FT. GRAMERCY CLUB • ROOFTOP SUNDECK
• 1/2 ACRE PRIVATE PARK • FREE 6 MONTH TTC PASS
• WALK TO YORKDALE SHOPPING CENTRE

SUITES FROM $169,990*
VISIT OUR DESIGNER DECORATED MODEL SUITE

50% of Remaining Suites
Under $250,000 including parking

Malibu
Investments Inc.
EXCLUSIVE LISTING BROKER
MARKET VISION REAL ESTATE CORPORATION

BROKERS PROTECTED
525 WILSON AVENUE
MON.-THUR.: 12-6PM
FRIDAY CLOSED
SAT., SUN. & HOL.: 12-5PM
gramercypark.ca
416.703.2202

*For qualified buyers on selected suites. Prices correct at time of printing. See sales representative for details. **For a limited time only. Specifications are subject to change without notice. E.& O.E.

Correction does not mean crash

If I had a nickel for every time someone started a conversation with me with "So, what do you think of the market," I could shave half a decade off my retirement plan. OK, maybe I'm exaggerating, but suffice it to say it is a very popular icebreaker these days.

You've heard it from your co-worker, your parent, your friend, your lawn guy, your mechanic, and even that dude you always seem to run into in the elevator. Allow me to offer my own opinion on this matter now, as well.

The reality of our marketplace is that anytime you have as many superior years in a row as we've had, eventually a market correction will follow.

Now there are many people who believe that the term "correction" is just a fancy way of avoiding the word crash. In all honesty there is a difference, as well as similarities.

A crash indicates that money was spent irrationally and illogically, and now those buyers can no longer support the purchases they've made. A correction refers more to a market that has seen some rapid and lofty spending, for an extended period of time, and now the seductive lust has dissipated, and reality is settling in. That reality comes with certain ramifications, but not to the same grave extent as those of a crash.

Consider a market correction like you would a new relationship with an initial "honeymoon" period that lasted a few months long, and now the blinders are off, all those cute and charming idiosyncrasies you once adored are becoming annoying, and there's a tiny voice inside your head finally questioning whether this is the right person for you.

Chances are you'll be cruising a little slower for the next little while. Well that is what's happening in our market. That newly awe-struck, utopian period is fading and people aren't accelerating as excessively as they had been, while at the same time refraining from pumping the brakes completely.

So what does all this mean on a practical level, given that we're officially into autumn and heading into October? Here are a few realities of the autumn, and winter, real estate markets.

With the market correction harnessing what was once a scorching pace, expect this fall and winter season to be noticeably quieter, in terms of sales. Spring and summer 2008 actually saw more listings than even last year, but saw fewer transactions take place. I would expect the same trend to continue into Spring 2009.

For all you sellers out there, the truth is that an intelligent consumer marketplace is aware that a home listed during the cold fall and winter months is done so out of necessity, nine times out of ten. Except for those truly exceptional homes, especially in the coming months, the market will be more a buyer's market than it has been for quite some time. For those of you looking to buy, depending on your requirements, the next few months should offer a great opportunity to secure a very good home at a very good price.

The areas that will be affected the most are those lower density, less popular areas. Prices in these areas will struggle to maintain existing levels. Higher density areas such as Downtown Toronto and North York, as well as popular areas like North Markham, Oakville and Vaughan, will do well to maintain values and any increases are likely to be fairly modest.

Amit is a Realtor/Developer with Re/Max. amitp@rogers.com

Stats show DIYers prone to faulty electrical work

It happens all year round. Independent-minded Ontarians make pilgrimages to local hardware stores in search of shiny new tools and equipment to undertake home electrical repairs. They associate little risk with electrical work, and have little knowledge or experience.

Yet recent statistics show many DIYers put themselves, their families, and their properties in peril because they don't understand the risks associated with doing electrical work.

Data gathered by Ontario's Electrical Safety Authority (ESA) reports that DIYers' attempts at doing electrical work often result in potentially hazardous situations. According to the numbers, 89 per cent of electrical deficiencies identified in work done by DIYers are associated with the most common type of DIY installation: electrical outlets, fixtures and devices. A further 77 per cent of defects found in DIY work are associated with wiring methods, and 30 per cent are associated with grounding and bonding and faulty service or panel work.

"Electrical work should be left to professionals," says Lucy Impera, the ESA's Registrar of Licensing and Certification. "While attempting your own repairs might seem cost-effective in the short-term, if done incorrectly they may lead to additional unanticipated expenses and dangers."

Last year, the ESA enacted provincial legislation requiring all electrical contracting businesses operating in Ontario to be licensed by the ESA. The new law was intended not only to regulate the industry but to provide peace of mind to wary consumers concerned about the qualifications of available electrical contractors. Go to pluginsafely.ca for a list of Licensed Electrical Contractors in your area.

NEWS CANADA

THE VERY BEST OUTDOOR SPACES
OF NORTH YORK, FROM PARKS
TO GARDENS

UNDERGROUND CONNECTION
TO FAIRVIEW MALL

DIRECT ACCESS TO THE
SHEPPARD SUBWAY

EMERALD CITY
CONDOMINIUMS

WHAT A WONDERFUL WORLD

COMING SOON
TO NORTH YORK

A NEW MASTER-PLANNED COMMUNITY
ON SHEPPARD ACROSS FROM FAIRVIEW MALL

NATURALLY INSPIRED CONDOMINIUMS
FROM $189,900

REGISTER NOW
emeraldcitycondos.ca
416-492-0001

ELAD GROUP (CANADA) INC.

Illustration is artist's concept. E. & O. E.
Exclusive Listing Brokerage, Baker Real Estate Incorporated. Brokers Protected.

LTD.
LIVING TOTALLY DOWNTOWN
5% DEPOSIT PROGRAM*
Limited time!
LTD.
SALES CENTRE OPEN
MON.–THURS. 12–6
SAT., SUN. & Holidays 12–5
600 Fleet Street –
at the northwest corner
of Bathurst & Lakeshore
Boutique condos from the $190s.
www.Ltdcondos.ca 416.601.2223
Malibu Investments Inc.
*For qualified buyers on a select number of suites only. See sales rep for details. Prices and specifications subject to change. E. & O. E. Illustrations are artist's impression. Exclusive Listing Brokerage Baker Real Estate Incorporated. Brokers protected.

Avoiding seasonal footwear gridlock

OrganizedZone

Brenda Borenstein
metro@organizedzone.com

Seasons are changing and with this change comes a whole new set of footwear. In other words, there's shoe madness at the front entrance, an ailment that seems to affect every home to one degree or another.

Perhaps you'll recognize some of the following symptoms:

- You're frustrated because you always see a mess as soon as you open your front door.
- You're embarrassed to invite anyone in.
- You can't open the door of the front hall closet.
- You're constantly looking for things that have disappeared into said closet. Single shoes go missing.
- There's no room in the closet for anything else; dust and dirt are constants because the clutter makes it impossible to clean.
- You've bought storage organizer for the front entrance that don't seem to work.

My initial diagnosis is that we have too many pairs of shoes and not enough feet. The fact is, most home entrances have limited storage capacity. So you have to creatively use what you've got. Here's the clean sweep approach.

I always start with the clearing stage, which is when you sort your shoes into temporary boxes. Each box should represent a category, i.e. the shoes' owner, and then you can sort into more detail, i.e. by season. Label boxes as you go, and edit out rejects using a clear bag for charity and a black garbage bag for items that can't be salvaged.

At this point, any items in the front entrance or closet that never made it to their proper home — mail, newspapers, fishing rods, bags of dry cleaning and anything else that was dumped there as a temporary convenience — need to be removed.

If your entrance is small, you may not be able to use it for storage. You'll only be able to use it for things you currently (and absolutely) need. So, all off-season items must be placed in a bin, removed and stored somewhere else.

Use every nook and cranny of the front hall closed for little things like shoe care products, umbrellas and sunscreen.

Go hook crazy — by using the walls and the back of the door, you'll be amazed at how much more space you can create. Simply by grouping your long coats together on the outside edges of the closet, and the shorter coats in the cente, you can create a large storage area for your shoes, boots or accessories.

Large or small, the top shelf of the closet is prime real estate. That shelf is usually low enough so that you can add an additional shelf, thereby using the full height of the closet for storage.

That extra space can be used for bins filled with hats, sunscreen, camera equipment, gloves, mittens, DVD returns and anything else that's worthy of the space.

If you're lucky enough to have an entrance table, put a couple of nice baskets on it to tame future clutter.

I know, there's a lot to do. You may as well start this weekend by packing up your sandals.

Brenda Borenstein is your professional organizing guru. Her column appears every second Thursday. Visit organizedzone.com.

DIABETES STUDY
If you have type 2 diabetes, and
- are between 18 and 80 years of age
- are taking only one oral medication for your diabetes
- are not taking insulin

You may qualify for a clinical research study testing an investigational drug for the treatment of diabetes.

You will be required to make 7 visits over 6 months to Mount Sinai Hospital.

Study is being done by **Dr. B. Zinman.** For more information, please call **416-586-8778.**

MOUNT SINAI HOSPITAL
Joseph and Wolf Lebovic Health Complex

FOR THE MOVIE BUFF IN YOU.
Read Metro Movies online daily.
metronews.ca
metro
Do it daily.

Recipe correction
Last week's recipe for the Bittersweet Chocolate Tart (from Nick Malgieri's book The Modern Baker) gave incorrect ingredient amounts. The first two ingredients were 1-3/4 cups heavy whipping cream and 1/4 cup light corn syrup. Metro regrets the error. METRO NEWS SERVICES

Food

"Green peppers are harvested before they are fully ripe, which explains their abundance and less expensive price tag." Barb Holland/for Metro Canada

Bitter vs. sweet
They will continue to first turn yellow and then red when left on the plant to mature. Green peppers have a slightly bitter flavour, whereas the more mature peppers have a sweet fruity taste.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Roasting the pepper rainbow

À la carte

Barb Holland
Metro Food Writer

Available in a rainbow of colours, the versatile sweet pepper lends itself equally well to salads, stir-fries, casseroles, soups, and sauces.

To savour the flavour of peppers beyond the growing season, roast and freeze peppers during the height of the harvest. Sweet red peppers are the ones most roasted, but yellow, orange and banana peppers and large chiles are also good roasted. Versatile as they are delicious, roasting brings out their full sweet flavour and adds a hint of smokiness.

Preheat barbecue on high heat. Prick each pepper with a fork several times to prevent them from bursting during grilling. Close the lid and cook peppers on high heat, turning when the skin chars. Keep turning the peppers until the skin is charred on all sides. To make the skin easier to remove, place the charred peppers in a glass or metal bowl and cover to "steam" for at least 15 minutes.

Peel off skin, cut in half and remove seeds. Most peppers peel quite easily with the exception of thin-skinned green bell peppers. Arrange pepper pieces apart on parchment paper lined baking sheets. Freeze until solid, then pack into resealable freezer bags and store in the freezer for up to ten months.

FOOD AND ONTARIO

Peppers are available in a rainbow of colours from green to red to purple to ivory.

Roasted Red Pepper and Chevre Spread

A simple spread to make ahead, serve with crostini or crackers and a bowl of good black olives. Makes about 1-1/2 cups (375 mL).

INGREDIENTS:
- 1 roasted red pepper, peeled and roughly chopped
- 1 small clove garlic, minced
- 4 oz (125 g) cream cheese, softened
- 5 oz (140 g) chevre cheese

METHOD:
In food processor, combine red pepper, garlic and cheeses. Process until smooth. Scrape into a serving dish, cover and chill several hours or overnight.

Tips:
- Good for you: Sweet peppers are high in Vitamin C — ounce for ounce there is three times as much vitamin C in a sweet pepper than an orange. Green peppers contain about half as much Vitamin C. Red peppers are also an excellent source of Vitamin A. Sweet peppers are also a source of dietary fibre, folate and potassium.
- Pick of the crop: Peppers should feel full, heavy and tight. They should be shiny in appearance and free from bruises and spots.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

The best way to beef up

The dynamic culinary duo of Janet and Greta Podleski are famous with a Food Network Canada show and the best-selling Eat, Shrink & Be Merry. Granet Publishing Inc. offered Metro this recipe from their collection of healthy comfort foods:

The Great Pretenderloin

The original recipe calls for a beef tenderloin, but an eye of round will work just as well. This recipe serves a crowd, so you can have the roast for dinner one night, sandwiches for lunch the next day and slice some for a salad topping the next night.

INGREDIENTS:
- 1 tbsp. softened butter or olive oil
- 1 tbsp. Dijon mustard
- 1 tbsp. brown sugar
- 1 tbsp. steak sauce
- 1 tbsp. minced fresh rosemary
- 2 tsp. minced garlic
- 1 1/ 2 tsp. salt
- 1/ 4 tsp. black pepper
- 1 tsp. grated lemon zest
- 1 whole beef tenderloin or 1 eye of round roast (3 pounds)

METHOD:
Preheat the oven to 450. Move the oven rack to the bottom third of the oven. Mix together the rub ingredients in a bowl. Rub all over beef and let stand at room temperature for 30 minutes. Place beef on shallow roasting pan. Put in oven, and turn heat to 400.

Roast meat, uncovered, 45-55 minutes or until meat thermometer inserted into the center registers 140 degrees for medium-rare.

Remove from the oven and let stand, uncovered, 10 minutes before slicing. The meat's temperature will continue to rise as it rests.

Eat, Shrink & Be Merry! Great-Tasting Food That Won't Go from Your Lips to Your Hips! is available in a paperback at Amazon.ca for $22.01.

Billy's Best Bottles
on the web

- "Muscadet was once the white wine of choice at restaurants around the world. A French wine with a name that was easy to pronounce. We abandoned it for Chardonnay, but now we're tired of Chardonnay ... So we drink non-oaked Chardonnay. Which tastes just like Muscadet. So why not go back?" Read the rest of Billy's Best Bottles column online at metronews.ca.

Every step counts… *in the fight against cancer*

STEP BY STEP CHALLENGE

Count yourself in with a **free pedometer** when you sign up your workplace for the *Step by Step Challenge* to fight against cancer.

See Challenge details and register your team at **www.cancer.ca/stepbystep** or contact us at **stepbystep@ontario.cancer.ca.**

Canadian Cancer Society / Société canadienne du cancer

Purple reigns
Spice up your fall wardrobe with this purple folding croc-print oversize leather clutch, $89.99 at Winners. For more, go to winners.ca. METRO NEWS SERVICES

Style

Save your skin

Protect sensitive skin during cold weather with two new skincare lines from Nuxe — Nuxuriance New Formulas and Gentle Pureness Care with 3 Roses. Includes Cleansing Milk with 3 Roses by Nuxe, second from left, $21 for 200 ml. Available at drugstores and The Bay. Call 1-800-361-5582 or visit nuxe.com for more. METRO NEWS SERVICES

Men's coat, $149 at H&M.

This Grey Glen Plaid Suit — blazer, $450; vest, $160; and trousers, $205 — is part of Banana Republic's Monogram collection. Available at Banana Republic's Bloor Street location.

Fun for fall

Berry-inspired hues among hot colours

BRIAN TOWIE
brian.towie@metronews.ca

Dark wines, boot cut pants and versatile sweaters all make up what clotheshorses will be on the hunt for this fall.

It's the season to look smart, experts say and there are a number of ways you can go about it, ladies especially. Fall fashions this year offer options to those looking for an easy wardrobe switch from business to fun with friends.

"It's a lush fall season," says Joe Mimran, fashion creative director for Joe Fresh. "The colouration this year is quite beautiful."

To get an idea of the trendy colours this season, venture to your nearest wine store or fruit market first. Rich reds, warm purples and berry-inspired hues make up the palette of the Argyle-patterned, scoop- and V-necked vests and cardigans the fashion-conscious will be sporting this year over crisp blouses and shirts.

"These colours go well with grey bottoms, which are becoming a second to black," says Brigitte Martin, merchandising manager for Reitmans. "It gives you a smart, business-like look. They're also tradeable with jeans."

Dark colours are practical for men's and women's denims this year, says Rod Van Straten, Merchandising Manager for Levi's Canada, adding strong blues and blacks can be worn under blazers and shirts for daytime to evening. Ladies should be on the lookout for the boyfriend jean in particular — a looser-fitting lighter-hued pant, while men will opt for straight-leg styles. Mimran adds high-waisted jodhpur skirts, while difficult to wear, will be a fantastic look this season.

continued on next page

RIGHT: Plaid fringe scarf, $34.50 at Gap.

BELOW: Maxi-length coat, $179 from H&M.

LEFT: Brighten up your fall wardrobe with this yellow top, $29.90, and wide pants, $59.90, both from H&M.

THE CLOTHING SHOW

snoflake

Shop
Fashion
Runway Shows
Art

Visit
www.theclothingshow.com
and enter to win a
$1,000
Shopping Spree!

This Weekend! Sept. 26-28, 2008

Better Living Centre
Exhibition Place, Toronto

friday 3pm - 9pm
saturday 11am - 9pm
sunday 11am - 7pm

tickets
$8 Online
$10 At the door

For info: 416-516-9859
www.theclothingshow.com

Daydream believer
Marc Ecko Watches are now available in Canada, including the Daydream, right. For more, visit marceckotime.ca. METRO NEWS SERVICES

new shades

A few items can go a long way to diversifying your wardrobe, says Tara Wickwire of Gap Inc. A strategic eye for new shades and useful accessories can rejuvenate the outfits you've already got hanging in your closet.

"A scarf is another great way to instantly update your look. It's a trend item of the season so pairing a scarf with your classic sweaters and blazers will look stylish and, of course, functional," she said. "Select a fabulous item such as a blouse or sweater in a rich shade such as royal violet or a deep berry and mix it with your existing neutral pieces. This will make your classics look new again."

Deep-berried patterns aren't your only options for the fall, says Laura Shankland, communications manager for H&M Canada. You can defy the upcoming grim cold weather with soft bright colours in funky designs, so long as they're paired off with greys or blacks.

"Colours for fall 2008 at H&M include neutral beiges and greys to black and white, muted jewel-tones, and soft brights," she said. "There are also many patterns and prints — ethnic, graphic, psychedelic, hand-painted motifs, classic checks and stripes, abstract, oriental, and floral."

These bow-tie blouses — purple from H&M, and bright pink from Joe Fresh — are great colours for fall.

LEFT: A fall look for men by H&M includes a purple cardigan, $39.90; trousers, $49.90; and a hat, $19.90.

RIGHT: This fall look for women features Reitmans' power pants, $30, which range in size from petite to plus-sized.

Avery Bell jeans, $69.50 at Gap.

The boyfriend jean, right, is a looser-fitting lighter-hued pant. Available at Levi's for $88. The trouser jean, far right, is available at Levi's for $98.

Menswear trends

The French-cuff shirt remains a popular choice for office and occasion dressing for men, according to the 2008 Harry Rosen Fall Trend Report. Other trends this season include:

- Chocolate brown, deep navy and slate grey are replacing black as the "in" colour for suits. Another big change in menswear is that suits for fall are all two-button with flat-front pants.
- Luxury sportswear is a great suit alternative. Men should try layering different textures, such as wool and cashmere for a playful look.
- Pair elongated toe shoes with narrow suits and pants.

METRO NEWS SERVICES

"4 minute workout?
That's B%#?$*@‡!"
SKEPTICS ALWAYS WELCOME | hitfit.ca

SUFFERING FROM MIGRAINES?
An investigational medication for migraine is being researched and we are currently enrolling patients for a clinical research study.
YOU MAY BE ELIGIBLE IF YOU:
• Are 18 years of age or older and suffer from migraines
STUDY PARTICIPANTS RECEIVE:
• Study-related testing
• Monitoring by health care professionals
• Study visits and study-related health care at no cost
Please call Manna Research at 416.740.2895 or visit www.mannaresearch.com

This Fall's Hottest Fashion Collection at armadillo SHOES
•DONALD J PLINER•
armadillo SHOES
Brookfield Place
161 Bay St.
(at Front)
Toronto, Ont
416-777-0040
M-F 8am-6pm
Exchange Tower
130 King St. W.
(at York)
Toronto, Ont
416-214-6633
M-F 10am-6pm

REVLON & Johnson&Johnson
WAREHOUSE SALE
Cosmetics
Including:
Always • Colorstay
• Moisturestay • Nail
• Mascara • Superlustrous
• Moondrops • Blush • Powder
• Foundation • Pencils
• Skin Lights • Treatments
• Implements • Frost-N-Glow
• Custom Effects By Revlon
and more...
BAND-AID Neutrogena
REACH pHisoderm Aveeno
Lubriderm Purell Visine
K-Y LISTERINE Anti Monet
All Products up to 75% Off
Unbelievable Selection Of Fine Beauty Aids...
Don't Miss This Incredible Sale!
Products may not be exactly as illustrated
FINE FRAGRANCES
MEN'S & WOMEN'S
UP TO 80% OFF! MSRP
• ELIZABETH ARDEN
• OSCAR de la RENTA
• ELIZABETH TAYLOR
• PERRY ELLIS
• VERSACE
• GIVENCHY
• DAVIDOFF
• TOMMY HILFIGER
• J.LO
• RALPH LAUREN
• HUMMER
• BURBERRY
• CK
• LACOSTE
• HUGO BOSS
• DAVID BECKHAM
• BABY PHAT
• DIESEL
• GUESS
• PHAT FARM
• PARIS HILTON
• BRITNEY SPEARS
...AND MANY MORE
CAMBRIDGE TOWEL
BATH TOWELS
FACE 99¢ EA OR 6 FOR $5
HAND $1.99 EA OR 6 FOR $10
BATH $5.99 EA OR 3 FOR $15
BATH SHEETS $10.99 EA OR 3 FOR $27
SHEET SETS
COMFORTER SETS
KITCHEN TOWELS
OVEN MITTS
TABLE CLOTHS
AND MUCH MUCH MORE!
The R.W. Kids SUPERSALE
Save up to 65%
LEVI'S kushies NIKE absorba plus more
Shirts • T-Shirts • Pants • Jeans
Sleepers • Baby Blankets • Baby Hats
Baby Socks • Dresses • Nail Books
Bath Toys • Glass Baby Bottles • Baby Toys
Plus Much More!
5 DAYS ONLY
WHERE: International Centre
6900 Airport Rd. Hall #4A
Mississauga, Ontario
WHEN: Wed. Oct. 1st to Sun. Oct. 5th
HOURS: Wed. - Fri. 10am - 8pm
Sat. 10am - 6pm • Sun. 11am - 5pm
FREE PARKING! FREE ADMISSION!
CASH

Fashion for expecting moms

You can now order online from Vie Maternity & Children's Boutique — a great source of designer maternity denim — at viematernity.com. METRO NEWS SERVICES

Shoes get the boot

Whether you are school-age or significantly older, there is something exciting about fall clothes. You want to start wearing them this very second.

In many areas, though, it's still too warm to wear that new tweed suit or metallic-thread evening coat. But another one of the season's hot trends can tide you over: The shoe-bootie.

They've been around a few years, but this year is likely to be the peak in terms of sales, says footwear designer Stuart Weitzman.

"The bootie is the new shoe," he says. "They were not a runway fashion item at first. They were street fashion items — and that's a much stronger influence."

Shoe-booties are available in open-toe versions, ones that look Goth or ones that look like oxfords. Weitzman says they sell just as well in sunny, warm climes as those preparing for the leaves to turn.

They are substantial shoes that can take a towering heel, whether it's chunky and stacked or a slim stiletto.

Other than that, though, the shoe-bootie is hard to define because there is such variety. Booties are Weitzman's second, third and fourth bestselling items at retail right now, topped only by an over-the-knee riding boot — another trend. But with that, he explains, women are likely to only buy one pair while they'll fill their closets with booties.

James Ferragamo, the product director of women's leather products at Salvatore Ferragamo, says a form of booties have been worn since 1300 BC in Spain and they have been part of the Ferragamo collection since the 1930s. Booties, however, really caught on when the miniskirt was popularized in the '60s.

"Our bootie is created on a special boot last, so parts of Ferragamo's booties are direct results of an original boot," explains Ferragamo. "The middle part of the bootie, over the instep and arch, and the part of the bootie that curves around the ankle are the exact parts of a boot."

That leaves the front and the decoration to more closely follow shoe trends.

"They look great with skinny denim, boot leg trousers, skirts and dresses." THE ASSOCIATED PRESS

The Nanette shoe-bootie by Stuart Weitzman, and the Whoop shoe-bootie, below left. Shoe-booties are Weitzman's second, third and fourth best-selling items at retail.

DESIGNERCOLLECTIONS
DESIGNER FALL SAMPLE SALE
40-80% OFF
161 SPADINA AVE (SOUTH OF QUEEN ST. 3RD FLOOR)
THURSDAY SEPTEMBER 25
FRIDAY SEPTEMBER 26
SATURDAY SEPTEMBER 27
SUNDAY SEPTEMBER 28
11AM-8PM
ROCK AND REPUBLIC SEVEN FOR ALL MANKIND
TRUE RELIGION CHRISTIAN AUDIGIER ED HARDY
AFFLICTION LAGUNA BEACH WILLIAM RAST
MONARCHY LACOSTE CITIZENS OF HUMANITY
CHEAP MONDAY PACO CHICANO GSUS
DRIFTER PAIGE PEOPLES LIBERATION DIESEL
BYZATINE PINK-POK-A-DOT AND MANY MORE...
EVERYTHING IS 100% AUTHENTIC
WE OFFER A FULL SIZE SCALE FOR MEN AND WOMEN.
MORE INFO: 416.805.7930
WWW.DCSAMPLESALES.COM

Fashion loves Barack
Designers Maurizio Modica and Pierfrancesco Gigliotti of the label Frankie Morello showed their support for the U.S. Democratic ticket by wearing T-shirts, emblazoned with "Barack" on one and "Obama" on the other at a recent Italian spring/summer 2009 collections show in Milan. TORSTAR NEWS SERVICE

Keep warm, be colourful

Style File

Kim Elbo
kim.elbo@metronews.ca

ask kim

Do you know anything about re-dying faded jeans? Any tips? - Allison, BC

If you want to re-dye your jeans try RIT, you can find it in the laundry section of your grocery store. But keep in mind: Because it's an all over dye it will dye the stitching on your jeans as well. Next time you buy new jeans wash them with three tablespoons of salt, this will set in the colour nicely and won't let your jeans fade.

E-mail your style questions to *kim.elbo@metronews. ca.*

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

Weave
Designer: Costa Blanca
Shop: Costa Blanca
Address: Various Locations
costablanca.ca

Texture
Designer: H&M
Shop: H&M
Address: Various Locations
hm.com

Pleated
Designer: Echo
Shop: Plenty
Address: Various Locations
getplenty.com

Bow Clip
Designer: Claire's
Shop: Claire's
Address: Various Locations
claires.com

Feather Headband
Designer: n/a
Shop: The Bay
Address: Various Locations
hbc.com

Cameo Bobby Pin
Designer: Spark
Shop: La Belle Vie

scarves

Tuck away the plaid scarf far back into your closet and cover up in style with a textured knit scarf. This season it's all about texture and colour. Wrap your neck up in block colours of bright oranges, blues and purples. Add a little interest to your layered outfits with scarves that have pleats, wrinkles or weaves. And shed some pounds and avoid getting too hot with scarves that are too long and heavily knit.

accessory

If there is one thing you need to go and buy this week it's this Quo lip gloss, $15. It's an all-in-one gloss that has a mirror and light attached to it for easy application. Available at Shoppers Drug Mart.

hair accessories

Leave the hat at home and adorn your gorgeous locks with these three classic hair accessories: The bow clip, the feather headband and the jewelled bobby pin. Not sure of how to use each accessory in your hair? Try a standard ponytail with a little tease at the crown and a hair wrap around the band, then tuck in the pins or clips in the back or slide on the headband.

tip

If your hair lacks luster and shine put yourself on a hair diet. Eat foods rich in minerals like nuts, lentils and wholegrain or try vitamin A-rich foods if you're suffering from a dry and flaky scalp. *ultimate-cosmetics.com*

CANADA'S BRIDAL SHOW
Metro Toronto Convention Centre
255 Front St. West, North Building
September 26,27,28, 2008
DOORS OPEN
Friday: 5 pm - 10 pm • Saturday: 10 am - 9 pm • Sunday: 10 am - 6 pm
FASHION SHOW HOURS
Friday: 7:30pm • Saturday: 2 pm & 7 pm • Sunday: 1 pm & 4 pm
BIGGEST & THE BEST!
The most prestigious vendors all under one roof!
LOTS TO SEE • 250 EXHIBITORS • LOTS OF SAMPLING • LOTS OF IDEAS • LOTS OF GIVEAWAYS
Home Outfitters
the Bay
YOU COULD WIN Over $5,000.00 in Prizes from the Bay & Home Outfitters National Gift Registry.
5 DIAMOND RING GIVEAWAYS!
2 FOR 1 ADMISSION
Coupon vaild only on Sunday, September 28. Not in conjunction with any other offer.
www.canadasbridalshow.com
905.264.7000

FOCUS ON GLOBAL ECONOMY
TD Bank Financial Group
Presents
The PowerWithin
Former President
BILL CLINTON
LIVE AND IN PERSON
Power Within is proud to present **Former President Bill Clinton**. Experience what thousands of Canadians have called the event of a lifetime.
OCTOBER 16, 2008
TORONTO, ON
Four Seasons Centre for the Performing Arts
12:00 PM - 2:00 PM
Ask about Emerald Seating! Premier Seating - Invitation to Emerald photo-op Includes copy of his newest book "Giving: How Each of Us Can Change the World" Extremely Limited!
Ralph Alswang/Clinton Foundation
Call Today! 1.866.994.2555
www.powerwithin.com

Style

Fall beauty trend report! The season's prettiest makeup—and how to wear it.

STYLE CONTENT BY ELLE CANADA ellecanada.com

ELLE CANADA

Country Girl!

Jewel returns to her roots

By **Mary Dickie**
Contributing Writer

The line between country and pop has always been blurry — for musicians and listeners, not to mention radio programmers. The latest artist to cross the genre divide is Jewel, who, after more than a decade of success as a sweet-voiced singer-songwriter, has put out Perfectly Clear (Open Road Recordings/Universal Music Canada), an album that's undeniably country, from its pedal-steel accents to the hurtin' lyrics in songs like Anyone But You.

Still, Jewel herself maintains that she has always been partly a country artist, whether or not the industry recognized her as one. "I always saw Loretta Lynn and Joni Mitchell as the same thing — they just grew up in different parts of the continent," says Jewel from her Texas ranch she shares with husband and rodeo rider Ty Murray. "They were both writing about the sexual revolution and women's lib."

So, what makes a song country or pop? "Sometimes it's just how you dress it," she explains. "Perfectly Clear, sounded too different from the songs on my other albums. It's definitely a country song — but it's my style of country. I cut Two Become One as a pop song for my album 0304, but I liked it as a country song, so I recut it for this record. I think it works much better that way."

SEXY CHIC

Slim skirts cut a sharp shape.

The pencil skirt in a masculine fabric is a definite must for fall. Wear it with a femine top and textured tights for a fashion-forward mix.

Polyester, spandex and rayon **($90, Espirit)**

Wool, spandex and polyester **($145, Louben)**

Wool, polyester and Lycra **($135, Debbie Shuchat)**

Wool, viscose and spandex **($165, Debbie Shuchat)**

COZY COOL Cowl-neck sweaters are a hit!

Wool **($64, Gap)**

Acrylic, nylon and mohair **($69, Dex)**

Nylon, wool and alpaca **($79, Mac & Jac)**

Wool **($220, BZR)**

Wool **($200, Des Petits Hauts)**

Acrylic and mohair **($210, La Fée Maraboutée)**

STUDIO ANDRÉ DOYON

Performance: Richard Avedon

HOT BOOK: KING RICHARD

Performance: Richard Avedon (Harry N. Abrams) is a triple whammy. First, there is an essay on Avedon's achievements by John Lahr, drama critic for The New Yorker. Next, several of Avedon's subjects, including director Mike Nichols, have written engaging memoirs about sitting for Avedon, one of the most influential artists of the last century. And then there are the 200-plus portraits of stars, such as Audrey Hepburn, which speak for themselves.

EDITORS' PICK

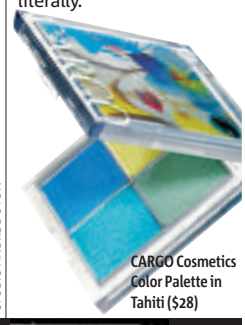
BODY LANGUAGE

Now Canadian fans of American chain Bath & Body Works don't need to cross the border to get their fix. This fall, the company will open six locations in Canada, including a shop in Toronto. "It's approachable luxury," says Shayne Hart, senior vice-president of creative. "We take fine fragrances and make them accessible in everyday forms, such as body lotions and home fragrances."

Bath & Body Works Japanese Cherry Blossom Body Lotion ($9.50 for 236 mL)

WHAT'S NEW

Although popular in Tinseltown and beyond, homegrown CARGO Cosmetics has stayed true to its roots. Its latest Canuck shout-out? Recruiting Cassie Zhen, an Ontario College of Art & Design grad, to illustrate the covers of its new line of eyeshadow quartets. Each palette is an *objet d'art*—literally.



CARGO Cosmetics Color Palette in Tahiti ($28)

ELLE CANADA

How safe is your water? ELLE Canada explores the risks of tap and bottled water—and the results will surprise you.

www.ellecanada.com

OLAY
©2008 P&G
Make a big splash with cleansers that do more than cleanse.
Olay's skin-loving benefits go beyond basic cleansing. So, get nourishing moisture. Provide purifying exfoliation. And defy the rough, dry appearance of aging. Wash away your old ideas of cleansing with Olay's overachieving line of cleansers.
Love the skin you're in.™
cleansing
OLAY
pore scrub
OLAY
complete
OLAY
eyecare + make-up remover
A personalized skin care consultation awaits you @ OlayForYou.ca

McDonnell in talks to join Grey's Anatomy
Actress Mary McDonnell is in advanced talks to join hit drama Grey's Anatomy for a multi-episode guest arc, ABC has confirmed. The nature of the role is being kept under wraps. METRO NEWS SERVICES

Entertainment

Firestone baby
Former Bachelor star Andrew Firestone and wife Ivana are expecting their first child in mid-April.
USMAGAZINE.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Bollea getting out of prison early

CRIME Hulk Hogan's son Nick Bollea is getting out of jail nearly three months early with credits for good behaviour and working, People.com reports.

Bollea

Bollea, who has been serving an eight-month sentence in Clearwater, Fla., for reckless driving that led to an accident with injuries, is due to be released Oct. 21.

Beat Thriller or forget it: Jackson

MUSIC Michael Jackson is so eager for his comeback disc to be a success that he's given his songwriters an ultimatum — make it better than Thriller or forget it, the Daily Mirror reports.

"Michael's new album has to be amazing," said Ne-Yo, who is on Jackson's select team. "I've already submitted some songs but we have no idea when it's coming out. He keeps putting it off. It's tough when all eyes are on him and there is so much young competition out there."

Godfather tops all-time film poll

MOVIES Mafia film The Godfather has been named the greatest movie of all-time in a poll of over 10,000 cinema-goers, filmmakers and critics, BBC News Online reports.

The 1972 Francis Ford Coppola film, starring Marlon Brando and Al Pacino, headed Empire magazine's Top 500 poll.

METRO NEWS SERVICES

TV on the Radio crafts gem

TV on the **Radio**

Album: Dear Science
Label: Interscope/Universal
Rating: ●●●●½

IF THERE'S ANY album that people have been waiting for, it's TV on the Radio's follow-up to 2006 critically acclaimed disc Return to Cookie Mountain. And, boy, was it worth the wait. The Brooklyn-based band's third album in four years is an aural masterpiece filled with sweeping experimental sounds, intelligent songwriting and a plethora of contagious hooks. They've managed to pull off what similar sounding Bloc Party's been trying to do (especially on Dancing Choose) — create boundary pushing rock music, that's complex, yet accessible enough for everyone to enjoy.

Bryan Borzykowski/for Metro Canada

MICHAEL LAVINE/UNIVERSAL MUSIC
Dear Science, the new album from TV on the Radio, is an aural masterpiece.

Santogold

Album: Santogold
Label: Downtown/Warner
Rating: ●●●●

IT'S NOT WHAT influences you, it's what you do with the influences. Santogold, Philadelphia-native Santi White, draws from a long list of genres: New wave, dub, electronic and indie rock among the most obvious. So she's eclectic, like thousands of other musicians. Big deal? Yes. Santogold blends everything for a unique sound, which is not to say it's always pleasant to listen to. Some of the soundscapes can be grating. Santogold's most effective when she minimizes the sound effects, like on the sunny Lights Out. Then there's her voice — again, unique. Can you imagine if Gwen Stefani took voice lessons from Martha Davis of The Motels, then was mashed with Musical Youth? Jim Reyno/Metro Canada

Terry **Lynn**

Album: Kingstonlogic 2.0
Label: Last Gang
Rating: ●●●

GUNSHOTS, GANJA gangstas, macheted corpses, starving kids, barking dogs, bad popo, evil socialites and greedy corporate pigs — Terry Lynn wields the politics of poverty with a electro-reggae mallet. Born in the ghettoes of Jamaica, yet recorded in Toronto, this debut CD is most interesting on songs like Stone when Lynn injects a glimmer of personality into her otherwise stark urban landscapes. It's nice to know you can strike a blow against injustice while getting down on the dance floor.

Graham Rockingham/for Metro Canada

Plain **White T's**

Album: Big Bad World
Label: Hollywood/Universal
Rating: ●●●

EVERY 15-YEAR-OLD HAS a favourite act that they'll hate later. For many teens that band will be the Plain White T's, a gushy mall pop act that would fit well on a mix with Simple Plan and the Jonas Brothers. While this disc is clearly aimed at the younger set — oozing pop melodies with straightforward lyrics about heartbreak and mistakes — the band could be a lot worse. They're less cheesy than Simple Plan, and not as obnoxious as the Jonas Brothers. In fact, they're down right infectious. With softer tones and Eagles-like guitar these guys are the most bearable of the bunch.

Bryan Borzykowski

David **Gilmour**

Album: Live in Gdansk
Label: Columbia/Sony BMG
Rating: ●●●

I'M SORRY FLOYD FANS, but let's face it — without chemical enhancement, your beloved guitarist can get long-winded and boring. Don't get me wrong. There's plenty of good stuff on this two-disc recording of David Gilmour's momentous concert at the Gdansk Shipyards. The great hash anthems of yore — Breathe, Time, Astronomy Domine, Echoes, Wish You Were Here and Comfortably Numb — are all recreated impeccably. How can he go wrong with the backing of the Baltic Philharmonic, ex-Roxy Music guitarist Phil Manzanera and dearly departed Floyd keyboardist Richard Wright? Thank goodness, however, for fast-forward buttons. Only the very seriously enhanced could possibly have the time, or the lethargy, to sit through the bundle of songs embedded on disc one from Gilmour's solo career.

Graham Rockingham

Album**Reviews**

music@metronews.ca

Kings of **Leon**

Album: Only By The Night
Label: Red Ink/Sony BMG
Rating: ●●½

EVERYBODY SEEMS TO want this Tennessee brothers' band to be the saviour of southern rock. None of the three previous Kings of Leon have lived up to the hype. The thundering bass lines of the opening track offer hope that No. 4 will be the one we've been waiting for. The feeling builds through Crawl, Sex On Fire and Manhattan. But a funny thing happens about halfway through the CD. It degenerates into stale almost-middle-of-the-road pop slush. Ouch. Burned again.

Graham Rockingham

On the web

- Read our review of the Pussycat Dolls' new album at metronews.ca/music.

Life is full of stories.

Francophone publishers from all across Canada will be showcasing their new products, including fiction, non-fiction, children's books, magazines and book-related merchandise.

FRENCH BOOK FAIR
16E SALON DU LIVRE DE TORONTO

OCTOBER 2 TO OCTOBER 5, 08
10 AM TO 8 PM (SUNDAY 10 AM TO 3 PM)
Queen Elizabeth Exhibit Hall at Exhibition Place
180 Prince's Boulevard (near the BMO Stadium)
Adults: $6 (Sunday $5) · Students & Seniors: $4 · Kids under 12: Free

FOR MORE INFORMATION, VISIT WWW.TORONTOFRENCHBOOKFAIR.CA

About a band

About a Boy author Nick Hornby, shown, is to record an album with singer-songwriter Ben Folds, who said: "Nick and I are talking about doing a record where he writes all the lyrics and I write the music. His lyrics are great." **BRITAIN'S THE SUN**

Cake going the distance for the environment

IAN NATHANSON
for Metro Toronto

Alt-rockers Cake will be going the distance environmentally for its sixth album, due for 2009 release.

The quintet, best revered for radio hits in 1996's The Distance and 2001's Short Skirt/Long Jacket, plan on recording a follow-up to 2004's Pressure Chief at its own studio in Sacramento, Calif., utilizing 100 per cent solar electricity generated from a solar array on the studio's roof.

"Everyone's so energy conscious out this way and always nervous about turning on and off too many lights," trumpet player Vince DiFiore tells Metro from his California home.

°"The solar panels allow us to get rid of some of the anxiety and know that we're moving a step in the right direction. At all of our rehearsals, we're probably only using about 10 per cent of the energy that we're generating and what's left over is going back into the city's grid."

Cake's environmental awareness also extends to its live shows. Recent concerts generally find frontman John McCrea interacting with audiences through — of all things — tree giveaways.

By responding to McCrea's environmental trivia questions, winning fans must plant a tree and upload photos of its growth to the band's website, www.cakemusic.com.

"If nothing else, it certainly encourages other people to plant trees — that in itself is rewarding," DiFiore says.

Despite shifts in personnel since forming in 1991, Cake has separated itself from the screaming sludge of grunge and post-grunge by incorporating funk, ska, pop, jazz, rap, and country into its simple arrangements that complement McCrea's droll, Sinatra-esque vocal delivery and DiFiore's trumpet solos.

Along with its own material, Cake often puts its own distinctive spin on choice cover songs — most notably its sparse, funky remake of disco classic I Will Survive.

Several other unique covers crop up on Cake's latest disc, B-Sides And Rarities, including Black Sabbath's War Pigs, and an old Sesame Street favourite in Mahna Mahna.

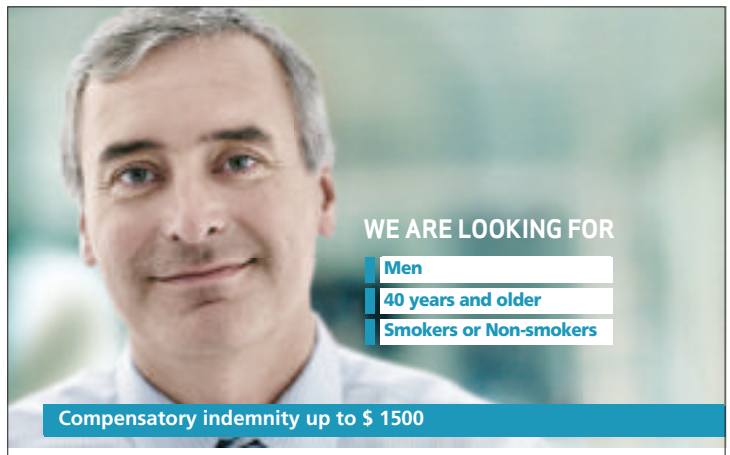
"We were going to put out a live album, but it felt too much like we were going to put out a greatest-hits record, which notoriously seemed to cap people's careers," says DiFiore, adding the band amicably parted from Columbia in 2007 and released the compilation on its own label, Upbeat Records.

"We decided to get all the tracks that hadn't made it on to the original albums — mostly cover songs — and it all seemed to fit nicely."

If you go

- Cake performs tonight at the Sound Academy.

TODAY IS A GOOD DAY TO SURPRISE A FRIEND...
Take Five daily, to find out what your horoscope says.
metronews.ca
metro Do it daily.



Anapharm sets the standard in offering high quality services in the clinical research field, all while ensuring the comfort, respect and safety of our volunteers.

Over 10 years of experience

To find out how to participate call us today. Our team of experts will help you find a study that's appropriate for you.

anapharm
a PharmaNet company

Monday to Friday: 8:00 am to 9:00 pm
Saturday: 9:00 am to 5:00 pm
Contact number: 1-866-ANAPHARM (1-866-262-7427)
www.anapharm.com
Our brand new clinical facility is conveniently located at the York Mills Subway Station.

26696_0916

Lane sick of lame roles

Actress Diane Lane is reportedly contemplating quitting acting for good, because she is sick of the bland movie roles she is offered. IMDB.COM

Baldwin spills about divorce

Alec Baldwin, at a bookstore event he says he didn't want to attend, gave a fired-up talk Tuesday night about a book he says he didn't want to write.

A standing room only crowd of more than 100, plus about 20 protesters outside, came to a Barnes & Noble in Manhattan, where the award-winning actor discussed A Promise to Ourselves, a new memoir about his devastating divorce and child custody battle.

"I wish I weren't here. I wish I weren't doing this," Baldwin, 50, said at the beginning of a 20-minute discourse on family law and feminism, with references to civil rights, the Wall Street crisis, Beverly Hills lawyers and the notorious voice mail he left in 2007 with his then-11-year-old daughter, Ireland.

Wearing a dark blue blazer, a light blue shirt and no tie, his hair grayer and spikier than it usually appears in public, Baldwin spoke emotionally, compulsively, promising "This is the last thing I'll say" often enough that he finally joked, "I know, I said this before."

His book tells of his split with actress Kim Basinger, and his estrangement from their daughter, brought about, he says, by a court system that effectively drains both soul and pocketbook.

"I wish I weren't doing this."
Alec Baldwin

Baldwin's talk was held near the restaurant from which, Baldwin writes in his book, he slipped away last year during dinner and phoned his daughter. Failing, as he had for days, to reach her, Baldwin "snapped" and exploded, calling Ireland a "rude, thoughtless little pig." After the tape was leaked to the media, his private tantrum turned into a public fiasco that left Baldwin feeling suicidal for weeks.

His remorse remained Tuesday night and so did his anger. "Who gained from that?" he asked of the tape's public airing. The entire incident, he said, was designed to "humiliate people," to embarrass and to taunt.

Baldwin took no questions, but he did respond to members of the Voices of Women Organizing Project who marched and chanted on the Broadway corner in front of the store. They were opposing Baldwin's defence of Parental Alienation Syndrome (PAS), a controversial theory about how one parent, often the father, is effectively demonized by the other parent, with the child's help.

"It's junk science and has not been validated or supported," said Kalima DeSuze, lead organizer of the women's group, which advocates for victims of domestic violence.

Inside, Baldwin acknowledged the protesters, agreed with most of their arguments, but said they failed to explain "how they would like to stop women who falsely accuse men." He then offered a brief history of the feminist movement, saying nothing would have been achieved without "the support of men." THE ASSOCIATED PRESS

YTV is a trademark of Corus™ Entertainment Inc. © 2008 Corus™ Entertainment Inc.

GARY GERSHOFF/GETTY IMAGES

In his book, Alec Baldwin says divorce can be quite a racket.

Playwright nominees announced

THEATRE Daniel MacIvor and Colleen Murphy are among the playwrights nominated for the Siminovitch Prize in Theatre.

MacIvor, from Sydney, N.S., and Murphy, of Toronto, face off against Morwyn Brebner of Toronto, Larry Tremblay of Montreal and Daniel Danis of St-David de Falardeau, Que.

The winner of the Elinore & Lou Siminovitch Prize in Theatre receives $100,000, of which $25,000 is awarded to a protege or organization of the recipient's choice.

Organizers say the nominees were chosen for their "originality, sense of evolution, growing maturity, continuing experimentation, impact upon audiences and/or influence upon younger artists."

The prize will be presented in Toronto Oct. 27. It recognizes the best in direction, playwriting and design in three-year cycles and is dedicated to scientist Lou Siminovitch and his late wife Elinore, a playwright.

THE CANADIAN PRESS

Public Enemy No. 1: Classic gets top spot

MUSIC Let the debates begin: VH1 has compiled its list of the 100 greatest hip-hop songs and Public Enemy's black power anthem Fight the Power tops the list.

The cable channel will count down its list in a series of shows starting Monday.

At No. 2 is the Sugar Hill Gang's groundbreaking song, Rapper's Delight, followed by Dr. Dre's Nuthin but a G Thang at No. 3.

Run-D.M.C.'s Walk This Way with Aerosmith and Grandmaster Flash & the Furious Five's The Message round out the top five.

Salt 'N Pepa was the only female act in the top 10, with their early hit "Push It." Two of rap's biggest names — Jay-Z and Eminem — didn't make the top 10, though they are in the top 20.

VH1 rap honours

- **Public Enemy:** Fight the Power
- **Sugarhill Gang:** Rapper's Delight
- **Dr. Dre:** Nuthin But a G Thang
- **Run-D.M.C.:** Walk This Way (with Areosmith).

Other acts on the list include the Notorious B.I.G., Tupac, Snoop Dogg, Biz Markie, Black Sheep and J.J. Fad.

The list comes as VH1 prepares to honour the pioneers in rap once again as part of its annual Hip-Hop Honours show, which this year celebrates Slick Rick, De La Soul, Cypress Hill, Naughty by Nature and Too Short. That show airs Oct. 6. THE ASSOCIATED PRESS

Barker, DJ AM slid down plane wing to escape

PLANE WRECK One of the first responders to a South Carolina plane crash said yesterday a pair of musicians escaped the flaming wreckage by sliding down the wing.

"They said the plane went down," said Lt. Jason Shumpert of the South Congaree Police Department. "Once it went down, they were able to slide down the wing of the plane and they jumped on each other to put fires on each other out and rolled around on the ground."

Shumpert said he didn't know until later the two badly burned men were former Blink-182 drummer Travis Barker and celebrity disc jockey DJ AM, whose real name is Adam Goldstein. One of their doctors at a Georgia burn hospital said he expects them to fully recover from their second- and third-degree burns.

Travis Barker

A video of the Friday-night crash scene shot from Shumpert's police car shows an inferno next to the road, with screams ringing out above the din of sirens of ambulances and fire trucks. Shumpert said the screaming voice belonged to Barker, who was trembling and seemed to be in intense pain as he sat on the sidewalk, waiting for medical help.

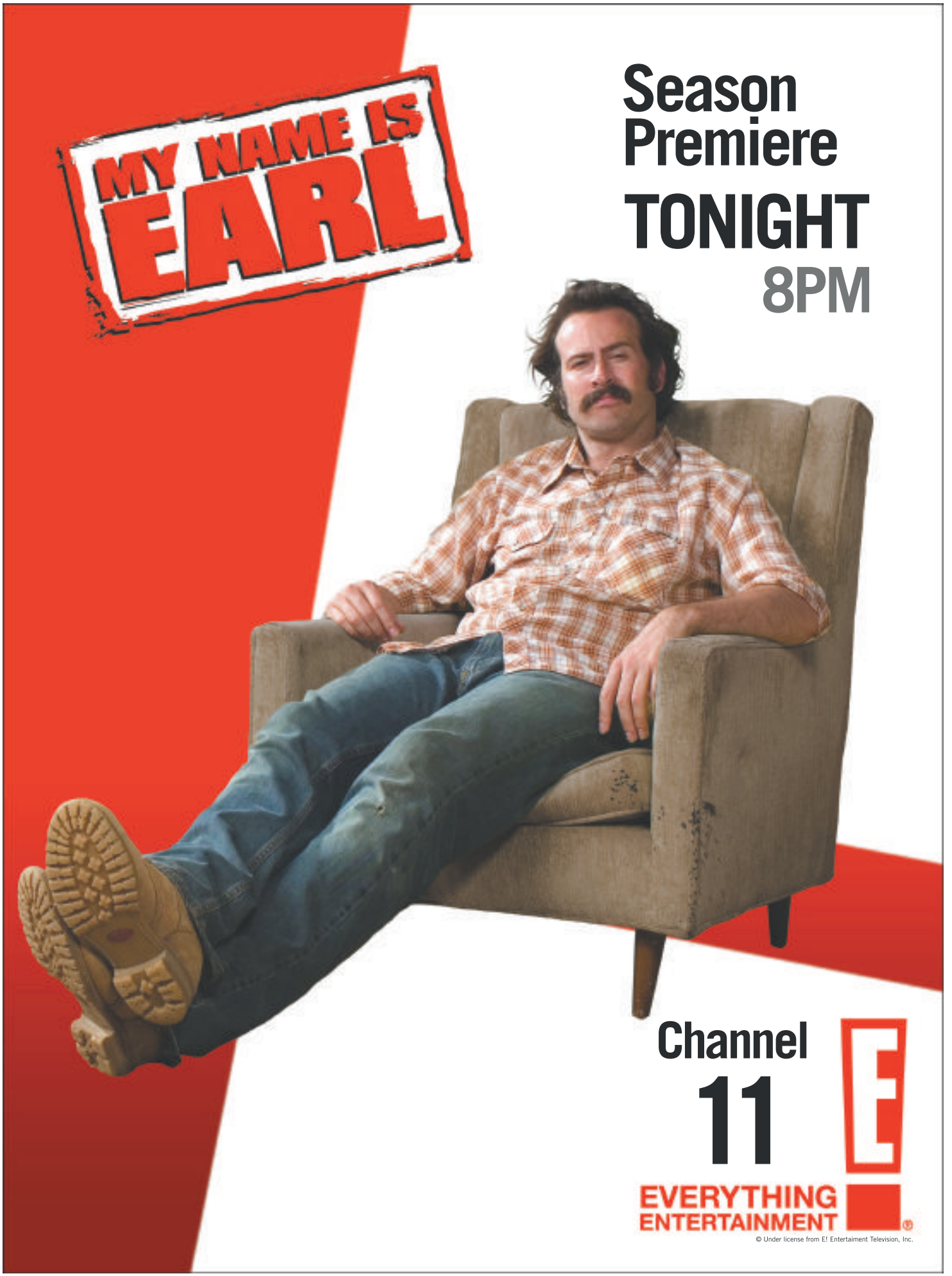
"Travis, you could tell he was in pain," Shumpert said. "He just kept saying: 'That's my friends in the plane, that's my friends in the plane.'"

Pilot Sarah Lemmon, 31, of Anaheim Hills, Calif., and co-pilot James Bland, 52, of Carlsbad, Calif., died of smoke inhalation and burns within minutes of the crash. A South Carolina coroner has said Chris Baker, 29, of Studio City, Calif., and Charles Still, 25, of Los Angeles, close friends of the musicians, died on impact. THE ASSOCIATED PRESS

Entertainment in brief

MUSIC Canadian country singer Crystal Shawanda and Winnipeg rockers Eagle & Hawk have snagged a leading five nominations for this year's Canadian Aboriginal Music Awards. Inuit throat singer Tanya Tagaq has three nominations and faces off against Shawanda, of Wikwemiking, Ont., and Eagle and Hawk in the contest for best album. Prizes in 26 categories will be handed out Nov. 28 in Toronto at the Rogers Centre, where the awards bash will help kick off the 15th annual Canadian Aboriginal Festival. This year's ceremony adds several new awards, including categories for best original score and best hip-hop music video. The event will also highlight the traditions and symbolism of the western coastal aboriginal people. For more information, visit www.canab.com.

THE CANADIAN PRESS


MY NAME IS EARL
Season Premiere
TONIGHT
8PM
Channel 11
EVERYTHING ENTERTAINMENT
© Under license from E! Entertainment Television, Inc.

International Academy of Design & Technology
www.aodt.ca
Fashion Design
Call Today 647-288-8496
International Academy of Design & Technology is now a Division of RCC Institute of Technology
Now Enroll for October 2008

YORKVILLE College of Professional Studies

Paralegal
Programs available:
- Computer Applications Specialist
- Office Administrator
- Early Childhood Assistant
- Dental Hygiene
- Dental Chairside Level 1 and/or Level 2
- Community & Social Services Worker
- Computer Networking
- ESL
Call Today (647) 288-8129
or visit www.yorkvillecollege.com
1835 Yonge St., 2nd floor, Toronto, (Yonge & Davisville Subway)

Hathaway's ex allegedly scammed priest

Anne Hathaway's ex-boyfriend Raffaello Follieri allegedly scammed a New Jersey priest out of $110,000 US, claiming he needed the cash to pay nuns. FEMALEFIRST.CO.UK

Judge ends Tim Burton lawsuit

A judge has ended a long-running dispute between Tim Burton and his ex-girlfriend over whether the acclaimed director owes her more of his earnings.

Los Angeles Superior Court Judge Teresa Sanchez-Gordon signed an order Sept. 16 finding in Burton's favour and stating that his ex, Lisa Marie, did not present a valid case.

Earlier, an appeals court had halted a trial and ordered the judge to grant a motion by Burton's lawyer to dismiss the case.

Marie sued Burton in December 2006. She claimed she was cheated out of money that Burton had promised her during their relationship. The pair dated for nearly a decade and the director included her in several of his projects before their relationship ended in 2001.

The judge's ruling noted that Marie and Burton signed agreements around the time they went their separate ways that provided her with at least $5.5 million, rights to a New York co-op apartment and a Jaguar coupe. The judge declared those agreements "valid and enforceable."

The judge also released copies of the contracts, which divide more than just money. Burton was granted the right to keep an Agnes Martin painting and the rights to large-size Polaroid pictures of Marie, including some of her nude. Any release or sale of those images would require her approval, the contracts say.

Marie countered in court filings that she felt coerced to sign the contracts and that Burton once told her he would take care of her "financial support and needs for the rest of her life."

Lara P. Ott, a lawyer representing Marie, did not immediately return an after-hours phone message seeking comment. A lawyer for Burton said Tuesday he could not provide immediate comment.

Marie may now have to pay Burton's legal fees stemming from the lawsuit.

THE ASSOCIATED PRESS

Relationship history

- Tim Burton met his ex-girlfriend Lisa Marie, a former Calvin Klein model, at a club in 1991.
- Burton cast Marie in several of his films, including Ed Wood, Mars Attacks and the Planet of the Apes remake.

Rapper T.I. ordered to pay more child support

IN COURT A judge has ordered rapper T.I. to pay more child support to the mother of two of his children after she claimed he wasn't providing enough money.

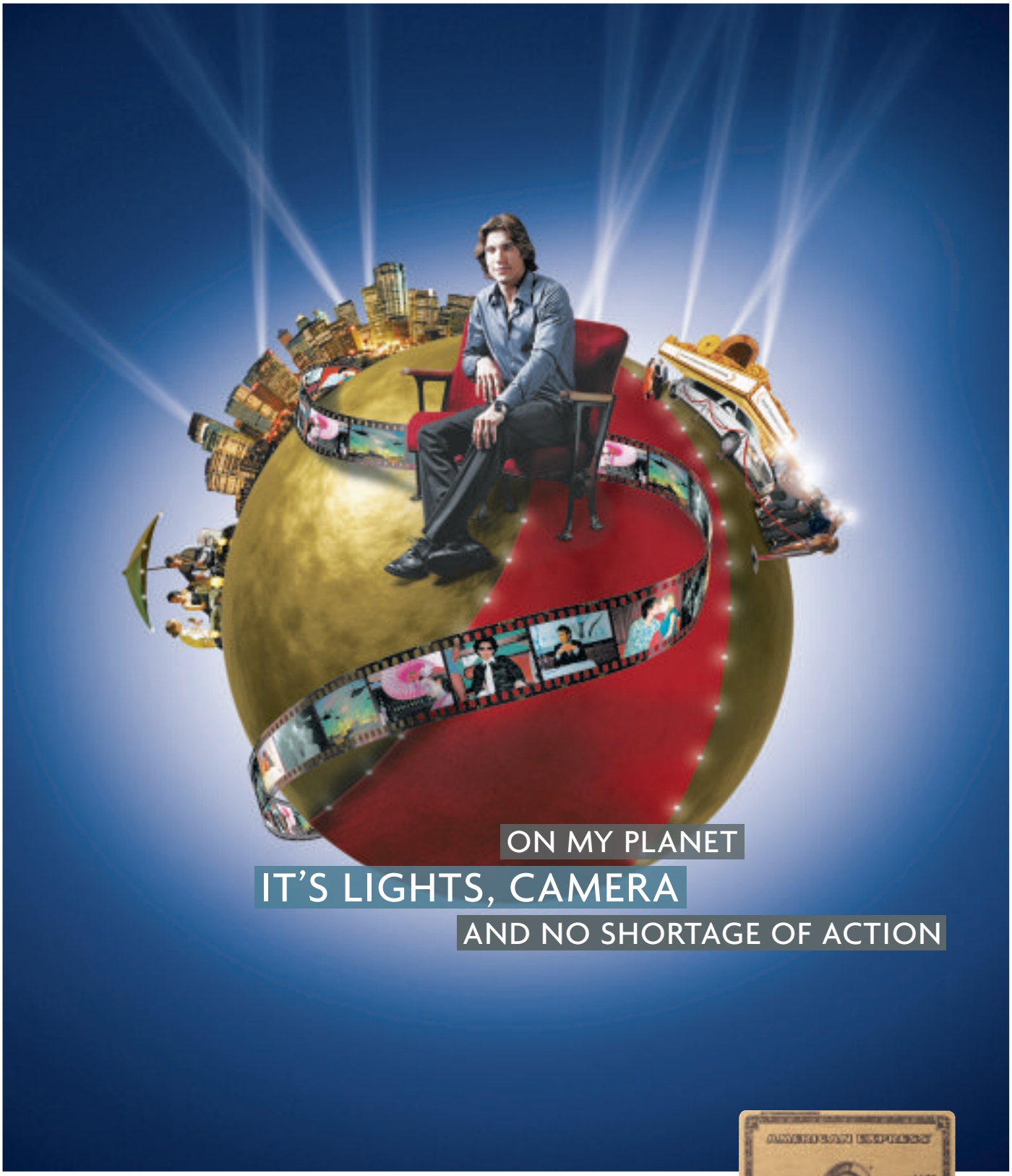
Superior Court Judge Bensonetta Tipton Lane told the two-time Grammy winner, whose real name is Clifford Harris, to pay just over $3,000 US a month to LaShon Dixon. He had been paying about $2,000 per month.

The judge also recently said the 27-year-old performer must continue to pay for the boys to attend private school, uninsured medical bills and expenses related to the children's extracurricular activities.

Tipton Lane also awarded the couple on Tuesday joint custody of the boys, ages seven and eight. Dixon, 28, was granted primary physical custody. The children previously spent about 40 per cent of their time with the rapper.

Dixon's lawyer, Randy Kessler, said his client is still unsatisfied with the amount the judge ordered T.I. to pay but is happy to receive more child support.

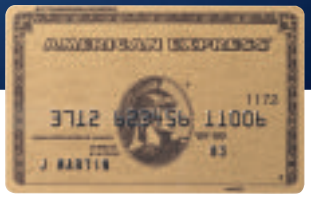
THE ASSOCIATED PRESS



Because my American Express® Card opens doors to everything entertainment.

- Ongoing access* to select concerts, shows and specialty dining events.
- Exclusive access* to online content and sneak peeks.
- Access* to once in a lifetime Cardmember experiences.

americanexpress.ca/myplanet



MORE THAN JUST A CARD™

*Subject to availability. On select events. TM, ®: Used by Amex Bank of Canada under license from American Express. Copyright ©: Amex Bank of Canada, 2008.

www.newnordic.ca
NEW NORDIC
Look for the "Silvertree" logo - Your guarantee for high quality.

ARE YOU RETAINING WATER?

	YES	NO
My body feels heavy and puffy	■	■
I love especially salty snacks	■	■
My joints feel swollen	■	■
I have cellulite	■	■
My clothes are tight	■	■
I don´t drink enough water	■	■

These are some clues that your body is retaining more than usual amounts of water. Cut your salt intake and try Apple Cider 600 as a solution!

I threw away my "fat" clothes!

"I hated myself for being so plump and heavy, while still eating chips and snacks! I started feeling like a couch potato and I was so tired of wearing baggy clothes or not wanting to be seen in a bikini.

Finally I made the decision to stop abusing my body and do something about my weight. My sister told me about Apple Cider 600, which had helped her lose weight, so I went to my pharmacist to ask about them. The pharmacist told me Apple Cider 600 is based on all natural vinegar and plant extracts, which would mainly help me get rid of any excess retained water weight, as well as helping my metabolism and digestion of fats.

I bought a package and I'm so glad I did! Apple Cider 600 is fantastic! I have been taking them now for 6 weeks and I'm thrilled. I feel so much lighter and confident. I simply took 3 tablets a day, as recommended, drank more water, watched my snack intake somewhat, and the pounds just came off gradually. So I have finally thrown away all my baggy clothes and treated myself to a new wardrobe - It's so much better than snacks!"

WATER RETENTION MAKES YOU BLOAT!!
Water retention makes you feel overweight and bloated. Your fingers swell, your ankles look and feel heavy, pants fit tighter and your bra may become uncomfortably snug. Even headaches and back pain of premenstrual syndrome (PMS) are associated with water retention.

SO HOW CAN APPLE CIDER 600 HELP?

Apple Cider 600 is an effective natural formula of apple cider vinegar, combined with dandelion extract and globe artichoke extracts, all designed to make you naturally slim down and feel lighter:

- **Apple cider vinegar** - Traditionally used to stimulate metabolism, balance digestion and alleviate stomach disorders. Apple cider has detoxifying properties, optimizing kidney and bladder functions.
- **Globe artichoke** - Stimulates the detox processes of the liver, lowers blood cholesterol, is a protective antioxidant and is well-known to reduce digestive problems.
- **Dandelion** - Works as a strong diuretic, a detoxifier and an antioxidant. It has been used for decades for eliminating retained fluids, stored commonly among the fat cells and soft tissue.

AVAILABLE AT PARTICIPATING PHARMACIES AND HEALTH STORES:
Loblaws | Superstores | Walmart | Fortinos | Zehrs | GNC | Nutrition House
Your Good Health Stores | Ambrosia | and Healthy Planet.

BUY ONLINE AT: www.multisupplements.com

For more information, please visit www.newnordic.ca or call 1 800 261 4223

theatre

THE CRACKWALKER The story of a mentally challenged girl in Kingston. To Oct. 11. Tue.-Sat. 8 p.m.; Sat. 2:30 p.m. $15-$20; Tue. PWYC. Theatre Passe Muraille Backspace, 16 Ryerson. 416-504-7529.

JERSEY BOYS Dancap's last production of the season is a Tony Award-winning jukebox musical centred on songs made famous by Frankie Valli and the Four Seasons. To Oct. 5. Tue.-Sat. 8 p.m.; Wed. & Sun. 2 p.m. $55-$125. Toronto Centre for the Arts, 5040 Yonge St. 416-872-1111.

LATE/BLACK MEDEA A double bill feat. one-act plays. To Oct. 5. Thu.-Sat., Tue. & Wed. 8 p.m.; Sun. 2 p.m. $20-$30. Berkeley Street Theatre, 26 Berkeley. 416-368-3110.

MONTY PYTHON'S SPAMALOT To Oct. 5. Tue.-Sat. 8 p.m.; Sat. & Sun. 2 p.m. $26-$110. Canon Theatre, 244 Victoria.

SCORCHED Tarragon's original 2007 production of Scorched won acclaim and two Dora Awards. To Sept. 28. Tue.-Sat. 8 p.m.; Sat.-Sun. 2:30 p.m. $20-$45; $15 Fri. rush; Sun. PWYC. Tarragon Theatre, 30 Bridgman. 416-531-1827.

THEATRE OF THE OBSESSED Featuring new short plays by Toronto playwrights. Sept. 24-27. Wed. 8 p.m. $15. Centre for the Arts, 263 Adelaide W. 647-835-0250.

galleries

GARDINER MUSEUM Postmodern porcelain: An exhibit drawing artistic elements from multiple traditions and combining them. To Jan. 4. 111 Queen's Park. 416-586-8080.

THE HIDEOUT How Done It? A Game of Clue for Photography Lovers: By Paddy Jane Gallagher. Ongoing. 484 Queen St. W. 647-438-7644.

JUSTINA M. BARNICKE GALLERY Wildflowers of Manitoba: Installation by Noam Gonick, Luis Jacob. Light-On in Babyland: A selection of works initiated by Michael Morris and Vincent Trasov in the early '70s at Babyland. Both to Oct. 5. 7 Hart House. 416-978-8398.

LEO KAMEN Schema: Wall-mounted "landscapes" of cut and painted aluminum by Jeannie Thib. To Oct. 11. 80 Spadina Ave., suite 406. 416-504 9515.

MKG127 Fours: Joy Walker presents a series of large, unique silkscreen prints that take as their subject matter a simple rectangular box. To Oct. 11. 127 Ossington. 647-435-7682

MOONBEAM CAFE Paintings and drawings by Tania Sanhueza. Ongoing. 30 St. Andrew. 416-595-0327.

MOORE GALLERY Streetspeaks: A photo exhibit by May Karp. To Sept. 27. 80 Spadina Ave., suite 404. 416-482-6142.

OSGOODE HALL Lawn & Border: Multimedia show about the grounds at Osgoode. To 2010. 130 Queen St. W. 416-947-3315.

PIXEL GALLERY The Artillerist: An immersive multi-projection-based installation involving digital paintings via Wii controllers. To Oct. 4. 156 Augusta. 416-537-9774.

THE POWER PLANT SITE Santa Fe: Works by Scott Lyall. To Oct. 26. 231 Queen's Quay W.

ROYAL ONTARIO MUSEUM Exhibition of the 2008 Sobey Art Award: More than 50 contemporary artworks by the finalists. To Oct. 13. Shanghai Kaleidoscope: Mixed media by Shanghai's leading contemporary artists and designers. To Nov. 2. 100 Queen's Park. 416-586-8000.

RYERSON GALLERY Pictures for a Portrait: Works by Wendy Snyder. To Oct. 4. 80 Spadina Ave., suite 305. alana.west@ryerson.ca.

STEAM WHISTLE BREWING GALLERY It Figures: A group exhibit of human form. To Sept. 26. 255 Bremner. 416-362-2337.

TORONTO IMAGE WORKS GALLERY Live/Work: Photos by Stephen Brookbank. To Oct. 11. 80 Spadina Ave., suite 207. 416-703-1999.

concerts

TODAY

CRYPTOPSY w/ Norther, Origin, Nefastus Dies, Last Felony. Opera House. $25 at Rotate This, Sonic Temple, Ticketmaster. Early show: 7 p.m.

JASON WILSON w/ Pee Wee Ellis, Brinsley Forde. Hugh's Room. $40 at 416-531-6604. Sep. 25 & 26.

MY BLOODY VALENTINE Ricoh Coliseum, 100 Princes'. $47.50 at Rotate This, Ticketmaster. Early show: 7 p.m.

TOMORROW

LANG LANG Roy Thomson Hall, 60 Simcoe. $39.50-$99.50 at 416-872-4255.

LESS THAN JAKE & REEL BIG FISH & THE JOHNSTONES w/ The Real Deal. Sound Academy. $25.50 at Ticketmaster, Rotate This, Soundscapes, Horseshow. Early show: 7 p.m.

METHOD MAN & REDMAN Kool Haus. $39.95 at Ticketmaster.

THE SLACKERS Opera House. $16.50 at Ticketmaster, Rotate This, Soundscapes, Horseshoe.

TWO HOURS TRAFFIC Lee's Palace. $8.50 at Rotate This, Soundscapes, Horseshoe, Ticketmaster.

THE WATCHMEN w/ Chris Koster (Sep 26). Horseshoe. $20 at Rotate This, Soundscapes, Horseshoe, Ticketmaster. Sep. 26 & 27.

UPCOMING

CELINE DION Air Canada Centre. $63.25-$545 (yes, seriously, five hundred and forty-five Canadian dollars). Sep 27.

CESARIA EVORA w/ Nikki Yanofsky. Massey Hall, 178 Victoria. $50-$70 at 416-872-4255, Ticketmaster.

LOCAL LISTINGS BY: EYE WEEKLY

1/2 PRICE FRIDAY NIGHTS AT THE ROM
Every Friday 4:30 - 9:30 pm

Presented By: Sun Life Financial

ROM Royal Ontario Museum
rom.on.ca

Because my American Express® Card gives me access to what the city has to offer.

- Preferred access* to some of the hottest shows.
- VIP parties* at select events.

americanexpress.ca/myplanet

MORE THAN JUST A CARD™

*Subject to availability. On select events. TM, ®: Used by Amex Bank of Canada under license from American Express. Copyright ©: Amex Bank of Canada, 2008.

Apartment Finder

To advertise, call Josh Green, 416-443-4392

Victoria Park & Danforth Ave.
Immediate Occupancy
416-694-8408 | 416-694-3187
Jr. 1 brm from **$810**
1 bdrm from **$835**
Jr. 2 bdrm from **$925**
2 bdrm from **$975**
Indoor parking lowest at $25
Ask About move-in bonus
security, walk to subway,new decor, utilities, shops, complete redecoration
WWW.PRINCESSMGMT.COM

1.1 million
readers do it daily!
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

Have A Place For Rent ?
Place a "Classified Ad" for just $10
Find a tenant on our "Message Board"
Looking To Rent ?
Place a Free Ad on our "Message Board"
Search through 1,000's of Listings
TorontoRentals.com

EXTRA LARGE SUITES! JANE & SHEPPARD
2775 Jane St.
1, 2 & 3 bedrooms from $799
416-630-7264

TOTALLY RENOVATED!
1 Deauville Lane
Bright and Totally Renovated Suites
1 and 2 bedroom from $790
416-429-5542
viewit.ca-B78

Yonge & Eglinton
196 Eglinton Ave. East
Bachelors and 1 bed from $850
416-857-0203

FULLY FURNISHED HOME TO SHARE
Cable, internet, parking, no smoking/pets
Brampton
(Airport Rd/Bovaird Ave)
Female preferred 905.488.0656

Rent Toronto's Best Subway Locations!
Minto Roehampton
Condominium lifestyle rentals now available at Yonge & Eglinton
150 Roehampton
1 Bedroom from $1,679
1 Bedroom + Den from $1,559
2 Bedroom from $1,959
Now available one-of-a-kind Penthouse with 180° views from $3,699
Visit our Rental Centre at: 150 Roehampton Ave
416-246-2926
rentminto.com

Rent Toronto's Best Subway Locations!
High Park Village
Bloor St. West & High Park Ave.
• Steps to Subway right at High Park station
• Floor to Ceiling Windows
• Full facility Rec. Centre with Indoor/Outdoor Pools
• Onsite Resident Services Centre
Studio from $992
1 Bedroom from $1,133
1 Bedroom Deluxe from $1,309
2 Bedroom from $1,621
3 Bedroom from $2,152
Town Homes from $2,650
Visit our Rental Centre at: 65 High Park Avenue
416-507-7707
rentminto.com

CARLTON & YONGE
33 Wood St. Apartments
LARGEST 2 Bedroom suites in the area!!!
CALL US NOW!!
Furnished & unfurnished units.
Renovated apts with 4 appliances.
A/C, Indr. pkng., Fitness centre.
Utilities all included.
416-593-1772

RENT TO OWN
DON VALLEY & SHEPPARD

3 & 4 BEDROOM.
NEWLY RENO TOWN HOMES WITH YARD
LOW DOWN, NO QUALIFYING
CALL
1-866-785-0740

Effective and cost effective.
To advertise in Metro's Apartment Finder, call Josh today! 416-443-4392
metro
Do it daily.

Service Directory

FINANCIAL

The Money Source
LOANS
FOR WHATEVER YOUR NEEDS MAY BE!
APPLY ONLINE TODAY!
www.mymoneysource.ca
or call (416) 699-2274
License # 11127

METRO PAYDAY LOANS
Approval Over The Phone
Same Day Service
Cheque Cashing *Some Locations
$200 - $800
416-667-0077
www.metropaydayloans.com

MORTGAGE APPROVED!
• 1st and 2nd Mortgage for any purpose.
• Purchase or re-finance up to 95%!
• Rates well below posted!
• Consolidate cards into one payment.
• Investment Loans to $100,000 OAC.
• Self-employed? No income qualifying?
• Good, bad or no credit?
• Behind on Mortgage Payments?
www.homefreefinance.ca
Commerce Ventures
416.913.9593 or 647.273.5626

Effective and cost effective.
To advertise in Metro's Service Directory, call Ian today!
416-486-4900 ext. 232
metronews.ca
metro
Do it daily.

PSYCHICS

PSYCHIC READER
If you are worried or unhappy through love, business, marriage or whatever your problem may be. I have reunited the separated, healed the sick. Where others have failed I have succeeded. I will not ask what you came for; I will tell you. I will make known your friends and enemies to you! One visit will convince you that I am superior to all others. Call NOW for appointment
416-225-5818

Psychic Spiritual Advisor Mona ~
I restore luck and happiness and will call out your friends and enemies byname. Help in all problems such as love, marriage, business, health or whatever your problem may be. I will tell you your past as it was, your present as it is, and your future as it will be. 100% guaranteed results. 40 Years experience. Superior to all others. Don't let time or distance stand in the way of happiness.
CALL FOR 1 FREE QUESTION
416•222•8201
9am-9pm • Yonge/Finch

Mr. IBRAHIM AFRICAN MEDIUM SPECIALIST
Tells you if the one you love is true or false. This psychic has the power to help those who cannot help themselves. He is internationally known. He can help you with love, marriage, business, stops divorce, health and happiness, if your friends and relatives have turned against you, if you need peace of mind and all the other problems that may seem impossible to solve. Seek help before your problems exacerbate.
"I have succeeded where others have failed." Immediate results. 100% guaranteed.
Call 416-783-3910

MONEY PROBLEMS?
gta credit
MAKE ONE MONTHLY PAYMENT FOR ALL YOUR DEBTS
No need for BANKRUPTCY
North York: 416-650-1100
Scarborough: 416-754-0011
Mississauga: 905-275-4200
GTA CREDIT SOLUTIONS SERVICES LTD. www.gta-credit.com

PLAY FREE
online games daily.
metronews.ca

MORTGAGE INTELLIGENCE
ATTENTION HOME OWNERS
Do you want to Consolidate debts and pay off your mortgage quicker...

	Amount	Payment
Current Mortgage (5%)	200,000	1,164
Loan and Credit Cards	35,000	1,200
Penalty to Break Mortgage	3,000	-- --
Total Debt	238,000	2,364
New Mortgage (5.35%)	238,000	1,419

CALL RAY AT 416-816-4444 OR EMAIL info@mortgagebrokertoronto.net
PRE APPROVALS, REFINANCES, DEBT CONSOLIDATION, COMPETITIVE RATES
This example for illustration purpose only. Individual circumstances vary. Rates subject to change. E & OE

Bankrupt.ca
SEGAL Trustee in Bankruptcy
Let us help you find a solution and start to rebuild your financial future today.
For a Free Consultation Call
(416) 391-1460
Danforth Ave. @ Woodbine Station, Sheppard @ Hwy 404 (head Office)
www.bankrupt.ca
Bankruptcy/Proposal

1.1 million
readers do it daily!
metro
Do it daily.
SOURCE: NADbank Fall 2007/Spring 2008 Survey, read yesterday; BASE: Montreal, Ottawa-Gatineau, Toronto, Edmonton, Calgary, Vancouver; CMA 18+

PAYDAY LOANS
Up to $1,000 Same Day !!
Simple Process & Quick Approval !!
(416)
Toronto D / T 670 – 5626
North York 633 – 2274
Scarborough 291 – 5233
* 50% off for the first loan with AD

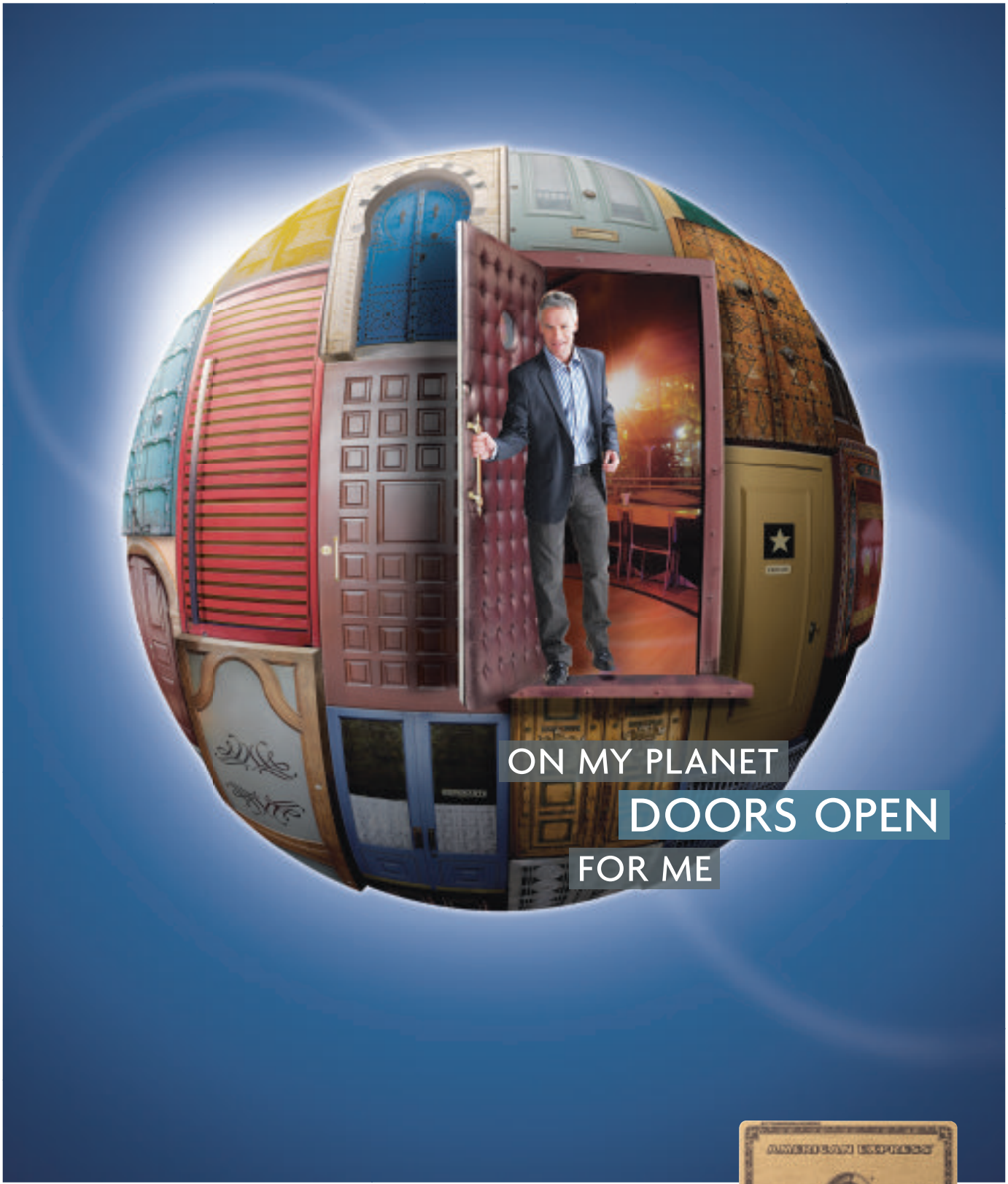
MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply
www.mortgagegenie.org
416-667-9834

LOANS TILL PAYDAY
CHEQUE CASHING
NEW SCARBOROUGH LOCATION
QUICK APPROVAL OVER THE PHONE
416.287.8017
GET YOUR MONEY FAST
www.loanstillpayday.com

BDO BDO Dunwoody Limited
Get out of debt without going bankrupt
• **Reduce** amount you must pay back
• **Consolidate** debt
• **Stop** interest bdodebthelp.ca
• **Protect** your assets
Locations throughout the GTA
1 800 561-DEBT (3328)
Trustee in Bankruptcy - Credit Counsellors - Proposal Administrators

DIVORCE

SIMPLE (UNCONTESTED)
DIVORCE
ezdivorce.ca
1-888-EZ-EZ-123
Lawyer-prepared and filed for you
Member of the Better Business Bureau

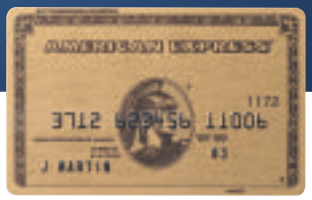


Because my American Express® Card gives me access to what the city has to offer.

I want to be part of it all. Concerts, restaurants, shows. I don't want barriers, just entrances. That's why I need more than just a card.

- Preferred ticket access* to select concerts and shows.
- Advance reservations* to select specialty dining events.

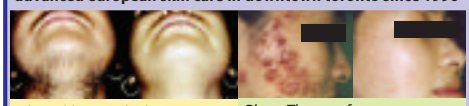
americanexpress.ca/myplanet



MORE THAN JUST A CARD™

*Subject to availability. On select events. TM, ®: Used by Amex Bank of Canada under license from American Express. Copyright ©: Amex Bank of Canada, 2008.

International Academy of Design & Technology
www.aodt.ca
• Fashion Design
• Fashion Marketing and Merchandising
• Interior Design
• Video Game Design & Development
• Graphic Design for Print and Web
Now Enroll for October 2008
Call Today 647-288-8496
International Academy of Design & Technology is now a Division of RCC Institute of Technology

LEGE ARTIS™ SKIN CARE INC
advanced european skin care in downtown toronto since 1996

The Golden Standard in
Laser Hair Removal
LIGHTSheer
20% OFF
regular prices when you buy 4 sessions
PhotoTherapy for
Acne & Acne Scars
8 sessions - $800 + get a
FREE MICRODERMABRASION
OMNILUX
Offers valid until Sep 30 2008. GST extra.
Lege Artis™ Skin Care Inc.
27 Carlton St #201 (at College Sbw)
416 - 642-1382
www.lege-artis.ca

Good Voices Wanted For TV and RADIO
TRYOUTS BY PHONE for men and women with Radio/TV potential are on at Canada's NIB Broadcast Training Centre.
"We offer special Studio Courses full time or part time for people with good voices, all ages," says Mary Adams, "For News, Sports and Commercials, as Talk Hosts, Entertainment Reporters, DJs and Celebrity Interviewers."
Places are limited. To try your voice -
"Just Phone, Listen, Talk!" (416) 922-5988

Next Harry Potter in 3D
Harry Potter and the Half-Blood Prince will reportedly be released in 3D in July. A total of 25 minutes will take on a more life-like appearance. FEMALEFIRST.CO.UK

TV's fall season twilight

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

TIME OF THE SEASON: You might be wondering why this fall's TV season feels like such a low-key affair. If you are, I'd like to meet you, because by this point I'd assume most people have better things to do with their time, and that the decades-old calendar rituals of the broadcast television industry are as relevant to their lives as the solstice bonfire, or blacking the coal grate.

Even the big four networks like to pretend that they're so over that fall season thing, and a recent New York Times piece had Alan Wurtzel, NBC's president of research, insisting that this fall is the last time they'll ever acknowledge the tradition. They've been acknowledging it with both hands, though, despite growing indifference from their viewers, but old habits die hard, and as the Times pointed out, "Nielsen Media Research has deemed that Monday was the starting point when audience totals for shows began to count, so viewers found mostly new episodes of shows on the broadcast networks, like Grey's Anatomy on ABC and N.C.I.S. on CBS."

Simply put, as long as ratings are measured in the traditional way, the people who measure them will be in the habit of prioritizing ratings-gathering into census-like windows of opportunity. Which means that networks will continue to compete with each other like horses in a dead heat, their riders eyeing each other warily, putting the spurs to their mounts whenever anyone else seems like they're trying to pull ahead.

Change, when it comes, will be incremental at first. Dawn Ostroff, head of the CW network, told the Times that they "felt it was really important to be able to get ahead of all the clutter," so they bumped up the season debuts and premieres of shows like Gossip Girl and 90210, which prompted Fox to pull the trigger earlier on titles like House and Fringe. While the networks are shifting their premieres back, viewers are delaying when they're watching them, and David Poltrack, Wurtzel's opposite number at CBS, noted that 70 per cent of shows being recorded and watched later are network product, versus only 46 per cent of what's being watched live.

A number that no one wants to talk about is what's being downloaded from the Internet, including shows that were available months before their scheduled air date — such as the pilots and season debuts of shows like Fringe, True Blood and Californication, and the original pilot of the Americanized Life On Mars. Pirated or unofficially leaked, they're a harbinger of a day when networks will have to act more like producers, and put their wares on the market when they're ready, not when tradition, convenience, and an open slot in the primetime schedule deigns to put them before an increasingly disinterested public.

JET BOY: If you're reading this early enough, you might want to watch an oddball bit of history take place with the live broadcast of Yves Rossay's attempt to fly across the English Channel powered by his own jetpack and wings. Jetman Live will air at 7 a.m. ET on History Television and the National Geographic Channel, which should take about 12 minutes if Rossay can maintain 190 km/h on his wicked cool but fantastically dangerous contraption. Yes, there's something ethically challenged about tuning in with the vague anticipation of something going very wrong, but I'm that kind of ethically challenged guy.

Rick McGinnis writes about music, movies, books and television, but not opera.

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 9/25/08	265	353	2	TVO	We Built This City		The Agenda With Steve Paikin		England Expects		Simon Schama's Power of Art		Agenda-Paikin
	211	331	3	GTV	ET Canada	Entertainment	Survivor: Gabon "Want to See the Elephant Dung?" (N)				The Office (N)		News (N)
	215	343	4	OMN1	2Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Jeopardy! (N)	jPod (HDTV) (DVS)		Samuel de Champlain		CBC News: The National		The Hour
	214	344	7	CITY	Law & Order: SVU		Ugly Betty (N)		Supernatural (HDTV) (N)		Battlestar Galactica		News (N)
	212	313	8	CTV	eTalk	Hollywood	ER "Life After Death" (N)		Grey's Anatomy "Dream a Little Dream of Me" (N)				News (N)
	218	345	11	E!	The Insider (N)	E! News	Name Is Earl	Name Is Earl	*The Dukes of Hazzard* ★★ (2005, Comedy)				News (N)
	137	763	13	TFO	Panorama		Le 35e de la nuit: Les frogs		*A tout de suite* ★★ (2004, Drame) Isild Le Besco.				Volt
	-	-	14	-	Cold Case		News (N)		News (N)		2Half Men	King	Cold Case
	213	326	15	SUN	Becker	George Lopez	Smallville "Plastique" (N)		Supernatural (HDTV) (N)		To Serve and Protect		Grill Rm.
	-	387	16	CBS	Inside Edition	Hollywood	Survivor: Gabon "Want to See the Elephant Dung?" (N)				CSI: Crime Scene Invstgtn.		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	Name Is Earl	Name Is Earl	The Office (N)		ER "Life After Death" (N)		News (N)
	-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (N)		Grey's Anatomy "Dream a Little Dream of Me" (N)				News
	219	346	20	ACH-B	Robson Arms	TMZ (N)	Medium		Primetime: UFOs... Seeing Is Believing			Comedy Inc.	News (N)
	-	-	28	FOX	Judge Judy (N)	Two/Half Men	Kitchen Nightmares (N)		Kitchen Nightmares (N)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Goodnight Swt.	*Natural History of the Chicken*		American Masters (N)		American Masters (N)		Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Smallville "Plastique" (N)		Supernatural (HDTV) (N)		CW11 News at Ten		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV) (N)		WBZ News (N)	'70s Show	Frasier	Frasier	Cheers
	298	653	332	TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Family Guy	Family Guy	Two/Half Men	Two/Half Men	Smallville
news	502	390	26	NW	CBC News: Around the World		Canada Votes: Your Turn		CBC News: The National		Geologic Journey		National
	500	500	33	CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
	509	504	79	CNB	Kudlow & Company		On the Money		Asia Squawk Box		The Big Idea With Deutsch		Mad Money
sports	405	417	22	net	MLB Baseball New York Yankees at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected		Hockey Central
	400	400	30	TSN	That's Hockey!	Boxing: Casamayor vs. Marquez			NHL Preseason Hockey Florida Panthers at Edmonton Oilers. (Live)				
	411	457	58	OLN	Ed's Up	Videos	Commando: On the Front Line		Survivorman		Pilot Guides	Odyssey	Pilot Guides
	417	406	81	SC	Pinks (HDTV)	Pass Time	Pinks -- All Out		Pinks -- All Out (HDTV)		Wrecked (N)	Wrecked	Pinks (HDTV)
family	551	542	25	YTV	H2O, Just Add	Home Improve.	Prank Patrol	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline Proj	Prank Patrol	Mystery Hnt.
	554	544	45	TEL	George-Jungle	Bugs Bunny & Tweety Show		6teen	Total Drama	Futurama	The Critic (N)	Robot Chicken	Code Monkeys
	556	540	51	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Open House	Real Est	Love It-List It
	570	580	29	MM	Greek "Liquid Courage"		MTV's Top Pop Group Ashanti.			Instant Star	Greek "Liquid Courage"		Muchmsc Ctdn
	615	520	31	A&E	CSI: Miami "Three-Way"		The First 48 (HDTV)		The First 48 (HDTV)		Jacked: Theft	Jacked: Theft	Crime 360
	700	800	35	TLN	Centrovetrine	Sky TG 24	Casablanca, Casablanca (Dialogue in Italian).				Raymond	Raymond	George Lopez
	571	581	36	MMM	mmmtop	Back In	Abba's All Time Greatest Hits			Where You At	I Want to Work for Diddy		Party of Five
	575	583	38	CMT	Bon Jovi	Bon Jovi: One	Karaoke Star "Best of" (N)		Reba	Hope & Faith	Home Improve.	Home Improve.	Karaoke Star
	616	521	39	SHO	Painkiller Jane		ReGenesis (HDTV)		Trailer Park	Trailer Park	Saving Grace		House
	620	523	40	BVO	Desperate Housewives		Camera	In the Mind ...	*Century Hotel* ★★ (2001, Drama) Lindy Booth.				Law & Order
	601	562	41	SLC	End of Leash	ET Canada	Rich Bride, Poor Bride		Last 10	Bulging Brides	The Biggest Loser		Rich Poor
	522	506	43	HIS	NCIS "Iceman"		Lost Worlds		The Perfect Weapon		NCIS "Iceman"		Crime Stories
	625	548	44	COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP	Comedy Inc.	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Holmes on Homes		The Fix	Disaster DIY	Junk Brothers	The Big Flip	Holmes-Homes
	294	529	47	TBS	House-Payne	House-Payne	Friends	Friends	*Domestic Disturbance* (2001, Suspense)			Family Guy	Family Guy
	576	582	49	BET	106 & Park	*Madea's Family Reunion* ★★ (2006, Comedy) Tyler Perry, Lynn Whitfield.					Comic View	Somebodies	Judge Karen
	627	528	50	SPC	Lost		Star Trek: Voyager		Battlestar Galactica			Ultimate Super Heroes-Villains	Stargate SG-1
	581	566	52	MTV	Busted	After	Canada's Next Top Model		The Hills	Super Sweet	Exiled	MTV Cribs	MTV Live
	618	524	54	TROP	Beverly Hills, 90210		Make or Break	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
	603	561	56	FOOD	Boy Grill	Licence to Grill	Restaurant Makeover		Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes
	261	394	60	V	Murder, She Wrote		Wait for God	Keeping Up	The Koran				Emily-Moon
	621	527	63	STR	The Ellen DeGeneres Show		TMZ (N)	eTalk	Look-A-Like	In Fashion	The Tonight Show-Jay Leno		TMZ
	553	546	65	TRE	Ni Hao, Kai-lan	Nght Grdn	Bucket-Dinos	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears
	115	711	101	TVA	La Fièvre de la danse (SC)		Occupation double (Season Premiere) (N)		Vlog (N) (SC)		TVA 22 heures	(10:45) Denis Lévesque	
	126	730	102	RDI	RDI en direct	Élections	Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249	CLT	Judging Amy		Last Chapter (Part 3 of 3)				Mysterious Ways		Judging Amy
	300	601	301	M1	(5:40) *Nitro*	*Feel the Noise* ★★ (2007, Drama)			*How She Move* ★★★ (2007, Drama)			(10:40) *Stomp the Yard*	
	305	612	306	PIX	*The Frisco Kid* ★★ (1979, Western) Gene Wilder.				*The Pope of Greenwich Village* ★★★ (1984, Drama)				*My American*

critics' corner

Feel the Noise
An aspiring rapper (Omarion Grandberry) learns a new style of music, tries to make professional inroads and deals with personal pain in this 2007 drama co-produced by Jennifer Lopez. After running into trouble in his native New York, he visits the father (Giancarlo Esposito) he's never known in Puerto Rico and gets acquainted with his stepbrother (Victor Rasuk), who joins him in trying to make a mark on the music realm known as reggaeton. 7:30 PM on M1

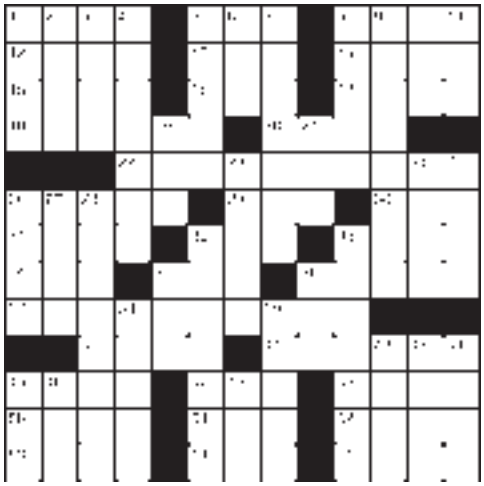
The Frisco Kid
It's no "Blazing Saddles," but this 1979 comedy directed by Robert Aldrich does have three elements of that Mel Brooks classic: a Western setting, Gene Wilder and a Jewish flavor, although you don't need to be Jewish to get the jokes. Wilder plays a Polish rabbi who is crossing the Old West to reach San Francisco to start a synagogue. He hooks up with a bandit who tries to get him across the country alive. Harrison Ford co-stars. 6 AM on PIX

Earn up to $31.45/hr as a Professional Home Stager.

Call now for more details:
1.866.927.7782
or visit
haverhillstaging.com
Fully Refundable Course Fee Applies.
HAVERHILL INSTITUTE OF STAGING & DESIGN

The Weather Network
TWN incorporates MSC data
Today Partly cloudy 23°/ 13°
Friday Showers 40% 20° / 15°
Saturday Showers 60% 19°/ 12°
WE'LL KNOW WHEN YOUR JOINTS ACHE BEFORE YOU DO.
NOW WITH REALLY, REALLY LOCAL WEATHER.

Take Five



Crossword across

1 Galley supply
5 Lummox
8 Casino currency
12 Conspire (against)
13 Under the weather
14 Actress Turner
15 Ornamental bag
16 Zodiac cat
17 Family member
18 Achieve by threats
20 Reedy
22 First Civil War battle site
26 32-Across' band
29 Vacillate
30 Infuriate
31 Green-eyed monster
32 Rocker Morrison
33 King of Siam's friend
34 Noshed
35 Bart, to Homer
36 See 30-Across
37 Florida city
40 Former ugly duckling
41 Maximum
45 Genealogy chart
47 Olympic perfection
49 Actor Sharif
50 Approach
51 Caustic chemical
52 Pianist Peter
53 Recipe meas.
54 "Undeniably"
55 Oklahoma city

Crossword down

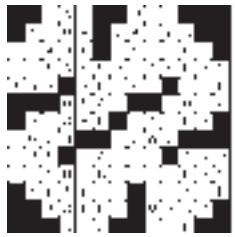
1 Oil cartel
2 Sax range
3 Libertine
4 Use a wok
5 Former Houston athlete
6 Hearty brew
7 Ship's debris
8 Assertion
9 Eerily persistent
10 Hostel work environment?
11 Vanna's cohort
19 Lettuce variety
21 Embrace
23 String
24 Sea eagle
25 Posterior
26 Unhearing
27 Aware of
28 In Europe, maybe
32 Together
33 Windflower
35 Resort
36 Performance
38 Dweeb
39 Mystical lettering
42 Portent
43 Rani's wrap
44 Stepped hard (on)
45 Potent stick
46 CSA soldier
48 Needle feature

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

2			8					
5		3		2	1			4
	4	1	7					
						1	5	
7		4				2		8
	9	6						
					8	5	6	
6			4	9		7		2
					2			3

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	2	4	3	5	8	9	6	7
7	3	8	4	9	6	5	1	2
6	9	5	1	7	2	8	3	4
5	4	3	6	1	7	2	8	9
2	8	6	9	4	5	1	7	3
9	1	7	2	8	3	4	5	6
8	5	2	7	3	9	6	4	1
4	7	9	8	6	1	3	2	5
3	6	1	5	2	4	7	9	8

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day

EAT TO BEAT DIABETES

Linguine and Salmon with Creamy Lemon-Dill Sauce

INGREDIENTS:
1 lb (500 g) skinned salmon fillet
Grated zest and juice of 1 lemon
2 tablespoons (25 mL) chopped fresh dill
8 oz (250 g) linguine
2 large carrots, peeled and cut into matchstick strips
2 large zucchini, unpeeled and cut into matchstick strips
1 teaspoon (5 mL) canola oil
1/3 cup (75 mL) light sour cream
Salt and pepper

METHOD:
1. Cut salmon into chunks, place in a dish with lemon zest, juice, and dill. Turn the pieces of salmon to coat evenly. Cover and marinate in refrigerator for at least 10 minutes.
2. Cook linguine until al dente. Add carrots to the pasta after eight minutes of cooking, and then add the zucchini one minute later.
3. Meanwhile, brush a non-stick skillet with oil and heat thoroughly. Drain salmon, reserving the marinade. Add salmon to the hot skillet and cook, turning occasionally, until the fish is firm and just cooked, 3 or 4 minutes.
4. Add the reserved marinade and sour cream to salmon, and cook for a few seconds. Remove from heat and season lightly with salt and pepper.
5. Drain pasta and vegetables, and transfer to a serving dish. Add the salmon mixture, garnish with fresh dill and lemon wedges.

Nutrients per serving: calories 483, calories from fat 153, fat 17 g, saturated fat 3 g, cholesterol 64 mg, carbohydrate 50 g, fibre 4 g, sugars 4 g, protein 31 g.

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
A wish will be granted by mistake. Peer pressure has no effect on a nonchalant friend. Daring acts need your participation.

TAURUS ♉
APRIL 21-MAY 21
Stock up on helpful advice. Legal action won't mend broken fences. You can deflect damage in an understated way.

GEMINI ♊
MAY 22-JUNE 21
Speaking unkindly is not an option. An associate wants a bulletin on the day's events. Fun and games will be frustrating.

CANCER ♋
JUNE 22-JULY 22
You don't have to compromise to find your own path. Everyone's too busy to ask questions. Your enthusiasm creates opportunities.

LEO ♌
JULY 23-AUG 23
Increase your influence by widening your perspective. Something doesn't make sense. Quick action makes a bully back down.

VIRGO ♍
AUG 24-SEPT 22
Get ready for a loved one's excitement. A misplaced object plays havoc with your agenda. Keeping a strong focus will work wonders.

LIBRA ♎
SEPT 23-OCT 23
You'll know all the correct answers. Weigh the needs of others against your own. You'll begin to enjoy a childish friendship.

SCORPIO ♏
OCT 24-NOV 22
An old friend feels guilty about the past. Don't go out on a limb to prove a point. Sincere respect will be given to you.

SAGITTARIUS ♐
NOV 23-DEC 21
Lovers are bursting with good news. A vivacious friend regrets taking legal action. Everything around you seems fresh and new.

CAPRICORN ♑
DEC 22-JAN 20
Show consideration to get financial support. An unrealistic desire flares up. Efficient organization can ease tensions.

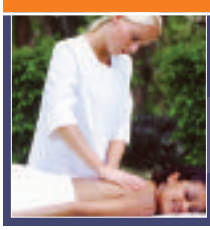
AQUARIUS ♒
JAN 21-FEB 18
You can cause a quarrel by taking charge. You'll get shocking news while working. An intellectual talks about a difficult problem.

PISCES ♓
FEB 19-MARCH 20
Life can't be great when you give unwanted advice. Frantic activity makes you giddy. Find your good fortune in a useless tradition.

Bayview Village Fashion Outlet
60-80% OFF! ENTIRE STORE!
TAKE AN ADDITIONAL 10-30% OFF
the already reduced prices, when you buy more than one item!
Assortment of dresses, evening wear, suits, coats, shoes and accessories from Badgley Mischka, Michael Kors, Oscar de la Renta, Nicole Miller, Tahari, Nine West, DKNY, Guess, Calvin Klein, Tommy Hilfiger, Burberry, Ralph Lauren, Liz Claiborne, Anne Klein, Nanette Lepore, etc.
326 Sheppard Ave. E. • 416.226.4232 • Customer Parking at rear
Monday to Friday 10am – 8pm • Saturday 10am – 6pm • Closed Sunday
WWW.FASHIONOUTLET.CA

FLIGHT CENTRE Unbeatable
PUERTO PLATA 3-STAR
$138
Fun Royale and Tropicale + taxes & fees $368
INCLUDES roundtrip airfare, transfers and 7 nights 3-star junior suite all-inclusive accom. Departs Oct 3/nol/5g. UPGRADE to 4-star accom Bahia Principe San Juan from $25 per night.
1 877 923 2248 | flightcentre.ca
Conditions apply. Ex: Toronto. Package is per person, based on double occupancy. Prices & taxes are accurate at time of publication, errors and omissions excepted, but are subject to change. 5g=skyservice, nol=nolitours. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384 TICO

Interested in a career as a Massage Therapist?
Contact us today to learn more about this exciting program.
Toronto West: 416-630-8021
Toronto East 416-701-1201
www.medixschool.ca
Medix School
BE JOB READY IN MONTHS!



Von Teese would remarry

Burlesque star Dita Von Teese has no regrets over her failed marriage to shock rocker Marilyn Manson — insisting she still hopes to walk down the aisle again. **IMDB.COM**

Celebrity Buzz

Son prompts Clay to reveal his sexuality

PEOPLE Clay Aiken appears on the cover of the latest People magazine holding his infant son, Parker Foster Aiken, with the headline: "Yes, I'm Gay."

The 29-year-old former American Idol runner-up, multiplatinum recording artist and Broadway star credits his son, conceived by in-vitro fertilization with friend and producer Jaymes Foster, for making him realize he could no longer hide his homosexuality from the world.

"It was the first decision I made as a father," Aiken told the magazine, which arrives on newsstands tomorrow. "I cannot raise a child to lie or to hide things. I wasn't raised that way, and I'm not going to raise a child to do that."

Aiken said he only told his family that he was gay four years ago.

The magazine cover features Aiken holding his son, who was born in August. The baby's mother is Aiken's record producer.

Aiken said he knows he may turn off some fans with his admission and his decision to have a child outside traditional marriage.

"I've never intended to lie to anybody at all," he said.

THE ASSOCIATED PRESS

GETTY IMAGES PHOTOS

Something in the water?

PEOPLE Nicole Kidman credits the "fertility water" she drank on the Australia film set for helping her realize her baby dreams, imdb.com reports.

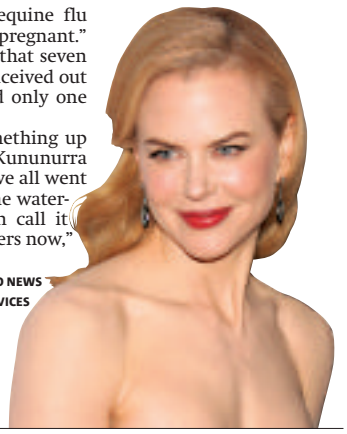
Seven babies were conceived on the set and the 41-year-old new mom insists there was something in the water.

"I never thought that I would get pregnant and give birth to a child but it happened on this movie," she tells Australia's Women's Weekly magazine. "Nothing happened in a small way on this film ... We had heat and torrential rains and equine flu and then I got pregnant."

Kidman adds that seven babies were conceived out of this film and only one was a boy.

"There is something up there in the Kununurra water because we all went swimming in the waterfalls, so we can call it the fertility waters now," she says.

METRO NEWS SERVICES



Naomi stands by airport story

PEOPLE Supermodel Naomi Campbell still insists she was provoked into spitting at a police officer at Heathrow Airport in London in April because she was called a racial slur, imdb.com reports.

Campbell started serving her community service in London earlier this month after she admitted to spitting at an airport cop, but she insists there would have been no incident if she had been shown more respect.

"If someone calls me a racial slur, I find it very offensive," Campbell told the news show Extra. "After paying all that money and you're trying to get to a funeral, which is where I was trying to get to, I thought, 'Well, I think I have the right to be upset right now.' "

METRO NEWS SERVICES

celebrity brief

Britney's mom may want her back with Kevin

RELATIONSHIPS Britney Spears's mother wants to reunite the singer with her ex-husband Kevin Federline, femalefirst.co.uk reports.

Lynne Spears, who describes her former son-in-law as "kind hearted" and "down to earth" in her new book, is working hard to convince Britney and Federline to give their relationship another chance for the sake of their two children, Jayden James and Sean Preston.

"Kevin has apologized to Britney for his failings as a husband and said he wanted a fresh start," a source said. "He confessed she is the love of his life, his soulmate, and was sorry things went so wrong between them."

Spears is reportedly thrilled by Federline's apology and feels she is finally getting her personal and private life back on track.

METRO NEWS SERVICES

celebrity brief

Kirsten, Justin call it quits: Report

RELATIONSHIPS Even though actress Kirsten Dunst denied being in a relationship with Justin Long, In Touch Weekly is reporting that they've broken up.

"They are taking some time off for now," an insider told the magazine. "Kirsten gets bored really easily and she needs a break from men right now. They are still both friends and will hang out."

METRO NEWS SERVICES

celebrity brief

Shannen slams alcoholism talk

PEOPLE Actress Shannen Doherty has hit out at reports she battled an alcohol addiction, imdb.com reports.

Doherty shot down allegations in several tabloids that she sought help from Alcoholics Anonymous following her arrest for drunk driving in 2000.

But the star admits she did help her husband overcome his drink demons.

"I've never been in AA. I accompanied my husband to AA meetings, actually," she said.

METRO NEWS SERVICES

Ryan dishes about marriage split
Actress Meg Ryan has opened up about her 2000 marriage breakup in an interview with InStyle magazine, revealing that her ex-husband Dennis Quaid's alleged infidelities became apparent after they divorced. IMDB.COM

Celebrity Buzz

Lindsay's dad pans her girl

PEOPLE Lindsay Lohan is standing by her girlfriend Samantha Ronson once again after her estranged father Michael allegedly branded the DJ "dark, hideous" and "disgusting," imdb.com reports.

The father and daughter haven't spoken since Michael Lohan publicly disapproved of the actress's relationship with Ronson, telling reporters the DJ was using Lindsay to increase her own profile.

Now he has once again allegedly lashed out at Ronson, claiming her lifestyle and fashion sense should put his daughter off pursuing their romance any further.

In an e-mail to X17online, Michael allegedly writes, "I don't believe that the recent blogs posted by 'Lindsay' were written by her. There is a lot more to Samantha than meets the eye. Not that what we see is so pleasing anyway ... what's with this 'person?' Look at the way she 'dresses.' (Ronson is) dark, hideous and a disgusting representation of humanity. Once more, she uses her middle finger more than she uses words."

But Lindsay is sticking by her partner, insisting she loves Ronson and urging her father to take "medication" in a bid to control his anger. METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Desire to have baby behind Kate's split?

PEOPLE Kate Moss's desire to have another child is reportedly the reason she split with rocker Jamie Hince, imdb.com reports.

The 34-year-old reportedly split with the Kills frontman after he pledged his commitment to his band because she wanted to start a family with him, according to U.K. tabloid reports.

"Jamie is upset Kate is being painted as this party animal who ruined their relationship with her wild ways. The reality is far from that," a friend of the rocker tells Britain's the Sun newspaper. "In fact, they split over her wanting to start trying for children. It's a problem that has been rumbling on for a while and came to a head recently. Jamie told her he didn't want to commit to that while things were still going well with his band and he was on tour so much."

Moss, who has a five-year-old daughter with previous partner Jefferson Hack, was reportedly unhappy with his lack of commitment.

"But she agreed that could remain the case for years and she didn't want to wait that long before having another child. Now Jamie misses her and has been struggling with the thought of being apart from her for good while in the States on tour." METRO NEWS SERVICES

Melissa Joan's shunning Dancing With the Stars

TELEVISION Actress Melissa Joan Hart has boycotted TV dance contest Dancing With the Stars after she was snubbed in favour of former model Heather Mills, imdb.com reports.

The seventh season of the hit show started airing on Monday night, but Hart wasn't watching. She's still "a little bit" bitter about missing her chance to shine on the dancefloor two seasons ago.

"I boycott that show because I was supposed to be on it and I got mad," she says. "The first season they asked me and I was in a contract with Fox and they wouldn't let me out and then second season I was pregnant, third season I was pregnant, fourth season they didn't ask me. The fifth season they were gonna ask me but they replaced me with Heather Mills or something, so I don't watch anymore ... I would love to do it." METRO NEWS SERVICES

Heidi may have more kids

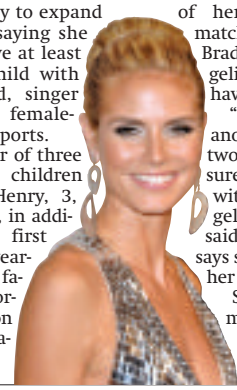
PEOPLE Supermodel Heidi Klum is ready to expand her family, saying she wants to have at least one more child with her husband, singer Seal, female-first.co.uk reports.

The mother of three shares two children with Seal: Henry, 3, and Johan, 1, in addition to her first child, four-year-old Leni, fathered by Formula 1 tycoon Flavio Briatore.

But she doubts the size of her family will match that of actors Brad Pitt and Angelina Jolie, who have six kids.

"We might have another one or two kids. I'm not sure we'll keep up with Brad and Angelina, though," said Klum, who says she always puts her family first.

Seal and Klum married in 2005. METRO NEWS SERVICES



celebrity briefs

Mel B. releasing fitness video

HEALTH Former Spice Girl Mel B. is releasing a fitness video, Britian's the Sun reports.

"For anyone with jubbly bits I'm going to tighten you up and make you laugh and enjoy your workout," she said.

Totally Fit, which will feature an aerobics section as well as a portion on resistance training, is due out on Dec. 29. METRO NEWS SERVICES

Leighton denies tell-all by mom

PEOPLE Gossip Girl star Leighton Meester has denied reports her mother is planning a tell-all about the actress, imdb.com reports.

Meester insists her writer mom is always working on new books, but reports that her next release will be an embarrassing account of her famous daughter's life are wrong.

"My mom is a writer, but she's not writing a memoir. She would never write a tell-all about me or my life, or even include me at all," she tells Life & Style magazine. "She's always there for me no matter what. I had a really good upbringing." METRO NEWS SERVICES

babes & tots
on the go show
presented by ParentsCanada Sobeys
seminar sponsors
BMO Insurance · Ontario · thyme · Jamieson · Sears · Safety 1st

The ultimate parenting consumer show is here!
Enjoy SHOPPING, FREE BABY BUNDLE BAGS (first 100 visitors) & Complimentary CPR TRAINING
TICKETS $12 (wow!) Bring in this ad & get $2 off

KIDS!
The Babes & Tots on the go Show presents:

A SING-A-LONG with STRAWBERRY SHORTCAKE™*
Saturday September 27th
11:30am, 12:30pm & 2:00pm
&
A MEET & GREET with DORA the Explorer™†
Sunday September 28th
from 11:00am to 2:00pm
MISSISSAUGA
Living Arts Centre
SEPT. 27 & 28, 2008
10:00AM - 6:00PM
For more information
babesandtots.com
OR CALL 1 877 378-8469

*Strawberry Shortcake is a trademark of Those Characters From Cleveland, Inc. Strawberry Shortcake character designs © 2008 Those Characters From Cleveland Inc. Music used for choreography by Permission of DIC Music, LLC. Used under license. All Rights Reserved. †Costumed character. © 2008 Viacom International Inc. All Rights Reserved. Nickelodeon, Dora the Explorer, and all related titles, logos and characters are trademarks of Viacom International Inc.

FACTORY AUTH. FINAL DAYS CLEAROUT

HYUNDAI™

SAVE UP TO $6,000
WITH CASH PURCHASE ADJUSTMENTS
ON SELECT 2008 MODELS♦

SEPTEMBER 25 26 27

2008 GL Sport model shown

Accent L 3Dr

SMART TO BUY.

$9,995♦
2008 Cash Purchase Price
$3,600 Cash Purchase Adjustment

SMART TO LEASE.

Lease a 2009 from
$189** at 1.9% APR
$0 DOWN PAYMENT per mo./60 mos. Delivery & Destination Incl.

SMART ON GAS.

USE LESS & SAVE
GO 726 KM ON ONE TANK†
HWY 6.2L/100KM • 46 MPG†
CITY 7.4L/100KM • 38 MPG†
†Approximate distance based on highway mileage for 2008 model.

Accent. "Most Dependable Sub-Compact Car in the U.S."* -U.S. POWER AND ASSOCIATES

THE PRICE OF DEPENDABILITY IS SURPRISINGLY AFFORDABLE.

Elantra L

SMART TO BUY.

$12,995♦
2008 CASH PURCHASE PRICE
$2,850 Cash Purchase Adjustment

SMART TO LEASE.

Lease a 2009 from
$198** at 3.3% APR
per mo./60 mos. $625 Down Payment
Delivery & Destination incl.

SMART ON GAS.

USE LESS & SAVE
GO 883 KM ON ONE TANK†
HWY 6.0L/100KM • 47 MPG†
CITY 8.4L/100KM • 34 MPG†
†Approximate distance based on highway mileage for 2008 model.

2008 Limited model shown

Tucson L

2008 Limited 4WD model shown

SMART TO BUY.

$16,995♦
2008 CASH PURCHASE PRICE
$4,200 Cash Purchase Adjustment

SMART TO LEASE.

Lease a 2009 from
$232** at 2.5% APR
per mo./48 mos. $3,221 Down Payment
Delivery & Destination incl.

SMART ON GAS.

USE LESS & SAVE
GO 744 KM ON ONE TANK†
HWY 7.8L/100KM • 36 MPG†
CITY 10.4L/100KM • 27 MPG†
†Approximate distance based on highway mileage for 2008 model.

Sonata GL

SMART TO BUY.

$17,995♦
2009 CASH PURCHASE PRICE
$4,000 Cash Purchase Adjustment

SMART TO LEASE.

Lease a 2009 from
$299** at 0% Nominal Lease Rate
per mo./48 mos. $0 Down Payment
Delivery and Destination incl.
For info. only 7.05%** Effective Lease Rate For 48 months

SMART ON GAS.

USE LESS & SAVE
GO 1081 KM ON ONE TANK†
HWY 6.2L/100KM • 46 MPG†
CITY 9.5L/100KM • 30 MPG†
†Approximate distance based on highway mileage for 2009 automatic model.

2009 Limited model shown

GREAT CARS. GREAT ON GAS.

HYUNDAI 25 YEARS IN CANADA

5 YEAR WARRANTY
5 YEAR /100,000 KM
COMPREHENSIVE LIMITED WARRANTY††
ALL HYUNDAI WARRANTIES HAVE NO DEDUCTIBLE.

www.findmyhyundai.ca

HYUNDAI™

GRADUATE REBATE PROGRAM

™The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp., and used under licence. ♦Cash purchase price adjustments are for cash purchases only and are calculated against the lease/finance starting price. Cash purchase price adjustments are available on all 2008 Accent of $3,600/2008 Elantra of $2,850/2008 Tucson L of $4,200/2009 Sonata Limited of $4,000, $6,000 Accent GL purchase adjustments are available on 2008 Accent GS, 2008 Accent Sport automatic, 2008 Tucson L of $3,345/$1,345/$1,610, 2008 Tucson GL of $3,345/$1,345/$1,610, 2008 Santa Fe of $3,345/$1,345/$1,610 and all applicable taxes are excluded. Leasing is O.A.C. from Hyundai Financial Services based on a new 2008 Sonata GL 5-speed with a nominal lease rate of 0% and effective lease rate of 7.05%. Monthly payment is $299 per month for a 48 month walk-away lease. Down Payment of $0 and first monthly payment required. Total lease obligation is $14,352. Lease offers include Delivery and Destination ($1,610). Lease offers exclude applicable licence fees, insurance, registration, PPSA ($45), and taxes. $0 security deposit on all models. 20,000 km allowance per year applies. Additional charge of $0.10/km. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Effective lease rates are partially based on the cash purchase adjustment foregone by leasing. Nominal lease rate is based on interest charges only. Leasing offers available